

Red Rose News

The Lancashire Federation of Women's Institutes



Issue 3 | May / June 2024

Welcome to the spring edition of Red Rose News, lets hope the weather catches up soon. So much has gone on since our last edition and there is more yet to come. We hope those of you who attended the meeting at Lytham enjoyed yourselves and that you are all taking advantage of the many courses and events provided by your Federation as well as the new Learning Hub offered by National.

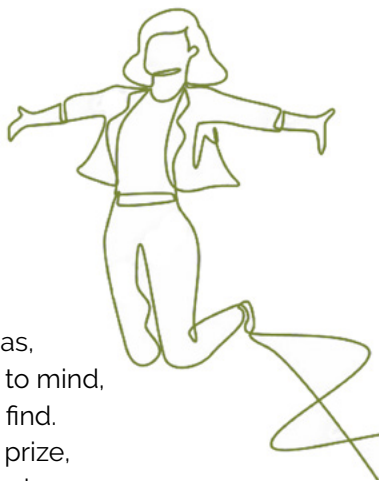
As always we love hearing from you, and just a reminder to make everything easier when you are sending in submissions for the newsletter that you send one item per edition written in the third person, either as a word document or in the main body of the email with one photograph. There are more tips and the deadline date further on in the edition.

We are sure you will join us in giving our sincere thanks to Pat Forder, who has been a hardworking member of the Editorial Team for many years, and who has left to carry on with other exciting WI work for the Federation.

The Editorial Team

THIS PENSIONER'S DELIGHT

A perfect pancake flip,
All night without loo trip,
Wordle in a oner,
Someone else cooking dinner.
Successful hunt for keys,
Today no creaky knees,
Washing basket empty,
Chocolate a plenty.
Bubble wrap to pop,
Bargain in posh shop,
Battle of quilt cover won,
To-do list almost done.
New pair cosy 'jamas,
Jar opened without dramas,
What I came in for called to mind,
Coins down sofa a happy find.
Last seat on bus a bonus prize,
Seeing the love in my dogs' eyes,
The joy a new handbag brings,
These are a few of my favourite things.



Jacky Ramage

ANSDELL & FAIRHAVEN WI

A Message From Our Chairman

I hope you had a wonderful Bank Holiday weekend in such lovely weather. My garden has appreciated the sunshine and I have enjoyed sitting outside on the warmer days. Fingers crossed for more sunshine this summer.



It was great to see so many of you at the Lowther Pavilion in Lytham for our Annual Council Meeting and I hope you enjoyed the afternoon. There is a full report further on in this edition for those who didn't manage to join us. We have such talented members in Lancashire, some who told us their stories of achievement and some who have featured in WI Life. We introduced three new Board members to you as well. We hope you found some inspiration from the afternoon's proceedings and left feeling uplifted after Pink Vintage, the entertainers at the end of the afternoon. The Maker's Market was a new initiative enjoyed by our members, many thanks to the Makers.

By the time you read this some members will have attended a residential break at Higham Hall, near Bassenthwaite Lake in Cumbria partaking in silver jewellery making, hand embroidered pictures and a history of the Solway Firth, visiting various places along the coastline. I trust you will have enjoyed the break with other members from around the county.

On June 5th June your delegates will be attending/ will have attended the NFWI Annual Council Meeting at the Royal Albert Hall. A rendition of Jerusalem in this magnificent building will sound amazing. They will have taken your votes about the Dental Health Matters resolution and voted according to your wishes. There will be a report in WI Life and your delegate will report back to your WI in due course. The speakers are Melanie Brown, Spice Girl, Timothy Watson, actor, Nazir Afzal OBE, Chancellor of the University of Manchester.

September is not far off and the deadline for entries into our new look Showcase is 2nd August. Please get your entries into Davida by then. Look out for the announcement about the LFWI Cookery Event.

My special thanks go to all those who make Lancashire such a successful, inclusive WI Federation. Enjoy the summer!

Best Wishes,

Heather Williams



Around the WIs

MEETINGS, BIRTHDAYS & PARTIES...



