GrowthPoint360

Multidimensional Leadership Coaching

PROFESSIONAL. PUBLIC. PERSONAL.

Leadership doesn't grow in pieces.

Leadership challenges rarely exist in only one area. How leaders think and respond internally affects how they communicate, make decisions, lead others, navigate complexity, and are perceived by the people around them.

GrowthPoint360 provides individualized support that connects personal insight with professional effectiveness and public perception. Fully integrated, the work considers how each strengthens – or limits – the others.



Growth happens at the point of alignment.

When the three dimensions align, leaders turn personal insight into executive presence, communication into influence, and professional perspective into greater leadership impact.

Understand	Communicate	Lead
yourself more fully	with greater clarity	others more effectively

Alignment begins with the right partner.



Elizabeth B. Walden, LPC, MA

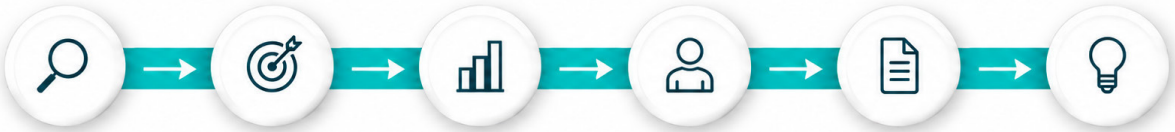
Elizabeth Walden brings more than 25 years of experience across behavioral health, healthcare leadership, and strategic communications. A Licensed Professional Counselor and former healthcare executive, she has led organizations through significant transformation, advised executives during high-stakes communications and thought leadership, and helped thousands navigate personal challenges and change. Through an integrated partnership, this unique expertise allows clients to connect these critical dimensions for greater leadership impact.

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What to expect

Each coaching engagement is one-on-one, confidential and highly personalized. The work follows a clear structure designed to clarify goals, support growth and strengthen leadership impact. Progress is reviewed throughout the engagement with goals evolving as meaningful outcomes are achieved.

The process



EXPLORE	DEFINE	MEASURE	ENGAGE	REVIEW	EVOLVE
Understand the leader, context, opportunity	Clarify focus, priorities, outcomes	Establish metrics, success indicators	Facilitate sessions, practice applications	Evaluate milestones, progress, direction	Develop additional goals or conclude

The three dimensions

Professional

Help leaders increase effectiveness, influence, and organizational impact

- Navigate greater responsibility or transition into executive leadership
- Lead through growth, change, and ambiguity by building trust, accountability, and alignment

Public

Help leaders communicate what they believe and how they see the future

- Clarify a distinctive leadership voice, point of view, and presentation
- Strengthen executive and organizational communications
- Prepare for speaking engagements and media

Personal

Help leaders understand the patterns that shape how they lead

- Strengthen self-awareness and emotional intelligence
- Recognize patterns, assumptions, and reactions that affect performance
- Build resilience, confidence, and intentionality

Ready to strengthen your leadership impact?

Let's talk!

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