



FALL Session 2025 Schedule

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00 AM	Barre fitness (Adults)		Barre fitness (Adults)			Tiny Dancers	
10:00 AM	9:30 to 10:20 am		9:30 to 10:20 am			9:00 to 9:30 am	
11:00 AM	Cardio Salsa (Adults)		Pound fitness (Adults)			Little Ballerinas	
12:00 PM	10:30 to 11:20 am		10:30 to 11:20 am			9:45 to 10:30 am	
1:00 PM							Cardio Salsa (Adults)
2:00 PM							10:45 to 11:35 am
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	Ballerinas I		Cardio Salsa (Adults)		Pound fitness (Adults)		
7:00 PM	5:30 to 6:20 pm		6:00 to 6:50 pm		6:00 to 6:50 pm		
8:00 PM	Young Hip Hop/Jazz Dancer 6:30 to 7:30 pm						