AINSDALE NATTERJACKS WI had a wonderful meeting in April with the guest speaker Pat Armstrong from Southport Flower Club. She was highly entertaining, whilst making the most fabulous flower arrangements using household items such as teacups and saucers, wine bottles, jugs, and a gift box. The walking club braved the weather for their last walk. After catching a bus from Ainsdale to Preston they arrived at Avenham Park and enjoyed a lovely day out. May started with lots of fun with a line dancing taster session with Gillian from the Fever Dance Company. The lunch club organiser Sue arranged a meal at The Grand Hotel in Southport which was very well attended and enjoyed by all. May saw an influx of new members and everyone enjoyed the fashion show provided by The Wardrobe Boutique, Ainsdale. Denise gave fashion advice on how to dress for all occasions. As usual a wonderful array of homemade cakes was provided for the tea break by the secretary Tricia and her daughter Harriet. This was followed by a quiz on fashion with the winning team scoring 19 out of 20 points.

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ANSDELL AND FAIRHAVEN WI

welcomed a most unusual and entertaining speaker to their April meeting. Kila Redfearn is official town crier of Lytham and amongst only a small number of woman town criers in this country. She made a grand entrance dressed in full scarlet regalia and ringing her bell. As a town crier, Kila is called upon to inform the town of matters important, ranging from a coronation or royal birth to ceremonial appearances at local events. The ladies were fascinated by her anecdotes and warmed to her passion, bubbly personality and engaging sense of fun. On a serious note, Kila heads the Blue Skies Hospital Charity in Blackpool and combines this with being a devoted mum of four. One exciting adventure for her was an appearance on the BBC's "The Repair Shop" where her beautiful old bell was given a magical makeover. Keep an ear out for Kila!



BALDERSTONE & DISTRICT WI

recently celebrated their 105 year anniversary. They believe they are the second oldest WI in Lancashire. They have over 50 members, most of whom regularly attend their monthly meeting. This year has already seen some very interesting speakers. In April Jack Spees from the River Ribble's Trust explained just how difficult it was to rectify

hundreds of years of misuse for the waterways. April also saw their Strollers visiting Whalley Abbey and the Catholic English Martyrs' Church followed by a delicious lunch at The Dog Inn. The more energetic walking group went to Gawthorpe Hall for an interesting historical tour and a good ramble afterwards. They are holding monthly craft meetings. Janet Wilkinson showed them how to create magical images in Zentangle and they are encouraging their members to enter exhibits for the July Clitheroe WI show.



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The speaker at **BANKS WI** in April was Dawn Bond, who demonstrated ways of planting hanging baskets. The plants were only small but will soon fill the baskets for stunning summer displays. Dawn took the baskets away with her but will bring them back in a few weeks to be raffled off. In May Michelle Caldwell will be talking about some of the famous Victorian visitors to Southport.

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At the April meeting of **BARTON WI** speaker Dermon Gethings entertained members with his fascinating talk about his trip to the U.S.A in 1972. He was a student at Preston Catholic College when he was invited to be the UK's representative for the NASA International Youth Science Tour to witness the launch of Apollo 17, the last time man walked on the moon. On his return he presented Prime Minister Ted Heath with "The Goodwill Moon Rock".



ECCLESTON WI enjoyed a fascinating talk by Pauline Lowther from Medical Detection Dogs, trained to detect the odour of human disease in samples of urine, breath or sweat. This early, accurate, diagnosis of cancers, Parkinson's disease or bacterial infections can lead to better patient outcomes. It costs £29,000 to train one dog. In

April the meeting was opened to anyone interested in hearing about the vast munitions filling Royal Ordnance Factory, a major employer in the area between 1938 and 2007, with 35,000 staff working there in 1941. It was here that the famous bouncing bombs designed by Barnes Wallis and featured in the Dambusters raid were filled. Steve Williams was pleased to give an illustrated talk to the audience, including several men who had worked at the factory. The site spanned 928 acres, had 1500 buildings, 25 miles of railway track and 50 miles of road!



