

PHI CLINIC - Weight Management Program

Informed Consent – NAD⁺ Therapy

Patient Name:

DOB:

Address:

Driver License#:

Phone:

Email:

Purpose

I understand that NAD⁺ (Nicotinamide Adenine Dinucleotide) is administered as a wellness adjunct to support cellular energy production, metabolic function, and overall vitality within Phi Clinic's Weight Management Program.

Mechanism of Action

NAD⁺ plays a key role in mitochondrial energy production, cellular repair, and metabolic regulation.

Expected Benefits

Improved energy levels

Enhanced metabolic support

Reduced fatigue

Support for cellular health

Possible Side Effects

Common: Flushing, nausea, headache, dizziness, injection site discomfort.

Rare: Allergic reactions or hypersensitivity.

Treatment Plan

Administered via injection (route determined by provider)

Dosage and frequency individualized

May be combined with other wellness therapies

Contraindications

I have informed my provider of:

Pregnancy or breastfeeding

Known allergies to injectable components

Chronic medical conditions requiring caution

Patient Responsibilities

Report any adverse effects

Maintain hydration

Follow provider recommendations

Acknowledgment

I understand that NAD⁺ is a wellness support therapy and not a cure for disease.

Patient Name:

Date:

Signature:

Provider:

Date:

Signature: