

Lancashire Federation of Women's Institutes



Issue 3 | May / June 2022

RESOLUTIONS MEETING

What a great meeting we had with Colin Foley from the ADHD Foundation!

It was also very disappointing that only 12 members were there.

Colin talked about ADHD and explained that it is a neurodevelopmental condition which can show itself in many ways including inattention, being impulsive, memory problems, being unable to cope with emotions as well as the common trait of hyperactivity.

Women and girls can often have a sense of never quite fitting in, but once diagnosed and given coping strategies and maybe medication, can lead a very fulfilling life.

I hope you have an interesting discussion at your own WI meeting and don't forget to advise your delegate to the NFWI AGM of your vote.

Jenny Bennett

Chairman's Challenge

Let us keep the people of the Ukraine in our hearts by planting sunflowers.

Each WI to plant sunflower seeds.

- ✓ Watch them grow
- ✓ Measure your flower
- ✓ Photograph your sunflower
- ✓ Send the measurement & the photo to the LFWI office by 15th Sept.

The sunflower is the national flower of the Ukraine



Grow your sunflower in a newspaper cup

CLICK HERE

to learn how or scan this QR code with the camera on your smart device

Message From Our Chair

Remember the saying "You don't know what you missed"? This is so very true - I am just back from our resolution meeting in the office. The speaker, Colin Foley from the ADHD Foundation, gave us such an insight into ADHD and autism. He was passionate about the subject and explained it to us in a way which made you look at ourselves and our families. Have we a family member who displays some of these symptoms, who may be undiagnosed and needs help?



Unfortunately attendance was low at our meeting but hopefully those zooming with National will receive the same thought-provoking information. I would like to see Colin back in Lancashire to explain more and what our members could be doing to highlight and follow up on this subject and resolution

Recently our teams have had to cancel some of their events which has been very disappointing for them and the speakers they had organised. I am hoping we can get back to some normality soon. I know some members are still feeling apprehensive about meeting up. Some of us managed to dodge the virus for two years, received the vaccinations and still managed to get Covid. I fear it is going to be with us for a while yet. Please encourage your fellow members to support the events organised - it is what Lancashire does best.

We are now thinking ahead to our council meeting next year. If you have any ideas on venues or speakers do let us know. We need to be able to seat and serve refreshments to approximately one thousand members - not forgetting the toilet arrangements! There are several factors we must consider - some are out of our control - but we do try to accommodate everything.

Has your WI planted sunflower seeds for the Chairman's challenge? Are they growing? Mine, I am afraid, are not behaving. I am talking to them, but they are not listening! I blame him indoors. I think he has drowned them while I was away but enough said.

Best wishes and keep talking to those sunflowers!

Jackie Hobson

FEDERATION CHAIR



THE MODERN BATHING SUIT

LATHOM & BURSCOUGH WI were amused when their secretary read out the following at a previous meeting:

"I have just been through the horrifying torture and humiliation of buying a bathing suit for myself, a mature woman.

When I was younger the bathing suit for my age group was designed for a woman with a mature figure, boned, trussed and reinforced, not so much sewn but engineered. They were built to hold back and uplift and they did a good job.

Today's stretch fabrics are designed for the girl with a figure carved from a pencil, and the mature woman has a choice of the maternity department, or she can visit every run of the mill department store trying to make a sensible choice from a range of fluorescent rubber.

I made what I thought was a sensible selection and entered the chamber of horrors known as the fitting room. The first thing I noticed was the extraordinary tensile strength of the stretch fabric, developed I believe

by NASA to launch small rockets from a sling shot! The problem is that modern suits have no bra, and therefore one's boobs disappear and spread across the chest like a speed bump! I lurched towards the mirror for a full assessment. I found that the bathing suit fitted alright, but unfortunately only bits of me were willing to stay inside, the rest oozed out from top, bottom and sides, I looked like a lump of play dough wearing undersized coloured cling wrap.

After unsuccessfully trying a selection I finally purchased a suit that fitted, a two piece affair with shorts style bottom and a loose blouse style top. It was cheap, comfortable and bulge friendly so I purchased it.

When I got home I read the label 'Material may become transparent in water'. Oh well I'm going to wear it anyway!"



LANCASHIRE FEDERATION QUIZ

It seems such a long time since we last held a Federation quiz. It was, in fact, back in January 2020 so it was with great excitement that on Friday 8th April, 206 quiz teams got together at 17 venues across the federation for the Federation Fun Quiz.

