



# Heroes and Horses

**TREATMENT  
WITH THE HELP  
OF A HORSE**

Heroes and Horses brings together specially trained horses with our active military, veterans, and first responders to bring about physical, mental, and emotional healing. Lead by a licensed mental health counselor, these equine assisted interactions teach valuable communication skills, strengthen emotional bonds, and build trust.

For more information and registration  
visit [StridesofStrength.org](http://StridesofStrength.org)

See registration for schedule



STRIDES OF STRENGTH  
THERAPEUTIC RIDING

**We strive to provide a comprehensive therapeutic equine program utilizing horses to facilitate growth, learning, and healing. Our population includes children and adults with mental, physical, emotional, and functional disabilities.**

2717 Gaston Farm Rd, Chester, SC 29706

[StridesofStrength.org](http://StridesofStrength.org)

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