



**LANCASHIRE FEDERATION OF WOMEN'S
INSTITUTES
RED ROSE RESIDENTIAL COURSE**

**HIGHAM HALL, COCKERMOUTH, CUMBRIA
4/6 JULY 2025**

Following the success of our first residential break in 2024, the Federation would like to introduce you to another two-night break at Higham Hall, with three courses to choose from. We will have exclusive use of the college from Friday 4th to Sunday 6th July and this will be a self-drive/car share break.

- 1. Sensational Silks** – spend a weekend hand painting fabulous colours on silk. Whatever your skill level, all aspects of this creative expression in textile decoration will enable you to produce your own unique work of art – a scarf, cushion, or picture, taught step by step by the tutor, Mary Day **(Materials from tutor extra £22 approx)**
- 2. Bead Embroidery** – sewing beads on fabric is the ultimate in fabric embellishment, using simple, easy-to-work stitches and beads of different sizes and shapes to bring brilliance and dimension to the fabric. Make a beautiful butterfly on silk fabric, using this technique, guided by tutor Angie Burt **(Materials from tutor extra £22 approx)**
- 3. Visiting Lakeland Gardens** - discover some hidden horticultural gems of Lake District gardens, joining expert horticulturist Louise Stoddart, on an intimate tour of the gardens, including some not normally open to the public **(Supplement of £20)**

The cost for this two-night break will be £350, which includes all meals and snacks each day. Please note there is a supplementary cost to each course. (It should also be noted that the costs for the accommodation and tutors have increased since last year – this is unavoidable)

To register your interest in this residential break, please complete the application form and return it with your cheque for the non-refundable deposit of £50, payable to LFWI by 9th December 2024 (this will not be presented until your place is confirmed) to **LFWI Office, 8 Croston House, Lancashire Business Park, Centurion Way, Leyland PR26 6TU**. **If oversubscribed a ballot will be conducted.**

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