

Speakers BIO – Mike Van Thielen, PhD.



International Keynote Speaker / Mentor

Bestselling Author

PhD. Holistic Nutrition / Biohacker

World Record Holder (swimming)

Entrepreneur

Philanthropist

Known as “Superman”, Dr. Mike’s credentials are equaled by very few in his field. He is a pioneer in biohacking, regenerative medicine, health and wellness, nutrition, athletic performance, peak performance, and optimizing productivity and focus.

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General Bio

Dr. Mike Van Thielen, PH.D. HOLISTIC NUTRITION, BIOHACKER, MENTOR, HEALTH & WELLNESS EXPERT, BESTSELLING AUTHOR, INTERNATIONAL KEYNOTE & MOTIVATIONAL SPEAKER, AND WORLD RECORD HOLDER (swimming), has been involved in optimal health practices, anti-aging and regenerative medicine, sports performance, nutrition, and supplementation for over three decades.

As a top swimmer in his native Belgium, he gained interest in optimizing health and athletic performance. Dr. Van Thielen graduated from the University of Brussels (Belgium) in 1993 with a bachelor's degree in physical education and in 1995 with a master's degree in physical therapy. He served as the assistant coach and physical therapist for Belgian Olympic swimmers in preparation for the 1996 Olympic Games in Atlanta.

After saving \$400, Dr. Mike packed a backpack and moved to Florida in 1997. After managing several pain management clinics, he pursued his Master of science in Oriental medicine and his Bachelor of Science in professional health studies from the Florida College of Integrative Medicine in Orlando.

Dr. Mike is a licensed physical therapist, a licensed acupuncture physician, and a doctor of Oriental Medicine, with certifications in injection therapy, homeopathy and homotoxicology, Chinese herbal medicine, and non-invasive cosmetic procedures. He also has a Ph.D. in Holistic Nutrition from the College of Natural Health.

Besides being well-versed in various health applications, Dr. Mike Van Thielen also holds various business and marketing certifications. He has vast business experience and a proven record of establishing and developing successful business operations.

Dr. Mike has owned multiple anti-aging clinics in central and northeast Florida and developed a successful system to create

customer loyalty that boosted new customer referrals and resulted in retaining more than 90% of existing customers.

In 2008, he founded a company that certified health care professionals in health and wellness programs, sensible weight loss, and natural non-invasive cosmetic procedures, and trained over 1,000 professionals in just 5 years. Dr. Mike sold the business in 2014 and has since dedicated himself to biohacking and bio-regenerative medicine applications.

Dr. Mike is the author of the revolutionary book "Health 4 Life – User Manual" (2014) and is featured in the book "Motivational Speakers America – The Indispensable Guide to America's Business and Motivational Speakers" as a Top International Keynote Speaker alongside celebrities such as Les Brown and Brian Tracy. In addition, Dr. Mike has shared the stage with Darren Hardy, owner of Success Magazine, Nick Vujicic, Dr. Fab Mancini, Del Bigtree, and many others.

In 2019, Dr. Mike published "Stem Cells 1-on-1: A consumer guide" and a short autobiography named "Walking the Talk – The \$400 Journey". In 2020 he published "Fibromyalgia into Remission" and "Optimize Your Immune System – Be Bullet Proof against Viruses and Diseases of the 21st Century". "EMR (Electro-Magnetic Radiation) – The Invisible Threat" was an Amazon best-seller in March of 2022. His new book "The Key to Your Success – Optimize Productivity and Focus, Free Up Valuable Time, and Live Stress-Free" is scheduled to be published in November of 2022.

Dr. Mike is an All American and is a current World Record Holder (4x100m Freestyle, 160+). He also holds 31 U.S. National Titles and 2 YMCA National records. He is a proud member of the exclusive WSA – World Sports Alumni.

Currently, Dr. Mike is the Chief Medical Officer at ClarigenZ and the Executive Director of Physical Therapy, Wellness, and Regenerative Medicine at Emerge HealthCare (Melbourne, FL). He

is a Biohacker, mentor, entrepreneur and philanthropist, and proud father of two beautiful daughters.

