

	STEP 1	STEP 3		STEP 2						
	lactate test	tracking & analysis		Nervous System Mastery	TRE (Tension Release Ex)	Breathing Patterns	Targeted Breathwork	Metabolic Optimization	Biohacking	Person. Nutrition
single	\$199	\$69		\$499	\$269	\$269	\$499	\$499	\$699	\$499
group:										
5+	\$169	\$59		\$399	\$239	\$239	\$399	\$399	\$599	\$599
10+	\$159	\$49		\$299	\$169	\$169	\$299	\$299	\$499	\$399
20+	\$139	\$39		\$199	\$139	\$139	\$199	\$199	\$399	\$299
50+	\$119	\$29		\$119	\$119	\$119	\$119	\$119	\$299	\$199

You may purchase just STEP 1, any or all modules within STEP 2, or STEP 3, OR any combination that suits your needs.

Contact us for more details or with any questions you may have.