The 'Blackpool Belles' from **BLACKPOOL WI** were the overall winners with a total of 69 points, so many congratulations to them.

Every team that entered had a good evening, and many commented the 'fun' was back!

I am very grateful to all the quizmasters who gave their time, and to the new quizmasters who may have had their arms twisted!

Jacqui Mallinson

CHAIR, AD HOC QUIZ TEAM

LFWI FUN QUIZ AT OVER HULTON

It was lovely to host part of the Fun Quiz on Friday 8th April at our Over Hulton venue. We had 14 teams of local and not-so-local WI's and it was great to see old friends again. Lynda Williams from LFWI and Lynne, her runner, were in charge and it was all very calm and good humoured.



Over Hulton fielded a team but did not do well enough to win; that honour went to **HEATH CHARNOCK WI**. It was good for us to feel part of the WI picture as we can sometimes feel isolated. We hope everyone enjoyed the evening as we did and perhaps we can welcome everyone back again in 2023.

SCARLET CORNER

I was at a meeting last week and there was a lady there who was visiting for the first time, Caroline - a brave move to turn up on your own but she enjoyed herself. She was asking me about things, and what I told her is that the WI can be as much or as little as you want it to be: You can turn up to the meetings once a month and leave it at that; you can join in with the extra-curricula activities at your branch, (I know at my WI there are several book clubs, a craft club, a supper club, a garden club, probably things I have left off and for which I apologise); you can go wider and get involved with all the activities at Lancashire - there are courses and talks, trips and tours and the ever-exciting County Show.

And don't forget at national level there is WI Life and Denman at Home. I haven't even mentioned the various social media groups yet either.

Speaking from personal experience, the more you put into it the more you get out of it. I've learned new skills and new facts and stepped so far outside my comfort zone I can't even see it any more. I have made friends from all over Lancashire and beyond and I love it. So my advice to Caroline? Get involved with as many things as you can find time for.

Emma Gillinder

SOUTHPORT SCARLETS



Around the WIs

ANNUAL MEETINGS, BIRTHDAYS & PARTIES...



April 2022 was **ASHTON-ON-RIBBLE'S** first meeting in their new venue, Sacred Heart Community Centre.

They welcomed David Wiles, a local artist, to demonstrate and talk on the origins of wet on wet painting. As David demonstrated his skill, members were encouraged to ask him questions. Wet on wet refers to a technique of painting where a thin white oil paint known as 'liquid white' is brushed onto the canvas before any other oils are applied. This

creates a wet surface. As you apply the thicker oils on top of this, you are able to blend and move these paints to your heart's content, hence 'wet on wet'. Members were delighted when their president, Rosalind McEntee bought the painting that David had just created - the proceeds of which David donated to Heart Beat.

At their April meeting, **BARTON WI** had a talk and presentation by Stella Holt, a truly inspirational character. Originally from Lancashire, and following her nursing career, married life took her overseas to Dubai and then to Sri Lanka, where her husband worked in the construction industry. Stella is a very strong and passionate lady and this manifested itself when she was refused a work permit. Undeterred by this obstacle and with her extensive nursing experience, she was ideally suited to assist at the Prema Neva Home. She soon became chairwoman of the British Residents Association where she worked closely with Mother Teresa and fundraised substantial amounts for the care and welfare of the Sri Lankans, including the purchase of an ambulance. Stella is an amazing lady with such spirit. She really entertained members with her anecdotes. A great evening enjoyed by all.



BILLINGTON, LANGHO & DISTRICT WI have been using their members' talents as speakers for the last two months. March saw four members of the committee demonstrate a range of spring flower arrangements in up-cycled containers. All members attending then up-cycled a jam jar and produced an arrangement using one rose as a focal point with a few other flowers and lots of garden foliage. April was the turn of member,

Dr Lesley Cookson and her work with cork. At the end of the meeting everyone took home a sunflower seed in a recycled pot as part of the Chairman's Challenge (see the front page). They are looking forward to the Queen's jubilee afternoon tea when members will join in the jubilee celebrations.

BALDERSTONE & DISTRICT WI celebrated their 103rd birthday party. Members enjoyed a Jacob's join buffet, with a cake in the colours of the Ukrainian flag and table decorations using blue and yellow flowers.