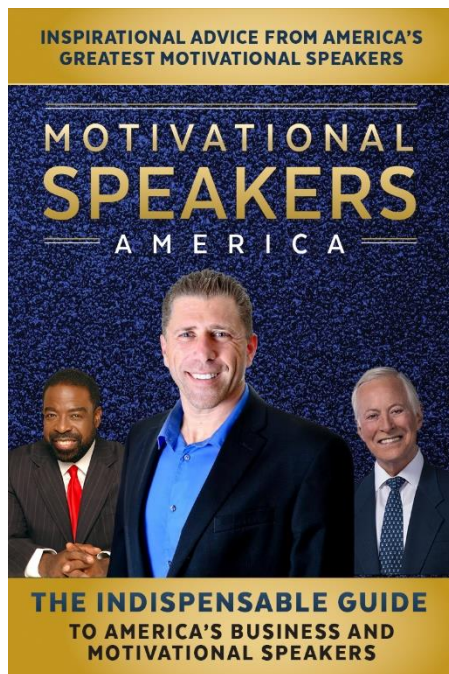
World Record Holder



Dr. Mike walks the talk and is the product of his products. Dr. Mike, born in Belgium in 1971, began competitive swimming at the age of 8. He became the national age group champion in 1979 and 1982 and swam an age group national record in the 100m butterfly in 1983. 22 years later, Dr. Mike decided to start competing again. He currently has a World Record, 2 YMCA National records, 11 Belgian master Records, and won 31 U.S. National titles. He was rewarded the "ALL AMERICAN" status in 2017 for competing in 37 events and winning all 37. He is a proud member of the World Sports Alumni (WSA).

Speaking Experience

Dr. Mike is an International Keynote Speaker and has performed across the U.S., Canada, and Europe. He is featured in the book "Motivational Speakers America – The Indispensable Guide to America's Business and Motivational Speakers" as a Top International Keynote Speaker alongside celebrities such as Les Brown and Brian Tracy. Dr. Mike also shared the stage with Darren Hardy, owner of Success Magazine, Nick Vujicic, Dr. Fab Mancini, Del Bigtree, and many others.



"Witnessing Dr. Mike on stage made me realize what a great communicator and awesome entertainer he really is. His health message is very unique and appeals to anyone interested in obtaining optimal health and achieving peak performance. He is definitely a must-see!"

Charlie Williams, CEO World Sports Alumni

Dr. Mike's speaker page with sample performances and video testimonials:

<https://mvtonline.com/keynote-speaker>



Speaking Topics

Dr. Mike is well-versed in all topics related to health, wellness, corporate wellness, nutrition, peak performance, supplementation, functional medicine, regenerative medicine, anti-aging, biohacking, and optimizing productivity and focus.

He can customize presentations based on the client's needs and desires.

Popular Topics:

SCALING BIOHACKING

This exciting presentation engages the audience in asking about the superpowers they wanted as a kid and what happened to those dreams.

Dr. Mike proposes a 3-step action plan to realize those lost dreams, assemble a team of experts, and be the best you can be. A definition of biohacking, scaling of biohacking, aging accelerators, and biological stressors is discussed.

Various biohacking compounds, modalities, and strategies are explored. An action plan and powerful closing conclude the presentation.

THE KEY TO YOUR SUCCESS – Optimize Productivity and Focus, Free Up Valuable Time, and Live Stress-Free.

In our modern-day, technology driven society, we are constantly bombarded with a gigantic influx of information, and we do not have the system in place to organize this chaos and be in control.

We need to decide what's most important to us, what defines success for us individually, and who we want to be in 5, 10, and 20+ years from now. We can't keep on doing the same things and expect different results, right? We need to set our goals, prioritize, organize before executing, stop wasting time on projects that don't fit our dreams, and be in control of our daily calendar.

Stress comes from a lack of control, the unknown, being unorganized, lack of purpose and life goals, always putting out fires, feeling overwhelmed, fear of failure, and worrying. This presentation will share powerful, easy-to-implement strategies and tips to gain clarity and total control of your life, optimize productivity and focus, and live a happy and stress-free life. Dr. Mike also discusses the pros and cons of smart drugs and nootropics, the importance of a healthy lifestyle, and the skills to control your emotions, be mindful, and manifest.

Whether you are a Silicon Valley CEO, a top athlete, a John Doe, or someone afflicted with conditions such as ADHD, anxiety, and/or depression, you will greatly benefit from the strategies presented.