FORMBY WI Luncheon Club had a talk from Sam Thompson representing the Waitrose store in Formby. Sam arrived bearing gifts of Fiona Laird cupcakes, two varieties of oatcakes with Stilton with strawberries and cheese on top plus ruby port. These were enjoyed after the talk. She explained the history of John Lewis and Waitrose and why they are two separate shops but share a heritage which dates back to the early 20th century. Steadman Lewis broke away from his father's approach to business to form a philanthropic approach to the workforce, making them partners who, if they worked hard, could share in the profits of the business. He then linked up with Mr Waite and Mr Rose who ran a grocery business in London and Waitrose was born. Steadman's father then realised the benefits of his son's approach and adopted it for John Lewis. Many years on the partners of both John Lewis and Waitrose enjoy very many benefits, including discounts and health and holiday benefits. Sam was passionate about her enthusiasm for the company. She answered questions after the talk and even promised to investigate the lighting delay in the café in the morning in Formby.

FRECKLETON WI celebrated their 102nd birthday with a Cheese and Wine party attended by members and guests from St Annes, Warton, Ribby with Wrea and Treals W.I's. The inviting table groaned with various cheeses, pate, crackers and pickles to enjoy along with a glass of wine. There was also a lovely Birthday Cake, baked by one of their members, Michaela Bass. Then each table of six was given an identical basket of what appeared to be random odds and ends and the object was to create an outfit to be worn by a selected model. The outcome was hilarious with seven outlandish 'haute couture' outfits being paraded around the hall. A team from St Annes was judged the winner, but lots of fun was had by all. A gentle quiz followed, the competition for a 'Birthday Card for Freckleton' was won by Barbara Bamber, and the raffle was drawn. The speaker at their next meeting we will be Brian Topping with 'Tales of a Customs Officer'.



Thanks to Donna Glover from Willow top Hedgehog Rescue, for her talk to **GREAT HARWOOD DISTRICT WI**. Members now know a lot more about hedgehogs and her enthusiasm and love for them was apparent during the talk. Over half the hedgehog population has been lost from our countryside since the millennium, mainly due to the lack of natural food (insects) caused by the large-scale use of pesticides by farmers. They are nocturnal creatures - if you see one in the daytime, please do not pick it up unless it is in imminent danger as being handled is a stressful experience. If you are unsure, contact a specialist group such as The Wildlife Trust before trying to help. By gardening in a wildlife-friendly way, we can help hedgehogs to survive. As hedgehogs eat insects, try to leave an area where logs, twigs etc can be stored and insects thrive. Stop using slug pellets - the slugs eat the pellets and the hedgehog eats the slug!

LONGTON WI thought they had to shout out 'Abracadabra' when their conjurer, speaker, Roger Woods asked members to say the Magic Words during one of his tricks. 'Wrong! It was 'Longton WI'! Roger began with a brief history of the art of conjuring and illusion - skills developed over many years.



As an accomplished magician himself, he went on to perform tricks of his own - even escapology. Although they were all seated relatively close by, with a clear vision, the sleight of hand was so good that they were all quite amazed at the performance, and thoroughly enjoyed a most entertaining evening.



LOWTON WIs first meeting of spring held a garden in a teacup competition, we saw some lovely displays of both flowers and best china! The winner of the competition was Liz Jones. The evening continued with the presentation of two cheques in aid of the North West Air Ambulance from fundraising through the Nibble and Natter group and general fundraising events and the second cheque was gifted by long standing member Norma Clarkson in memory of her husband Tom who sadly died earlier this year. Tom was a great supporter of the Air Ambulance and an honorary member of Lowton WI as he helped Norma to produce the monthly newsletter for many years.

At the April meeting, the **LYTHAM BELLES** learnt how to create cards. One of their members, Sheila, delivered this workshop which was very detailed and rewarding. Everyone left with at least one card completed after an evening full of laughter and enjoyment. This will provide them with the skill to create their own unique cards. The WI would like to say thank you to Sheila for her patience and amazing delivery on this workshop.



Four members of **PEARLS OF POULTON WI** enjoyed a willow weaving course. They went for the half day at Leyland led by Jo Gregory of Creative with Nature. They learnt basket weaving techniques and as can be seen from the photo were very proud of their willow birds.



