



**2022**  
DAN ALCH'S CAMP OF  
**Champions**

**JUNE 10-11-12**

**MOUNTAIN BROOK GYMNASTICS**  
**BIRMINGHAM, ALABAMA**

Mountain Brook Gymnastics P.O. Box 43267, Birmingham, AL 35243

**CAMP COST: \$600**

**Coaches Clinic: \$250 (10 athletes = 1/2 price per coach)**

**Contact: Becky Gym Phone: 205-969-4889**

**6-7 hours of gymnastics each day!**  
**Great rotations!**  
**Coaches clinic each day!**

**Per NCAA regulations, this camp is open to ages 6-20**  
**years old and all levels. Athletes from USAG, NGA,**  
**and all other organizations are welcome!**

The goal of every Camp of Champions is to give the athletes the opportunity to work with and socialize with some of the premier coaches in the sport of gymnastics as well as former national and international athletes. During the 3 days of camp, we will provide a high energy, fun, and exciting experience for all levels of athletes from USAG, NGA and all other gymnastics organizations where we introduce new skills, drills and philosophies of training. We also offer the option to have daily lectures for attending coaches in all areas of the sport. It is our hope that these camps will have a profound mental and physical impact on the athletes, not just in the short term but throughout their gymnastics career.

**BAJUMP**  
THE ORIGINAL

**-PREVIOUS CAMP OF CHAMPIONS STAFF -**

**JOE RAPP**

Head Coach, Hawaiian Island Twisters

**MIKE HUNGER**

Head Coach, Twin City Twisters

**DERICK  
MOELLENBECK**

National Team Coach

**MIKE LYNCH**

Olympic Coach

**RAJ BHAVSAR**

2008 Olympian

**JEFF LUTZ**

Owner/Head Coach Gymnastics Plus

**QUIN SHANNON**

2018 USA educator of the year

**GEORGE HERY**

World champion, trampoline

**STEVE ARKELL AND  
GABRIELA AVILEZ-ARKELL**

Former USA and Canadian National  
Team coach and Co-Head coaches  
Maverick Gymnastics Texas

**BRAD LOAN**

National Team Coach

**PETE DOYLE**

Nor-Cal

**TERIN HUMPHREY**

2004 Olympian

**MARYWRIGHT**

Olympic Coach

**FRANK &  
JOHNNA KUDLAC**

Achievers Gymnastics Owners

**VLADAMIRE ARTEMOV**

Olympic AA Champion (4 Gold medals)

**NOMI NILSON**

Professional Dancer California

**IVAN ALEXOV**

National Staff

**WALLY MEIERAREND**

GAGE Center

**PAULA & TONY  
GEHMAN**

National Team Coach

**RHONDA FAEHN**

3-time NCAA National Champions  
University of Florida and 1988 Olympic  
alternate

**KEVIN MAZEIKA**

3 X Olympic Team Head Coach

**MIK NELKE**

Camp legend

**MOHINI BHARDWAJ**

2004 Olympic Silver Medalist, Team  
Captain & 4x NCAA Champ

**GEORGE  
KOSTADINOV**

Former Bulgarian National Team member

**CHELLSIE MEMMEL**

2008 Olympian  
2005 World All Around Champion  
2003 world Champion UB

**CLIFF PARKS**

Philippine National Team Coach

**JOHN FIGUEROA**

USA championship coach also  
Coaches 2 NCAA Teams  
to National championship