The competition was a homemade spring hat. Members have also been getting out and about recently. One of their regular litter picking mornings proved to be very productive with several bags filled with rubbish. They had their first visit to their bench which they have adopted where they did some tidying and planted some native flowers.



On International Women's Day, whilst five members of **DOWNHAM WI** attended the spring council meeting, four others walked through a field path to a neighbouring village, accompanied by three dogs. The group enjoyed a refreshment stop before returning to Downham. The members loved seeing the host of golden daffodils in bloom in two triangular raised garden areas in the village car park to delight residents and visitors alike.

These were donated and planted by the WI. A team of diggers and planters, ably led by Dawn Parker, used huge amounts of top soil and bark. The planting project formed part of the delayed centenary events so rudely interrupted by covid.



...AROUND THE WIs

FRECKLETON WI have celebrated their 100th birthday. Its hard to envisage that from 1922 to 2022 women have been holding WI meetings every month for all that time. They celebrated with a party at Ribby Village in a lovely room where they were looked after by very pleasant staff serving a delicious afternoon tea. Entertainment was by Beverley Alexander aka 'Lille De Carlo' singing and playing great dance band songs of the swinging era. A beautiful cake was donated by Micheala Bass, who also won the competition. Kathy Gemmill, their president, organised a surprise gift for all with a booklet of month-by-month village events from 1922 to 2022 and Carole Ainley paid tribute to a past president for 19 years, Joyce Elstone who sadly passed away.

The 50's and 60's were remembered by **GREAT HARWOOD DISTRICT WI** when Ray Couldwell gave an entertaining talk on 'Those were the Days'. A 50's Christmas featured artificial trees, paper chains, games compendiums and stockings containing perhaps 3d, 6d, an apple and an orange. Recollections of school days included wooden desks with ink wells and nib pens. Milk was provided in small bottles, often frozen in winter. The audience were also reminded of 'Nitty Nora', cod liver oil and malt extract. Using tin baths and outside toilets followed. Television's arrival with only one station and restricted broadcasting hours was recounted and with audience help, programmes were recalled such as 'Double your Money' and 'The Lone Ranger'.

Twenty members of **HOGHTON WI** enjoyed a day in York at the end of March. With food in mind the ladies lunched, partook of an afternoon tea or ate an (early) fish and chip supper. Then there was chocolate in the form of samples given out on the tour at The York Chocolate Story and, as usual on any tour at an attraction, the shop on your way out! The lime with sea salt dark chocolate comes recommended. Retail therapy was the order of the day for some ladies while, amongst other things, a meander along the river, a walking treasure hunt and walk along some of the wall with views over the minster and of daffodils blooming on the outer slopes were enjoyed. An amble up The Shambles was a must to wonder at the architecture of the medieval shops.



HUTTON & HOWICK craft group's first project of the year was to make embellished blue and yellow felt hearts either to keep for themselves or give to someone to let them know that they

are thinking of them. These are the national colours of the Ukraine, so it is also a way of showing support for all the people there who are suffering so much at the moment.

Flying Visits

ACCRINGTON WI enjoying showing the Easter bonnets they made at their April meeting.



HOOLE WI would like to say a big thank you to all of their members for supporting the coffee morning which was started during the pandemic and is still going strong. South Ribble Borough Council acknowledged this by inviting them to the Eventbright to say thank you for stepping up when the time was right. With this in mind all nine volunteers put their glad rags on and had an excellent evening. A Mediterranean buffet was provided along with good entertainment.



Federation Chair, Jackie Hobson helped **PILLING WI** celebrate their 100th birthday in style with a delicious lunch and birthday cake. Congratulations to all the members.

To celebrate the 90th birthday of **SEFTON WI**, members were invited for afternoon tea with the Mayor of Sefton, Clair Carragher, followed by a fascinating tour of Bootle Town Hall where they were able to investigate the rich history of the borough.



WARTON WI have restarted their 'Day Trippers' group where they visit a place of interest each month. For March, they went to Lytham Heritage Centre to see an exhibition entitled 'Lytham Shops Old and New'.



In March **WARTON CRAG WI** was treated to a very interesting talk by Peta Allingham on 'Women in Islam'. She told about her experiences during her travels as a women in Islamic countries. She also talked about and demonstrated different items of dress worn by Muslim women.

HEATH CHARNOCK WI met at their new venue at Adlington Library with Lisa of Felts Forever.