...AROUND THE WIs

RIBBY WITH WREA WI let the committee have an evening off for the April meeting, and everything was arranged by the members. There was a very good turn out and a small group did an excellent job organising the meeting to a 1950's/60's theme. Most ladies attending dressed up accordingly and there was a fun competition for the most outrageous earrings! There was a quiz on events from the 50's and 60's, followed by refreshments and then a game of Bingo. A very enjoyable evening was had by all.



RIBCHESTER & DISTRICT WI celebrates their 80th Birthday this year. Over 80 members and friends marked the occasion in March. Commander Ellen Shephard RN was their guest speaker, sharing stories of the invaluable role that

women play & have played in the Royal Navy. Ellen told them of the young mathematicians working from a Liverpool bunker on the strategy to protect the Western Approaches in WW2. She spoke of her own career – from intercepting drug smugglers in the Caribbean to patrolling the undersea cables that carry 97% of the world's data, from humanitarian missions to her role on HMS Duncan managing logistics for 80 days at sea for a crew of 256. Pushing right through that glass ceiling, Ellen was the perfect guest for their birthday party. They enjoyed wonderful food – courtesy of members – and a glass of bubbly. Their cake, made by a member, is pictured.

A group of **SOUTHPORT SCARLETS WI** members completed the Queenscourt Star Trek night walk on Fri 3 May. They completed 10km around Southport, joining 1200 other walkers on a drizzly evening. Thanks to all who supported them. Southport Scarlets support many charities throughout the year and this is one of their annual events.



TATHAM FELLS WI members sailed with Steve Halliwell around the smaller Islands of the Hebrides in a small boat. Towering cliffs dwarfed the former lifeboat as Steve sailed beneath the magnificent basalt columns of Fingal's Cave on Staffa; he said that many of the islands have been formed by this rock with the cliffs providing safe nesting places for seabirds. Although many of the islands are uninhabited, Steve's slides showed the remains of former villages, and he said that farmers from the larger islands take sheep onto the uninhabited ones for summer. He also had beautiful pictures of rare flowers only found in these remote places, and little puffins that are not at all afraid of people. Sometimes they ran the boat up the beach to explore an island, sailed up a geo or anchored out at sea and went in by a small craft. Steve concluded with sunset over Iona,

The ladies of Newton Le Willows **VIADUCT VIOLETS WI** in Merseyside enjoyed a talk on the life of Edith Rigby who was Preston's most famous suffragette. Edith together with other suffragettes fought for a fairer society against poverty, poor educational opportunities and bad working conditions for working class women. Amongst other things Edith rented a property to educate girls beyond the age of 11 years and in January 1907 she established the Preston branch of the Women's Social and Political Union (WSPU). Edith was passionate about her beliefs and committed arson twice! She was arrested and imprisoned for her opinions and actions on seven separate occasions spending time in Holloway Prison. Whilst incarcerated she took part in hunger strikes and was subjected to force feeding. Edith's marriage was deemed unconventional by the standards of the day however her husband Dr Charles Rigby was a great support to her. He wrote to the government and national newspapers expressing his pride and agreement with her actions.



WEETON WI had an uplifting and eventful evening which was enjoyed by members and guests. They were entertained by 'Just Jay' who had them all singing and dancing along to some memorable

favourites. Then a tasty hot supper was served followed by a break, raffle and WI business. The evening was rounded off with a heartwarming sketch based on WW2, aptly named 'Mum's Army'. Many original items i.e. clothing and appliances were on display not to mention a few very well preserved 1940's models. All in all a truly GREAT evening.

HELP NEEDED

We have received a plea from Appley Bridge WI

We are wondering if there is a WI out there that has any white China cups, preferably with a WI monogram on, that are surplus to their needs?

We have a shortage of cups but loads of saucers and plates.



STANDING WITH GIANTS



Late last year I heard about 'Standing With Giants': a temporary artistic installation project established in Normandy to commemorate those brave souls who lost their lives on D Day on 6th June 1944.

