

2025 Pink head lei flowers; 15 swam it!, modify WHEEL

NŪ 'OLI (Glad Tidings)

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Alice for Christmas 2007, WwYMCA pool

2:57 Keali'i Reichel

computerredo: 12301048232825,11611,9201

'07 CLUMP = square/s: 4 or 8 or 12; '08 CLUMP = 9:3,3,3

it's a **WALTZ** (¾ time, 1,23,223,323,423); 6 main parts: 12 counts/line, 48 counts/verse/chorus

Replaced Hapa 's "Joy to the World

R=Right, L=Left, Ctr=Center

HYBRID = slight splash Breast, repeat, swish R out to R 90-180°, swish L to R 180-360°

BL=Ballet Leg, TT=TubTurn

Check LEI are tight enough to stay on

> = more than

1: INTRODUCTION MUSIC [0:10] CLUMP - facing deep, R arm in front

15 10 9 4 3

"Sea Snake" R swish to L: snake-y from 1* = Front Right #1...

14 11 8 5 2

8 parts

13 12 7 6 1*

2: V1 [>0:10] CLUMP SWIM to DEEP - VERSE 1 [0:27]

swim towards far end

(some of the words follow)

1st Joy HYBRID

Nū 'oli! Nū 'oli!

2nd Joy HYBRID

He nū no ke ola mai

3rd Joy HYBRID

No kānaka nui

4th Joy HYBRID – end feet up // to the sides w/4th arm; ready to go to WHEEL

A 'oi ka nani i

ONLY Front line or 2 turns to face shallow; Back lines face deep end

Ke gula a 'ia 'i

3: C1 [>0:37] WHEEL, 2 BL rolls, RTT - CHORUS 1 [0:27]

GET into WHEEL pre-decide who moves into WHEEL; if 9, move #5 ... if >9 modify **Nū 'oli! Nū 'oli!**

LEFT BALLET LEG: 1 stag, 2 up, 3 fall over to RIGHT; 4 close & ROLL other 180°

Nū kamaha 'o

LEFT BALLET LEG: repeat

Nū 'oli! Nū 'oli!

Slow R Tub Turn 90° to look at person on your RIGHT in **CIRCLE**,

He nū no ke ola

drop feet

E hau 'oli e!

4: V2 [>1:04] CIRCLE SWIM - VERSE 2 [0:27]

swim to your RIGHT

1st Joy HYBRID

Nū 'oli! Nū 'oli!

2nd Joy HYBRID

I ka po 'e 'ilihune

3rd Joy HYBRID

Ne 'e mai a paulele

4th Joy HYBRID – end feet up facing a side w/4th arm, ready to go to RAFT

A pau nō ka hune

a maha 'oukou

5: C2 [>1:30] RAFT (if >9, 2 or 3), FAN ?, T - CHORUS 2 [0:27]

HURRY into RAFT – SCULL & do NOT grab hold

Nū 'oli! Nū 'oli!

--- hold under heel, TIGHTEN hip to hip

Nū kamaha 'o

FAN ? if >9, may need to CUT it

Nū 'oli! Nū 'oli!

T [legs closed, arms straight out]; **CRUNCH & turn 90° → DEEP**

He nū no ke ola

E hau 'oli e!

6: V3 [>1:57] LINE SWIM to DEEP - VERSE 3 [0:26]

blend/swim into 1 straight **LINE**

1st Joy HYBRID

Nū 'oli! Nū 'oli!

2nd Joy HYBRID

Ka po 'e akahai a

3rd Joy HYBRID

Na Iesū e kala a

4th Joy HYBRID, **turn 180° → SHALLOW**

A ka 'i mai nei a 'e

i ka nani ma 'ō

7: C3 [>2:24] RE-CLUMP: PIVOT as SWIM to SHALLOW - CHORUS 3 [0:35]

Sets of 3 get into **CLUMP**: 1s →R, 2s →Ctr, 3s →L 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3

1st Joy HYBRID sets will **PIVOT** as a line & swim to new positions

Nū 'oli! Nū 'oli!

2nd Joy HYBRID **STAY with SLOWEST**

Nū kamaha 'o

3rd Joy HYBRID **STAY with SLOWEST**

Nū 'oli! Nū 'oli!

4th Joy HYBRID, **turn 270° to AUDIENCE** with R arm, then L arm catches up

He nū no ke ola

WAIT for e!

E hau 'oli...

8: ENDing [> 2:51] END: raise RIGHT arm (No sink since hopefully wearing head lei); SMILE
circle WAVE (R arm to right)

e!

PAGE 2: Skills & Stunts

Always & all ways SWIM/STAY with slowest in your line/group ... achieving synchronicity ...

HYBRID: slight splash Breast, repeat, swish R out to R 180°, swish L to R 270°

CLUMP = filled in square/rectangle depending on how many...

WHEEL = feet in center

CIRCLE = around outside

2 Left BL Roll (Ballet Leg): 1 stag, 2 straight up, 3 fall over to R, 4 close & roll till back on back

90° RTT = 90° Right Tub Turn – feet & ankles & calves & knees on surface

Tub Turn with feet & ankles & calves & knees on surface

RAFT – alternating head & feet; hip to hip, TIGHT

FAN - open legs if facing highway, open arms if NOT

T - arms straight out from shoulders. legs together

CRUNCH (tuck, drop legs) & in this routine turn appropriate 90° - face DEEP

PIVOT = swing whole straight line at same time; in this routine, keep moving fwd as well

Ke gula = gold

This may be TMI, sorry, but I got confused so kept reading & making notes

Lei po‘o ‘ākala = head lei pink, po‘o = head, ‘ākala = pink or endemic raspberry *Rubus hawaiensis*

Lei ‘ā‘ī = worn around neck

Kui style – strung on single string like our silk flower lei

Haku style – braided

So, lei haku is a braided lei worn anywhere

& so, lei po‘o worn on head can also be lei haku if braided – haku lei po‘o