Lisa demonstrated needle felting and showed her creations.



...AROUND THE WIs

Another fascinating talk this month for **KENDRICKS CROSS WI** with Keith Hick as their guest speaker. The Liverpool Overhead Railway got its nickname as it provided cover for dockers who walked underneath. The railway was built in 1893 and was the first elevated electric railway in the world. Seven miles long, the rail ran all the way to The Dingle. It was also the first railway to use automatic signalling and the first to have escalators, which became a hazard as ladies' long skirts would often get caught in them! The railway was damaged in the Blitz in 1941 but was repaired and survived. At its peak tens of millions used the transport for work and leisure. Eventually sulphur corroded the iron structure, the cheap fares meant that it did not make money and the docks began to decline. The railway ended in 1956 and millions were sad to say goodbye to the popular Docker's Umbrella.

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LOWTON WI had a very busy evening in April which began with a hanging basket demonstration given by their local landscapers with the very catchy name of 'Bloomin Nurseries'. They gave some very simple tips on how to make hanging baskets bloom! Following this there was an Easter bonnet parade, where members really did themselves proud showing a very colourful and arty display of bonnets. Well done to Vanessa, who won first prize.

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LUMB IN ROSSENDALE WI have been very busy since the beginning of the year:

January – the speaker was Karen Rainsford from Miles of Smiles, a voluntary organisation which provides treats and days out for brothers and sisters of disabled children.

February – the speaker was Emma Taylor who spoke about the Rossendale food box scheme. Boxes are placed in various places around a neighbourhood by volunteers who keep them topped up with food. Families in need help themselves. Food is donated by local supermarkets and members of the community.

March – the speaker was the Rev. Paul Martin who talked about postcards, which – did you know – often have a double meaning?

April – One of their members stepped in at the last



minute to speak about hearing dogs for the deaf. She gave an insight as to what these dogs are trained to do and her personal experience of having a deaf child.

At a recent meeting of their monthly craft club the ladies were taught Tunisian crochet by one of their members. She had made several items which she sold and donated the money to the Ukraine appeal.

Other members in the craft club produced Easter cards and a paper basket containing Easter eggs which were distributed to members.

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As part of her fund raising activities, the mayor, Elaine Silverwood, invited **LYTHAM GREEN WI** to an arts coffee morning at the town hall. After a

very interesting and amusing talk by Councillor Paul Hayhurst on the workings of the council chamber, they then enjoyed a fascinating and enlightening tour conducted by Margarete Race, chair of the Lytham St Annes Art Collection. The artworks, one worth millions of pounds, were donated by various benefactors. The collection is now among the finest town hall collections in the country and even travels the world on loan to prestigious art galleries.

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NORDEN WI welcomed retired detective chief superintendent Jane Antrobus to their April meeting to talk to them about her life 'From ASBO Child to Supercop and Beyond'. She spoke about growing up in Oldham and her rise through the ranks of Greater Manchester Police. After retirement Jane

starred in docu-dramas about the police and became the police adviser to some television shows. As well as spending time doing charity work for Crimestoppers Jane is also a celebrant and conducts marriage ceremonies, funerals, namings and other events. She is also a very keen golfer. Jane's talk had all the elements – funny, entertaining, interesting and at times thought-provoking and it was thoroughly enjoyed by all.

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It was time to celebrate for **PRESTWICH & WHITEFIELD WI** in March when they marked their 10th anniversary. The membership is still growing and it has become a popular, active and welcoming group. Their journey has been interesting with many changes but a great group of supportive women have formed a dynamic, caring WI where friendships have been made. Despite all



...AROUND THE WIs

the challenges of lockdown they continued to grow as they reached out to members online and when possible, in public places.

They stayed connected with quizzes and newsletters. In fact, the group is now so popular they have 90+ members. Jackie Hardy, their President welcomed Jackie Hobson LFWI Chairwoman and adviser, who has taken a keen interest in the group WI from the moment it was formed, right up to its 10th anniversary. Jackie Hobson awarded certificates to the members that joined us right at the very beginning and of course there was cake... a marvellous creation from June Brown. The celebrations continue with a party to mark this great achievement.



