

# Basic Training!

## FAST Basic Training #1 - The Call to Commitment

### Memo:

Hi! Welcome to *FAST Basic Training*, an exciting program certain to impact your life. This study is the first in a series of nine designed to unleash the power of God's Word in your life. In the weeks ahead, you are going to discover some powerful tools—tools that will deepen your walk with God. Tools to help you *live* as a disciple of Jesus Christ.



This program won't do you any good, however, unless you put what you learn into practice. You have got to *use* the tools to get results. Discipleship is more than knowledge—it's *action*. So give this program your best. Make a solid commitment to accomplish every objective. And don't settle for anything less.

What the world needs today are men and women who are genuinely committed to God; disciples that will lay it all on the line to follow the Master. Our first lesson deals with this very topic: what it really means to follow Christ. May God grant you rich blessings, as you study through the weeks to come!

**The Editor,  
Hid in Christ**

***Bible Secrets to Living for Christ***

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## Objectives

### Week 1

Name: \_\_\_\_\_ Initialed by: \_\_\_\_\_

Date: \_\_\_\_\_

- ☐ Your first Bible Search is titled **The Call to Commitment**. It explores what it really means to be a disciple of Christ. Pray before beginning, think about the verses that go with each question, and then write out your answers in your own words. Leave the last page blank until your next meeting.
- ☐ This first lesson begins with just one memory verse, but it's a good one: **John 17:3**. Write it out on a card, slip it into your verse pack, and learn it *word-perfect*. If you have already completed the *Survival Kit*, take some extra time this week to review those verses as well. If you are not familiar with the basic principles of Scripture memory, please visit our website at *WWW.FAST.ST* for more information.
- ☐ Read the **Practical Suggestions** at the end of this lesson. It will give you a brief introduction to what lies ahead in *Basic Training*. As you read, take some time to evaluate your own level of commitment. To be successful in this program, commitment is critical!
- ☐ Finally, take some time to **pray** for God's blessing as you work through *Basic Training*. Ask God to empower you to become a more faithful disciple of Jesus Christ.

*Commitment is just the beginning  
The rest is following through*

# **The Call to Commitment**

## **Bible Search 1**

*Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord. Philippians 3:8*

1. What did Jesus say about Himself in each of the following verses?

John 4:14

John 6:51

John 8:12

2. What kind of life does He offer each of us?

John 10:10

John 10:28

3. How many others can give us this kind of life? John 14:6

4. What does Jesus ask of us?

Matthew 10:38-39

Mark 8:34-35

Luke 9:23-24

What do the verses above suggest about the importance of commitment in following Christ?

5. How did Jesus demonstrate commitment in his own life?

John 4:34

John 5:30

John 6:38

John 8:29

## Introduction To Basic Training

### Practical Suggestions

*FAST Basic Training* is an exciting discipleship program that will teach you the basics of how to *live out* the Word of God in specific and practical ways. It will be a challenging program, but one full of life-changing blessings. The next few paragraphs give an overview of what we will be covering in the weeks ahead, and what it will take to be successful in this program.

### The Life of Discipleship

Being a disciple of Jesus Christ is a rewarding adventure. But it is also demanding, at times. It is easy to call oneself a believer—but to be a true disciple, one must follow the Master. One must *do* what Jesus says. See Luke 6:46. There are at least four facets to discipleship that all Christians should strive to build into their personal life. We will be studying each more fully in the weeks ahead:

- *The Word.* A regular intake of the Word is essential to true discipleship, for it is through the Word that we discover what Jesus asks of us. We will be looking both at how to study the Bible effectively, and how to hide it in our heart.
- *Prayer.* Throughout the ages, men and women of God have always recognized the importance of prayer—for it is the power behind discipleship. One of the most effective ways to begin growing in this area is to establish a prayer journal.
- *Obedience.* A disciple is one who applies the Word of God practically to his life. This program gives tips on how to be more faithful and consistent in our personal obedience.
- *Witnessing.* Ultimately, God's plan is to use us to minister to the people around us. Later in this program, we will explore how to begin reaching friends and family for Christ, as well as His master strategy to reach the world.

6. How did Jesus test the commitment of His followers in John 6:53-57?

What did Jesus mean by this? John 6:63

How did many of His disciples respond to this test? John 6:66

How did the twelve respond? John 6:67-69

7. What will be the result of true discipleship? John 1:14

8. How willing are you to commit right now to following Christ fully through the Word? Why not write out your answer as a brief prayer to God?

## The Importance of Commitment

In the book of Deuteronomy, Moses gave very explicit instructions to the leaders of Israel concerning what to do in times of war. After gathering the soldiers for battle, the officers were required to make the following public announcement: "What man is there that is fearful and fainthearted? Let him go and return unto his house, lest his brethren's heart faint as well as his heart" (Deuteronomy 20:8). All who were not fully *committed*, were free to leave. God knew a lack of commitment on the part of even one or two people at the battle front could spread throughout the army's ranks. To win the war, there must be no break in the line!

As we prepare to launch out into *Basic Training*, we will be preparing for battle of another kind. A battle to live out the Word of God in every area of our life. And it will not be an easy struggle. You will face busyness, challenges, distractions, and more—but you can be confident God will go "with you, to fight for you against your enemies, to save you" (Deuteronomy 20:4). All God asks is *commitment*.

To get the most out of this training program, we ask you to make the following commitments:

- To complete every Bible Search, and answer the questions honestly—especially the thought questions, and the commitment question at the end of each study.
- To memorize each verse word-perfect, and review them daily. At the end of this program you will be expected to quote all your assigned verses from memory.
- To read the practical suggestions section in each booklet thoroughly and implement any related objectives.
- To learn each of the discipleship illustrations in this program, to the point you can reproduce them perfectly without any hints or notes.
- To pray regularly for God's blessing as you proceed. Remember, Jesus is the master Disciple-maker. We are dependent on Him for power to become what He asks.

## The Disciple's Wheel