

PHI CLINIC

Post-Care Instructions for Minor Surgery Procedures

- 1. Wound Care:** Keep the area clean and dry for the first 24 hours. After that, gently clean with soap and water daily.
- 2. Dressing:** If a dressing was applied, follow your provider's instructions on when and how to change it.
- 3. Pain Management:** You may take acetaminophen (Tylenol) for discomfort unless otherwise directed. Avoid aspirin unless prescribed.
- 4. Signs of Infection:** Call the clinic if you notice increased redness, swelling, warmth, pain, or discharge.
- 5. Activity:** Avoid heavy lifting or strenuous activity for 48 hours or as directed.
- 6. Follow-Up:** Attend any scheduled follow-up visits for suture removal or wound evaluation.

Contact us at PHI Clinic if you have any questions or concerns.