Wareings of Wrea Green are famous for their farm buildings and five generations of the family have been involved in the business. **RIBBY WITH WREA WI** were delighted when Andrew Wareing invited them to visit their heritage centre, a purpose-built structure that houses their historic collection of vehicles. These were

immaculate in the Wareing's blue livery and to their delight there were many artefacts, tools, newspaper cuttings and photos, including some of Phyllis Wareing who had been their president and a VCO for LFWI. The April meeting was a members evening. Members were asked to wear yellow or green and arrived to a hall bedecked with bunting and daffodils where they ate cakes and drank pink fizz while magician Darren Robinson demonstrated his tricks at each table. There was a decorated egg competition and a bunny drive to complete the evening. The committee was presented with thank you bags of delicious chocolates.

The Old School, **TATHAM FELLS** was very quiet on the evening of Tuesday 12th April as WI members, all budding artists, tried their hand at pebble painting. Member, Sally Hughes with her niece and nephew, Lizzy and Ed gave a short account of mandala art - painting on stones using dots. Mandala art originated in India and was taken up by Australian Aborigines in the 1970s. Examples of how to build up the pattern were shown and a demonstration on slides of the technique was given, using different sized cocktail sticks to

produce the dots. On a visit to Australia, Ed had been inspired by this art - an alternative to writing, although it is unacceptable to reproduce any of their original patterns. The pattern begins with a large dot in the centre of the stone, with the geometric pattern radiating out in different colours and sizes of dots.



Members of **VIADUCT VIOLETS WI** joined other local groups at Lyme and Wood Country Park on a 24 hour walk to raise money for the people of Ukraine. There was lots of chatter and laughter along the way to keep them going. Not everyone did the full 24 hours. Some did much more than others, but all did what they could, and a great sum was raised.



TIPS FOR NEWSLETTER CONTRIBUTORS

Here are some tips for getting your WI news and other items published:

Flying Visits: short snippets about a WI event or news item. Maximum 50 words. Photos not required.

News from the WIs/original articles: slightly longer. Maximum 150 words. Photos optional - if submitted, please send ONE clear photo to illustrate the article.

Tributes: up to 50 words.

PLEASE DO:

- Send your article in Microsoft Word to editorial@lfw.org.uk by the submission deadline with your email clearly marked 'Item for Newsletter'
- Send items that will be of interest to other WI members

PLEASE DON'T:

- Send long descriptions of speakers' presentations.
- Send lots of photos for us to choose from.
- Send the minutes of your monthly meeting.
- Miss the deadline (see last page). If your item arrives late, we may not be able to publish it.

Please note our new email address



TOURS & EXCURSIONS

I hope those of you who went on the Manchester Ship Canal cruise enjoyed your day and are ready for another excursion.

We are off to Wentworth Woodhouse in South Yorkshire on Wednesday 6th July. Wentworth Woodhouse is one of the largest houses in Europe and was once the home of the Fitzwilliam Family. A tour of the house, together with a welcome cup of tea and coffee on arrival, are all included in the cost. There are extensive grounds to explore and it promises to be a lovely day out.

I hope to see you there. Please ask your WI secretary for details.

Jacqui Mallinson

SHOWS

Please read 'On with the Show' and 'The Show Schedule'

Beeswax furniture polish in a jar - Promoting the NFWI campaign to save the honeybees

Beeswax furniture polish, candles and beauty products are items most of us have been making, and using, for decades. We have our favourite recipes changing only the fragrance to suit our moods and the seasons. Now younger generations are following our example and for the same reasons too: Saving the honeybees and the planet by using less chemicals.

For those of us who do not have our own foolproof recipes, 'The Oracle' (aka the internet) has many, many videos and recipes for all furniture types. You will need as little as three ingredients plus a shallow container and a pretty label with all ingredients printed on it (for presentation and ease of use I suggest a shallow container).

Beeswax obtained online is not expensive. 50grams of pellets could make several containers, ideal as gifts or for a charity sale. Coconut oil and essential oils are available in supermarkets and health food stores - beeswax bars too.

Dawn Threlfall



LEISURE ACTIVITIES

Our ever popular walking treasure hunt was held on Wednesday 16th March at Oak Hill Park, Accrington. It was so lovely to see our members enjoying themselves again, and I must say the refreshments were excellent. Thank you to Craig at The Victoria Hotel. The morning session was won by Kirkland WI and the runners up were Lumb in Rossendale WI. The afternoon session was won by Pendleton WI and the runners up were Chipping WI.

On Tuesday 26th July we will be organising a fish & chip supper/beetle drive at Barton Village Hall. Who can resist fish and chips and resounding games of beetle! We hope to see as many of you as we can for a fun and laughter filled evening.

