



## *Bowl Food Selection*

### **Fish**

Mini Fishcake, Pea Puree & Hollandaise Sauce  
Breaded Fish Goujons & Chips  
Smoked Salmon, Avocado & Crushed Potato Tian, Sweet Mustard Dressing  
Teriyaki Salmon, Basmati Rice  
Crispy Beer Battered Fish & Chips  
Poached Salmon, Asparagus, New Potatoes & Hollandaise Sauce  
Pan seared Sea Bass, Chantenay Carrots & Peas, Sauce Vierge  
Catalan Stew (Mixed Fish), Homemade Fresh Bread  
Fresh Tuna Nicoise Salad  
Fresh Seafood Tagliatelle  
Oriental Stir Fried Noodles, Marinated King Prawns & Fresh Coriander

### **Vegetarian**

Feta & Spinach Parcels, Spicy Lentils  
Penne Pasta, Arrebiatta Sauce, Parmesan  
Mediterranean Vegetable Tagine, Moroccan Couscous  
Wild Mushroom Risotto, Dolcelatte Cheese  
Pumpkin Ravioli, Spinach, Truffle Sauce  
Roasted Vegetables & Warm Goats' Cheese  
Warm Thai Cucumber, Carrot & Noodle Salad, Hoi Sin Sauce  
Stuffed Breaded Mushrooms, Garlic Sauce & Parmesan, Mixed Leaves  
Minestrone Soup, Ficelle Bread  
Warm Carrot & Coriander Soup  
Vegetarian Sausages, Mustard Mashed Potato, Caramelised Onion Jus  
Mediterranean Vegetable & Tomato Casserole, Dumplings  
Mozzarella, Tomato & Avocado Salad  
Asparagus & Pesto Salad, Parmesan Shavings

### **Meat**

Cumberland Sausages, Mustard Mashed Potato, Caramelised Onion Jus  
Teriyaki Chicken, Basmati Rice  
Shredded Chicken & Vegetable Noodle Salad  
Grilled Rump Beef & Glazed Onions, Mashed Potatoes  
Spiced Braised Lamb Tagine, Mediterranean Couscous  
Roasted Chicken Breast, Spiced Tomato & Olive Sauce, White Rice  
Ham Hock & Foie Gras, Toasted Brioche  
Thinly Sliced Rare Beef, Roasted Potatoes & Gravy  
Pan Fried Chicken & Chorizo, Basmati Rice  
Marinated Peanut and Coconut Chicken, Mixed Leaves  
Warm Thai Crispy Duck salad  
Beef Bourguignon & Creamy Mashed Potatoes

### **Desserts**

Pineapple Panna cotta, Passion Fruit Coulis  
Vanilla Cheesecake  
Mixed Berry Fruit Bowl  
Lemon & Lavender Brulee  
Apple Crumble, Anglaise Sauce  
Sticky Toffee Pudding, Ice Cream & Toffee Sauce  
Strawberries & Cream  
Eton Mess, Fresh Berries & Cream  
Selection of Ice Cream - Vanilla, Pistachio, Chocolate, Strawberry

### **Prices**

3 bowls = £10.00  
5 bowls = £15.00  
7 bowls = £20.00