



# Spring Session 2026 Schedule

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM	Barre fitness (Adults)		Barre fitness (Adults)			Tiny Dancers
10:00 AM	<b>9:30 to 10:20 am</b>		<b>9:30 to 10:20 am</b>			<b>9:00 to 9:30 am</b>
11:00 AM	Cardio Salsa (Adults)		Pound fitness (Adults)			Little Ballerinas
12:00 PM	<b>10:30 to 11:20 am</b>		<b>10:30 to 11:20 am</b>			<b>9:45 to 10:30 am</b>
1:00 PM						Cardio Salsa (Adults)
2:00 PM						<b>10:45 to 11:35 am</b>
3:00 PM						
4:00 PM						
5:00 PM						
6:00 PM	Ballerinas I		Cardio Salsa (Adults)		Pound fitness (Adults)	
7:00 PM	<b>5:30 to 6:20 pm</b>		<b>6:00 to 6:50 pm</b>		<b>6:00 to 6:50 pm</b>	
8:00 PM	Young Hip Hop/Jazz Dancer					
	<b>6:30 to 7:30 pm</b>					