

Basic Training!

FAST Basic Training - Prayer Request Form

Date: _____

Request

Scriptures: _____

Notes: _____

Basic Training!

FAST Basic Training - Morning Watch Form

Passage: _____ Date: _____

Summary

Principle: _____

Action: _____

Principle: _____

Action: _____

Principle: _____

Action: _____

Time Management							
Time	SUN	MON	TUE	WED	THU	FRI	SAT
5 am							
6 am							
7 am							
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							
11 pm							

My Personal testimony

My Mission Statement