In April this year I had the privilege to visit it at the permanent British Normandie Memorial in Ver-Sur-Mer, near to the landing beaches.

The installation, named 'For Your Tomorrow, The People's Tribute' is made up of 1475 giant silhouettes,

recycled from signage, designed and created by Dan Barton and assisted by numerous groups of volunteers.

There are also eighteen beautiful stillages which display letters, poems and messages and these are adorned with poppies, knitted and crocheted by WI members and which were co-ordinated by Toni Briggs from Apple Blossoms WI, Kingston Bagpuize.

Particularly moving to me were the silhouettes of the two nurses: the only two women to have died alongside their male compatriots. Also striking were the figures of the French Resistance and the local citizens: men, women and even a child who gave their all for our tomorrows.

Should you get the opportunity to visit this fantastic and moving memorial in northern France before the end of August 2024, please do so, or if not you could research it on Facebook or on the Internet as there are ways to support it from the UK.

Rosamund Armbrister

NORDEN WI

LFWI COUNCIL MEETING

The 2024 LFWI Annual Council Meeting was held on 13th April 2024 at the Lowther Pavilion Theatre.

Pam Coates led the traditional singing of Jerusalem before Heather Williams gave the Chairman's welcome and introduction of guests. The standard business of the meeting was carried out including the adoption of the Annual Report and Accounts and the approval of a new bylaw to increase the terms of trustees from 2 to 3 years.

Susan Douglas explained the new focus on Sustainable growth for the Future for ACW/W to action longer term sustainable projects. As she is stepping down from the co-ordination role in 2024, members were asked to consider taking on this role.

Amanda Parker JP, Lord Lieutenant of Lancashire described her family home, Browsholme Hall. She also spoke about her portfolio career, how she became Lord Lieutenant of Lancashire, and what the role entailed. She was hoping to expand the number of inspirational women acting as her deputies across the region and thought that there was certainly potential for WI members to be within this number!

The meeting continued the popular Meet the Members section.

Alison Castle detailed her experiences climbing Mount Kilimanjaro and encouraged all members to challenge themselves to go outside of their comfort zones and seize the day.

Joyce Bond treated us to a recitation of some of her

lockdown poems, these really brought back the feeling of the covid lockdown in a humorous way.

Maureen Little talked about her journey from gardener to bee keeping to author, developing and reinventing herself as opportunities arose.

There were lots of examples of changes being made to continually improve activities. The LFWI have made several changes throughout the year to ensure that it continues to be sustainable, accessible and relevant to all members whilst aiming to achieve the difficult task of balancing new technology and ideas with respecting WI heritage and traditions. The most visible of these changes so far is the new County Show format and its new location at Chorley Town Hall as well as looking to diversify the venues for workshops across the region.

ACM felt like a celebration. There were varied member talks, the presentation of the 200 club raffle winners, educational bursary winners and so many long service and significant WI anniversary awards.

An excellent event topped off by further celebration with catchy music from "Pink Vintage" which had members singing along and dancing in the aisles, and the National Anthem to close.

Come next year if you can!

Helen Andrew

BUCKSHAW VILLAGE WI



LOOK INSIDE: LFWI COUNCIL MEETING



Warton WI had a great time at the LFWI Council Meeting at Lowther. There was an array of speakers on topics including Climbing Mount Kilimanjaro, memories of Lock-down in verse, pollinators for plants and The High Sherriff of Lancashire talking about

her home Broughsholme which can be visited. Also her role as King's representative in Lancashire. She also informed everyone of Princess Anne's visit on Tuesday to Fleetwood and the Wrea Green Equitation centre.

TRIBUTES



BARTON WI Dorothy Crean was a member of Barton WI since 2010 and was minutes secretary since 2016. She played a very active part in all the activities of our WI and was always a willing volunteer, she waved her magic wand over all our Christmas entertainment. She will be sadly missed. -- *Fay Percival President*

AUGHTON WI are so very sad to announce the passing of a well loved member - Florence Climpson - in February this year. Florence was a dear lady and was a member of Aughton WI for over 30 years, including six years as their President. Always there to help in anyway she could, be it knitting Easter Chicks or serving tea and cakes, giving advice when asked and enjoying a good joke, she will be greatly missed by us all.

