



# Holiday Session 2023 Schedule / Calendar

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
9:00 AM	Barre fitness (Adults)		Barre fitness (Adults)			
10:00 AM	<b>9:30 to 10:15 am</b>		<b>9:30 to 10:15 am</b>			
11:00 AM	Cardio Salsa (Adults)		Pound fitness (Adults)			
12:00 PM	<b>10:30 to 11:15 am</b>		<b>10:30 to 11:15 am</b>			
1:00 PM						
2:00 PM						
3:00 PM						
4:00 PM						
5:00 PM						Pound fitness (Adults)
6:00 PM			Cardio Salsa (Adults)			<b>5:30 to 6:15 pm</b>
7:00 PM			<b>6:00 to 6:45 pm</b>			Barre Fitness (Adults)
8:00 PM						<b>6:30 pm to 7:15 pm</b>

NOVEMBER						
Mo	Tu	Wed	Th	Fr	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	<b>11</b>	12
13	14	15	16	17	18	19
20	21	<b>22</b>	23	24	25	26
<b>27</b>	28	<b>29</b>	30			

DECEMBER						
Mo	Tu	Wed	Th	Fr	Sat	Sun
				<b>1</b>	2	3
<b>4</b>	5	<b>6</b>	7	<b>8</b>	9	10
<b>11</b>	12	<b>13</b>	14	<b>15</b>	16	17
<b>18</b>	19	<b>20</b>	21	<b>22</b>	23	24
<b>25</b>	26	27	28	29	30	31

4 weeks (4 classes) session / **\$60**  
**Dropping cost / class \$20**

**Combo classes (2 different classes)**  
**\$110 / 4 weeks session**

\*5 weeks (5 classes) session / **\$75**  
**\*Apply only to Wednesday classes**

**Combo classes (2 different classes)**  
**\* \$120 / 5 weeks session**

**No registration fee required**



**HAPPY FIT HOLIDAYS**