We haven't heard from other WI's yet as to organising any walks. We would love to add these to our events list for the rest of the year.

Also, please consider joining our committee, we are a kind and caring group who would love to meet you.

Kathy Gemmell

CRAFTS

Just imagine, a Peaky Blinders Cap for £6 made from a tweed jacket purchased at a charity shop. Naturally I needed to hone my craft skills by attending a brilliant course held at LFWI costing just £20. What a beginning!

As we all deal with rising costs, how about saving some of that hard-earned income to make a handmade gift? No matter how small, it is sure to be a joy to receive.

So chat to your secretary, log onto the LFWI website to book an event and follow 'My WI' for more craft ideas. You too could spend a day crafting, taking time out from a busy working week and being thrifty. Use up your stash of wools, fabrics, embroidery threads and get the most from your valuable sewing machine, or maybe challenge your drawing ability? Skills learnt at a craft day can be transformed into something unique and special.

- MAY- 20th & 21st Still Life Drawing, 28th Beginner Dressmaking (1)
- JUNE 18th Beginner Dressmaking (2), 25th Beginner Dressmaking (3).
- JULY 22nd, 23rd, Flower Arranging.

Amaze your loved ones and yourself by attending one of the future courses being put in place by the C & C Committee.

Melanie Blackwell



RECIPE

Grilled hake with crushed new potatoes and butter sauce



INGREDIENTS

- 2 pieces thick hake shoulder
- 10g butter, melted
- Sea salt and black pepper

For the crushed new potatoes:

- 200g new potatoes
- 4 spring onions, chopped finely
- 15g butter

For the butter sauce:

- 300ml chicken or fish stock
- 1 tbsp light soy sauce
- 35g butter
- 1 tomato, skinned and seeded, diced
- 1 tsp basil leaves, chopped finely

METHOD

1. Place the fish on a piece of foil and sprinkle with salt and fresh black pepper, turn over so the skin side is uppermost and brush with melted butter
2. Prepare the potatoes by cutting in half and boiling in a pan of water with the chopped spring onion until tender – 20 minutes.
3. For the butter sauce, put the chicken or fish stock in a pan with the soy sauce and reduce by half by boiling rapidly. Add the butter and basil and chopped tomato.
4. Grill the fish for 8 minutes without turning over under a hot grill.
5. Drain the potatoes and return to the pan, crush gently with a masher or fork, should be a rough texture.
6. Spoon the potatoes onto a warm plate, place the fish on top and spoon over the butter sauce.
7. Serve with green beans or broccoli

Heather Williams

BOARD OF TRUSTEES / NORDEN WI

SCIENCE NOTES

You will find batteries in almost every room of the house for electrical goods, toys, remote controls, camera etc. Fact is that each adult uses about 10 batteries a year.



Thousands of tonnes of CO₂ emissions could be avoided if we meet our re-cycling targets. In 2020 40,000 tonnes of portable batteries were sold in the UK but only about 18000 tonnes were re-cycled. Most batteries therefore are ending up in landfill. These batteries can contain dangerous chemicals such as lead, cadmium, zinc, lithium and even mercury. As the battery rots these chemicals leak into the ground which in turn causes water pollution. Animals and humans could be harmed.

Recycling is a great way to protect the environment. Each battery recycled is taken apart and the materials used to make something new. We will soon have a box for recycling in the office but you can recycle batteries in supermarkets, schools and other public places.

Please try to recycle your batteries.

PS. You can also get cash for your ink cartridges. Search 'cash for cartridges' to find out more.

Pam Coates

SCIENCE CO-ORDINATOR



The WI
at

Work



1. Collect conkers etc, grow your own saplings to be planted locally.
2. Green Audit your WI meeting venue.
- 3 Take your personal carbon footprint—compare winter with summer
4. Visit a farm for a walk and discuss food production concerns.
5. Guided tour of an allotment, discuss alternative growing methods.
6. Make montage of your WI's Green resolutions and work with your community
7. Draw a plan of your area highlighting the green spaces and wildlife.
8. Walk and litter pick for ACWW 'Walk the World' April 2022.
9. PSPB 'Bird Watch' and or local survey of bird, insect, & plant life.
10. Link with local Primary School for Environment/Gardening project.