HOW TO REGAIN CONTROL OF YOUR HEALTH?

WHAT IF you could REGAIN CONTROL of your health? Create an extraordinary quality of life?

Our health standards have become extremely low. SICKNESS is accepted as part of aging while the TRUTH remains that HEALTH and HAPPINESS are easily attainable for anyone. We all have the choice either to be sick and suffer or to be healthy and happy. It's time to take control and regain optimal health.

In a fun, entertaining, bold, straightforward, and easy-to-understand format, the audience will learn:

- ✓ HOW our bodies REALLY work

- ✓ The single Cause of ALL disease
- ✓ The 5 C.L.E.A.N. Living Principles
- ✓ The TRUTH about supplements
- ✓ Action Plan

Dr. Mike clears up many confusions and misconceptions about health and proposes a user-friendly action plan. He interacts with the audience and creates awareness about our current health standards, motivating the attendees to take control of their health and their lives, and perform at maximum potential.

“It’s simply amazing how Dr. Mike sheds a light on what health REALLY is, and how he communicates this incredible, important message to his audience. You will absolutely love this experience!”

Dr. Greg Carder, member, American Academy of Anti-Aging Medicine.

PERFORMING AT MAXIMUM POTENTIAL

In his presentation, both business professionals and elite athletes alike will benefit. Dr. Mike shows the link between being in optimal health and performing at maximum potential while proposing a simple Action Plan.

Dr. Mike shows you HOW to regain control of your health, optimize your health, and become superhuman. He clears up confusions and misconceptions about health, elaborates on proven performance enhancing strategies and technologies. Discussion points include performance enhancing supplements and nootropics, strength training tips, biohacking body and brain, optimizing focus, the mental game, lactic acid hacks, and more.

Ready for a thrill ride?

EMR (Electro-Magnetic Radiation)/THE INVISIBLE THREAT: Strategies to Shield Yourself and Repair Your DNA.

As we adopt smart technology and computer assisted living in every part of our life, and welcome its conveniences, we dismiss the health ramifications that come with it.

A large body of science clearly shows how the exposure to exponentially increasing electro-magnetic radiation (EMR) causes harm to our body and is a causative and/or contributing factor to many diseases, including cancer. This is not science fiction, but science fact.

This presentation raises awareness of the EMR threat and reveals the various sources of the continuous, invisible, silent, and odorless exposure to EMR, including cell phones and Wi-Fi. Dr. Mike explains how ionizing and non-ionizing radiation affects the physiology and biology of our body, and all living organisms.

Those of us who want to positively impact their current health issues, are in ill-health, want to prevent disease, and/or stay in optimal health need to implement a low-EMR lifestyle. Dr. Mike shares easy to implement strategies to remove or significantly lower the exposure to EMR, shield yourself from radiation, and reverse the EMR damage done.

Dr. Mike provides an easy-to-implement action plan, allowing us to reduce EMR exposure immediately and help us regain or maintain control of our health.

OPTIMIZE YOUR IMMUNE SYSTEM - BE BULLET PROOF AGAINST VIRUSES AND DISEASES OF THE 21ST CENTURY

This presentation provides a simple action plan for people that are in ill-health, have a compromised immune system, or want to guard themselves against viruses and disease with proven and preventative measures, and exhibit optimal health and vitality.

Instead of being a victim of the ever increasing human exposure to natural viruses and diseases, and man-made bio-weapons that are designed to control the human population, it's imperative that you optimize your immune system so that your body can accomplish what it always was designed to do: fight off pathogens and disease without the interference of man-made drugs and poisonous vaccines.

Dr. Mike exposes some medical myths and shares a different and innovative view on health and disease with the audience. Learn how our immune system really works, how to hack your killer cells, stimulate your lymph flow, upgrade your diet, include the right supplements and oils, improve gut health, employ the power of your mind and become bullet proof against the viruses and diseases of the 21st century.

REGENERATIVE THERAPIES – NEW DIMENSIONS

As the former President / CEO of Neo Matrix Medical, a premier provider of Regenerative Medicine applications and Stem Cell Based therapies in the U.S., Dr. Mike Van Thielen has a vast experience in this field. Dr. Mike will discuss the beginnings of stem cells and walk you through the advances that have occurred and the exciting future of these regenerative therapies.

