

PHI CLINIC - Weight Management Program

Informed Consent – Vitamin B12 Administration

Patient Name:

DOB:

Address:

Driver License#:

Phone:

Email:

Medication

Vitamin B12 (Methylcobalamin or Cyanocobalamin)

Purpose

I understand that Vitamin B12 is administered to support energy levels, neurological function, and metabolic health as part of Phi Clinic's Weight Management Program.

Expected Benefits

Increased energy and reduced fatigue
Support for metabolism and nervous system function
Prevention or treatment of B12 deficiency

Possible Side Effects

Common: Injection site pain, mild headache, flushing.
Rare: Allergic reaction, rash, dizziness.

Treatment Plan

Administered by injection
Frequency based on individual needs and labs
May be used alone or in combination with other therapies

Contraindications

I have informed my provider if I have:
Known B12 allergy
Leber's disease
Pregnancy or breastfeeding concerns

Patient Responsibilities

Report adverse reactions
Attend scheduled follow-ups if required

Acknowledgment

I understand the purpose, risks, and benefits and consent to treatment.

Patient Name:

Date:

Signature:

Provider:

Date:

Signature: