***Bowl Food Selection***

**Fish**

Mini Fishcake, Pea Puree & Hollandaise Sauce

Breaded Fish Goujons & Chips

Smoked Salmon, Avocado & Crushed Potato Tian, Sweet Mustard Dressing

Teriyaki Salmon, Basmati Rice

Crispy Beer Battered Fish & Chips

Poached Salmon, Asparagus, New Potatoes & Hollandaise Sauce

Pan seared Sea Bass, Chantenay Carrots & Peas, Sauce Vierge

Catalan Stew (Mixed Fish), Homemade Fresh Bread

Fresh Tuna Nicoise Salad

Fresh Seafood Tagliatelle

Oriental Stir Fried Noodles, Marinated King Prawns & Fresh Coriander

**Vegetarian**

Feta & Spinach Parcels, Spicy Lentils

Penne Pasta, Arrebiatta Sauce, Parmesan

Mediterranean Vegetable Tagine, Morrocan Couscous

Wild Mushroom Risotto, Dolcelatte Cheese

Pumpin Ravioli, Spinach, Truffle Sauce

Roasted Vegetables & Warm Goats’ Cheese

Warm Thai Cucumber, Carrot & Noodle Salad, Hoi Sin Sauce

Stuffed Breaded Mushrooms, Garlic Sauce & Parmesan, Mixed Leaves

Minestrone Soup, Ficelle Bread

Warm Carrot & Coriander Soup

Vegetarian Sausages, Mustard Mashed Potato, Caramelised Onion Jus

Mediterranean Vegetable & Tomato Casserole, Dumplings

Mozzarella, Tomato & Avocado Salad

Asparagus & Pesto Salad, Parmesan Shavings

**Meat**

Cumberland Sausages, Mustard Mashed Potato, Caramelised Onion Jus

Teriyaki Chicken, Basmati Rice

Shredded Chicken & Vegetable Noodle Salad

Grilled Rump Beef & Glazed Onions, Mashed Potatoes

Spiced Braised Lamb Tagine, Mediterranean Couscous

Roasted Chicken Breast, Spiced Tomato & Olive Sauce, White Rice

Ham Hock & Fois Gras, Toasted Brioche

Thinly Sliced Rare Beef, Roasted Potatoes & Gravy

Pan Fried Chicken & Chorizo, Basmati Rice

Marinated Peanut and Coconut Chicken, Mixed Leaves

Warm Thai Crispy Duck salad

Beef Bourguignon & Creamy Mashed Potatoes

**Desserts**

Pineapple Panna cotta, Passion Fruit Coulis

Vanilla Cheesecake

Mixed Berry Fruit Bowl

Lemon & Lavender Brulee

Apple Crumble, Anglaise Sauce

Sticky Toffee Pudding, Ice Cream & Toffee Sauce

Strawberries & Cream

Eton Mess, Fresh Berries & Cream

Selection of Ice Cream – Vanilla, Pistachio, Chocolate, Strawberry

**Prices**

3 bowls = £10.00

5 bowls = £15.00

7 bowls = £20.00