EDGWORTH WI is sad to announce the passing of Lilian Mather. Lilian was a long standing member and always led us beautifully in the singing of Jerusalem

We send our condolences to thier family and WI friends.



Scarlet Corner

As with many of you out there I have been and done my civic duty recently and voted and it brought back a memory for me.

I always feel very wary when I vote, and enter the room with very little confidence. That is because the first time I went to vote, when I was 18, they very almost wouldn't let me.

I was a total voting novice and just turned up with my voting card. I gave it to the lady at the table and she refused to give me a ballot slip, said I was trying to commit fraud and went to get her supervisor while I stood awkwardly with everyone staring at me. She said she was going to have me arrested!

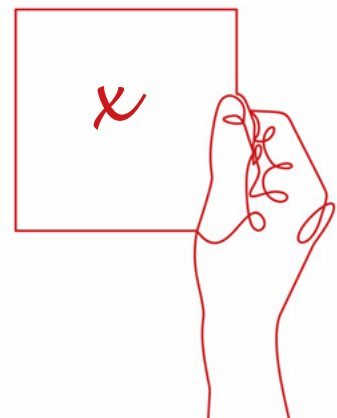
He came back with her, looked at my card and shook his head and told them to give me a voting slip. My 18 year old wouldn't say boo to a goose self put my cross very quickly and left even as the supervisor was trying the explain to her that my birthday was in April and it was now May while she was adamant that it was only the 4th and my birthday was 13th. Yes, 13th of last month, she is 18. That explained it, she was saying I wasn't old enough.

Even after 33 years and many votes I still feel as awkward as I did the first time I went to vote and I feel a little bit sick as I enter the room.

The moral of that story is, is that people remember how you make them feel, not what you say or what you do, so we should all be very careful with our words and actions.

Emma Gillinder

TARLETON &
SOUTHPORT
SCARLETS WIs



COOKERY & CRAFT



The team has been hard at work to bring you the courses you want and the advanced dressmaking class offered, Collars, Cuffs, Zips and Buttonholes just hosted at Leyland proved to be very popular. The class was well attended, and everyone felt they

had made progress with their learning, going home with the knowledge to put in professional looking collars, cuffs and zips. The button holes may have to wait for next time.

Other events coming up later in the year include a Beginner's Embroidery course in October, a Sugarcraft for Christmas course in November and a Papercraft course in December. More details will be available on the Lancashire Federation Website nearer the time.

Kay Hopkinson

LIFESTYLE

Such was the success of the 'Learn how to play Whist' workshop in March, that it has been decided to hold another session in July. Details of date and time will be finalized shortly and sent out from LFWI Office as usual.

The self drive visit to the Pilkington Glass Museum is proving very popular, and there is some absolutely gorgeous glassware to purchase. Christmas is coming!

All our members will be looking forward to the Walking Tour of Liverpool on Tuesday 9th July (use your bus passes Ladies to get there). Highlighted during the Tour will be the women who have influenced the culture, history and heritage of this great city.

The next event we are in the throes of finalising is a tour of Shakespeare North Playhouse in Prescot, Merseyside. After the tour, we have included afternoon tea with our visit. This theatre has been opened in the last 2 years and many people have enjoyed not only tours there but also visits to the plays which have been presented there. The feedback we have learnt from many sources is that they were thrilled that the Northwest now has such a facility. The details will be with your Secretary very soon.

Jill Woods

MEMBERSHIP

"Getting The Books Done!"

After a very busy period of dashing all over Lancashire attending Annual Meetings, your team of wonderful advisers thought this wee checklist might be of support to Treasurers and Committees regarding the required preparation and presentation of the 'dreaded' Annual Financial Statement! The financial statement shows your members what their subscriptions have been used for.