Dr. Mike clears up the confusion on stem cells and stem cell based therapies and debunks the misconceptions that are out there. He will discuss manufacturing processes of these stem cell-based products, FDA recommendations and guidelines, and scientific based treatment options. Other modalities, such as shockwave therapy, the effects of fasting, and infusions with exosomes are explained.

Dr. Mike will share the “7 key questions you should ask when considering regenerative therapies” so that you can ask the right questions and assure you get the right product and the right

procedure from the right provider. Standing ovations from audiences everywhere testify to this immensely educational and exciting presentation.

CREATING CUSTOMER LOYALTY - 10 Easy Ways to Simply Excel and Boost Income 500%.

In his Customer Loyalty presentation, Dr. Mike shares a very cost-effective system that can easily be incorporated into any business model. Word-of-mouth advertising is still the most powerful and most effective way to increase business. In the words of Jeffrey Gitomer: "A satisfied customer shops everywhere; a loyal customer only shops at your place."

Loyal customers will give you referral business. This concept is not new, but how do we put a system in place and monitor the success of this system? Dr. Mike elaborates on his easy-to-implement system that boosts profits through the attraction of new customers and the high retention of established customers. In his Creating Customer Loyalty presentation, Dr. Mike interacts with the audience and performs role-playing to emphasize certain key points, in a very fun and entertaining manner.

OTHER TOPICS:

Medical Cannabis and CBD-oils

Medical weight loss

Fibromyalgia

ADHD, Anxiety, Depression

Speaking Formats

- ✓ Public Speaking - Keynote/Motivational Speaker
- ✓ Online events / Zoom meetings
- ✓ Workshops & Retreats
- ✓ Mentorship
- ✓ Customized training / Personal training
- ✓ Certification for Health Care Professionals

Target Audiences

- ✓ Corporations and Organizations that are interested in creating health awareness; to provide an easy Action Plan for their team, sales force, or employees to increase productivity and longevity, and maximize performance.
- ✓ Direct Sales companies and Wellness/Nutrition/Supplement companies that would like to promote and validate their exclusive products and motivate distributors and affiliates to become a product of their product.
- ✓ Any Organization interested in boosting profits by creating customer loyalty.
- ✓ Any Organization interested in learning about any of the speaking topics.
- ✓ Individuals interested in mentorship:
<https://mvtonline.com/mentorship-programs>

Why have Dr. Mike Speak at your events?

Dr. Mike shares his vast experience on health, wellness, and biohacking and, more importantly, on how to regain control of your health and perform at maximum potential.

Dr. Mike speaks from the heart and believes that the fast and changing pace of life, our daily stresses, lack of activity, a toxic environment, and the mass production of unnatural foods and

drinks has caused us to be in ill health. Optimal health promotes happiness and inner peace and allows us to perform at maximum potential. Optimal health is the foundation to success in life.



Dr. Mike is an Experienced and Compelling Professional Speaker with a background as both top athlete and health and wellness expert with a PhD. in holistic nutrition, and as a bestselling author. Dr. Mike is an enthralling, captivating, mind-opening international speaker. Dr. Mike is known for how easily he engages and inspires an audience, and for simplifying and clearing up many health concepts and misconceptions while creating awareness and motivating the audience to take action.

Dr. Mike is a Charismatic, Passionate, and Energetic Speaker. Dr. Mike connects on both an intellectual and emotional level. His unsurpassed passion is felt throughout his entire presentation and resonates long afterward. Dr. Mike is energetic and his fast-paced presentations showcase solid content and knowledge that is presented in a completely understandable,

makes-sense, easy-to-implement way. Dr. Mike connects and builds rapport with even the toughest audience and lead them on an adventure of discovery, as he clears up long-established misconceptions and myths about health and disease. Corporations, business owners, and business groups learn exactly how to regain control of their health and get back on track.

Dr. Mike will set the bar high when opening and closing your event. He delivers value, time and time again. He will provide a talk expertly tailored to your needs and he will share the proven tools for personal and professional empowerment. Your audience will rave about you and thank you for a unique and revealing insight on health and on performing at maximum potential.

Testimonials

Video testimonials and written endorsements:

<https://mvtonline.com/endorsements>



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