

Heroes and Horses

Heroes and Horses is a Strides of Strength program that brings together specially trained horses with our active military, veterans, and first responders to bring about physical, mental, and emotional healing. Lead by a licensed mental health counselor, these equine assisted interactions teach valuable communication skills, strengthen emotional bonds, and build trust.

Group sessions every Sunday

March 22 - May 10

4PM - 5PM

Must Apply at

StridesofStrength.org

803-374-6255



STRIDES OF STRENGTH
THERAPEUTIC RIDING

2717 Gaston Farm Rd, Chester, SC 29706

Email: Beth.Gaston@StridesofStrength.org

We strive to provide a comprehensive therapeutic equine program utilizing horses to facilitate growth, learning, and healing. Our population includes children and adults with mental, physical, emotional, and functional disabilities.