Saving the Planet

One step at a time

TRIBUTES



BARTON WI are sad to report the passing of Shirley Sparks - a member for 12 years and joint president with Fay Percival for over three years. She was a very enthusiastic and lively member, always full of ideas to entertain the members and will be greatly missed.

It is with great sadness that **NORDEN WI** report the sudden passing of Sylvia Skoins, an enthusiastic member, past secretary and minutes secretary. Sylvia will be missed, as will her tremendous talent for writing very amusing monologues and poems. RIP Sylvia.

On Easter Day, **HEARTS OF HALTON WI** lost much-loved member Sandra Hodgson, a member for many years, Vice President for eight years and President for five, she fully accepted changing the WI's name to become a more modern and upcoming group. A nurse, Queen's nurse, district midwife and district nursing sister, who could tell a tale or two to make everyone laugh. Sandra passed peacefully after a reasonably short battle with cancer. Very brave until the end - nothing less was expected from such a strong Scottish lady, who be greatly missed.

We send our condolences to all of their families and WI friends.

BOOK REVIEW

THE APPEAL, BY JANICE HALLETT

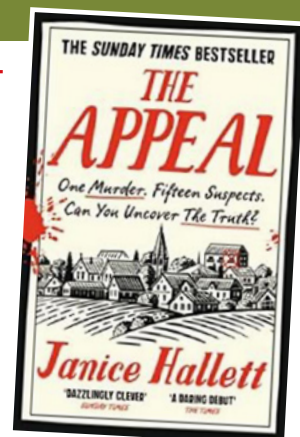
Not only 'whodunnit' but 'what was done', as the crime at the heart of this is hinted at, but kept under wraps until quite late. Told in the format of a dossier of emails, text messages and newspaper clippings given to two legal students who are trying to identify a murderer.

The Fairway Players are putting on their annual theatricals - complete with drama queens of both genders, back-stabbing, upstaging and overheated emotions - and I greatly enjoyed the layered picture of a small community group, full of egos and status and obsessing over the smallest of small stuff, while in the background, blind eyes are turned to matters of life and death.

I liked this a lot - wickedly funny. More a clever send up of village or small town life, and the dynamics of a community group than a mystery - but I would definitely recommend it as a fun read.

Maura Heaphy Dutton

CROSTON WI



ASCOT QUIZ

1. In which county is Ascot ?
2. Which is the nearest Royal residence ?
3. Which is the nearest famous school ?
4. Who decided that Ascot would be an ideal place for a racecourse ?
5. In which year ?
6. In which year did Ascot become Royal status ?
7. Which year saw the first cavalcade ?
8. Led by which Monarch on the throne ?
9. The procession starts from where ?
10. How many coaches usually process ?
11. Which coaches are usually used ?
12. Usually pulled by which horses ?
13. To whom do the two outriders to the Royal coach belong ?
14. At what speed do they progress ?
15. From where were the coachmen formerly recruited ?
16. The well known name for the jockey's attire ?
17. Name the main stand ?
18. And the main enclosure ?
19. What is Royal Ascot famous for in the racing world ?
20. For what else is it famous ?
21. Shown on which very important day ?
22. And the main race on this day ?
23. What other 5 races are named after Royalty ?
24. Which film musical featured Royal Ascot ?
25. And the piece of music in this scene ?

ANSWERS TO THE MISSING TOWNS (Issue 2/2022)

- | | | |
|--------------|-----------------------|---------------|
| 1. Wick | 10. Barrow in Furness | 19. Fleetwood |
| 2. Margate | 11. Scarborough | 20. Cardigan |
| 3. Dover | 12. Portsmouth | 21. Portrush |
| 4. Folkstone | 13. Minehead | 22. Bangor |
| 5. Ryde | 14. Newquay | 23. Tenby |
| 6. Torquay | 15. Cork | 24. Belfast |
| 7. Holywell | 16. Liverpool | 25. Brighton |
| 8. Southport | 17. Ayr | |
| 9. Blackpool | 18. Cardiff | |

NOTES FROM THE EDITORS

Editorial Team

Pam Aspden - Croston and Bretherton WIs
 Patricia Forder - Hutton & Howick WI
 Emma Gillinder - Southport Scarlets WI
 Julie Gudgeon - Lathom & Burscough WI
 Fran Walker - Heath Charnock WI



DEADLINE FOR SUBMISSIONS FOR ISSUE 3

Thursday 9th June 2022

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