1. Requesting a Lancashire Federation IFE (Independent Financial Examiner) is highly recommended. It costs around £30. The IFEs are independent from your group, know the WI constitution and workings of the WI spreadsheet!
2. WIs should ask their members to approve appointing an IFE for next year at their Annual Meeting. If the request form is sent as soon after that as possible, then it is all in hand and doesn't get forgotten. Remember the WI's income must be below £10K to use a Federation IFE and a form can be downloaded from the LFWI website.
3. Close books 6/8 weeks prior to Annual Meeting.
4. Produce Annual Financial Statement ensuring outstanding liabilities etc. are accounted for on front sheet to ensure balance in correct boxes.
5. Submit to allocated IFE in good time, allowing for any queries and remember that IFEs will have other WI's books to be dealing with.
6. Present a full copy of the examined accounts at your Annual Meeting and have a summary sheets available for members to read. Be prepared to explain the statement, giving an outline of the year and hopefully a budget for coming year. Be prepared to respond to questions from members. Once the meeting is over collect summary sheets, or if Members wish to take them away, you should tell them that they are confidential and should be disposed of as such. If you have an Adviser attending please present them with a copy too.
7. At the Annual Meeting the adoption of the presented financial statement should be proposed, seconded and voted on by members. This vote can be done by show of hands. Then ensure this procedure is minuted.
8. Send a copy of the full financial statement to the Federation office as soon as possible

As always, please get in touch with your Adviser with any queries. We have a wealth of knowledge and experience within the team and can answer most questions quickly and easily, but we also work together as a team sharing particular questions, problems and support.

Here's looking forward to a wonderful 2024 for all our WIs.

Ruth Grimley



ALMOND AND CHERRY TRAY BAKE

INGREDIENTS

- 150g butter or Clover
- 150g caster sugar
- 3 eggs
- 75g SR flour
- 75g Ground almonds
- 100g glace cherries, halved
- Few drops almond essence
- 25g flaked almonds
- 25g icing sugar

Heather Williams

FEDERATION CHAIRMAN/
NORDEN WI

METHOD

1. Line the base of a tin 19cm x 27cm x 3cm with baking parchment
2. Cream butter and sugar until light and fluffy, add one egg at a time and 1 tbspc flour/ almond mix and beat well. Continue until all egg is beaten in.
3. Cut cherries in half and rinse in boiling water to remove syrup, dry on kitchen paper and toss in remaining flour/ almond mix. Stir the almond essence and remaining flour into the creamed mixture.
4. Pour into the prepared tin and smooth evenly, sprinkle with flaked almonds.
5. Bake at 160C fan or gas 4 for 25 – 40 minutes until an even golden colour and springy to touch.
6. Cool in the tin. Make up glace icing and pipe over top of cake before cutting into squares or fingers.
7. Store in an airtight tin. Can be frozen before icing.



TIPS FOR NEWSLETTER CONTRIBUTORS

If you want to get your WI news published, please remember:

- **Flying Visits:** short snippets about a WI event or news item. Maximum 50 words. Photos not required.
- **News from the WIs/original articles:** slightly longer. Please note ONE submission only, max.150 words. Photos optional – if submitted, please send ONE CLEAR PHOTO ONLY WHICH BEST ILLUSTRATES YOUR NARRATIVE AND NO COLLAGES as a separate attachment.
- **Tributes:** up to 50 words (no photos please).
- Please send your article in Microsoft Word to: **editorial@lfiwi.org.uk** by the submission deadline, with your email clearly marked Item for Newsletter, with photos as a separate attachment.
- Send items that will be of interest to other WI members.

Next issue deadline: **Thursday 27th June 2024**. Please be aware that items might have to be edited and anything received after the deadline date will not make the final edit. We cannot guarantee to publish every submission and the final decision lies with the Board of Trustees.



NOTES FROM THE EDITORS

Editorial Team:

Pam Aspden - Bretherton & Croston WIs
Emma Gillinder - Tarleton & Southport Scarlets WIs
Michelle Holt - Warton WI



DEADLINE FOR SUBMISSIONS
FOR ISSUE 4 - JULY / AUG 2024:

Thursday 27th June 2024

Email: editorial@lfiwi.org.uk

Pat Forder has left Editorial for other duties on the WI board. We are sure you would like to join us in thanking her for all her hard work and dedication and wish her luck with her new venture.