

# Informed Consent for NeuroIntegration Therapy

This practice offers NeuroIntegration Therapy, also known as EEG (brain wave) biofeedback (neurofeedback) training, to clients requesting such services. The training is offered to children and adults, either self referred or identified by parents, physicians, teachers or other referral sources as having conditions shown to be responsive to this training. These conditions are generally thought to be those that appear to be associated with irregular brain activity where there is also clinical and research evidence to suggest neurofeedback training as a viable treatment approach.

Our staff has education, training and experience in neurofeedback and in EEG technology in addition to related professional disciplines such as psychology and naturopathic medicine. We recommend the training on the basis of our observations of improvement in clients with similar conditions. Scientific investigation is ongoing to determine the mechanism by which these improvements are achieved and therefore EEG neurofeedback is considered by many to be an experimental treatment at this time. We use standard methods to determine the proper training program and to measure progress during and after training. Neurofeedback is, however considered an experimental approach and therefore we need client or parental informed consent for this training.

We do not claim that you or your child will improve from the training. However, test results indicate that more than 80% of clients improve on at least one test scale and more than half improve on three out of four scales. A few clients who seem to get better at first may find that the improvement does not last after the training ends. Such clients may benefit from regular follow-up sessions. Some individuals may not experience any effects at all from the training. Our staff is always happy to discuss client progress. Other methods may also be effective for you or your child. We will be happy to provide information about such services at your request. Individual and/or family counseling may help you and/or your child integrate the gains from neurofeedback into everyday family, social, school and work environments.

Neurofeedback training has been the subject of more than 30 years of research and clinical study. The training appears to be harmless as far as is known at present and no injuries have been reported, or in a review of research literature. Neurofeedback does not do anything to your child. It is not a treatment; it is a training process. The instruments are merely measuring devices similar to a thermometer. Sensors are placed on the surface of the head and your child is given information about what is being measured. Nevertheless, beyond this, We do not make any representation concerning the safety or effectiveness of the training. Any questions should be addressed to one's personal physician. Clients should continue ongoing therapies until otherwise advised by a physician.

When you sign this form, you are indicating that you understand the information that it contains.

When you agree to participate in this program, you or your child are not obligated to complete the training if for any reason you believe it is not in your or your child's best interest. This means you may discontinue participation at any time. Training and test results will be available to clients and/or parents.

If you, or anyone else who will use this machine, are subject to any form of seizures, epilepsy or visual photosensitivity please notify us prior to starting Neurofeedback training.

**Yes, I understand and agree to the terms of this document.**       **Yes, you may administer standard tests**

**Name of Client:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Name (if client is a minor):** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_