

Bridging the New Earth: From Dolores Cannon's 5-Year Code to Edgar Cayce's 2026 Vision

1. **“Dolores Cannon’s Final Timeline: The 5-Year Code to Unlock the New Earth (2025-2030)”**

https://youtu.be/RNhGrDb_iqY?si=PkbtGJ5KXJYCFFvf

2. **“Edgar Cayce Predicted for Trump in 2026 Will Surprise You”**

<https://youtu.be/XBRWm543glU?si=u5blGxJTeNVab-WQ>

3. **“The 5 ‘Safe Zones’ Dolores Cannon Revealed (and the ONE Place to Avoid)”**

4. <https://youtu.be/Q2Q2w8sums0?si=gzlb3l6CHOqSYcW>

We'll summarize the key themes, explore intersections, and consider what these ideas might mean for those of us navigating transformational times.

1. Dolores Cannon's Final Timeline: The 5-Year Code to Unlock New Earth (2025-2030)

According to the video's title and the broader Cannon canon, the core idea is that we're entering an accelerated window of transformation between 2025 and 2030. Dolores' work argued that humanity is on the cusp of a “New Earth” — a shift in consciousness, reality, and perhaps even in the structure of society and planet.

Key elements likely covered in the video:

- **A five-year code:** a kind of roadmap or sequence of energetic, spiritual and physical shifts that will unfold through 2025-2030.
- The notion of “unlocking” the New Earth: that is, moving from an old paradigm (based on fear, separation, materialism) into a new paradigm (based on unity, consciousness, higher vibration).
- Practical and spiritual signposts: the video likely outlines how to align with this timeline — via inner work, raising vibration, letting go of old patterns, understanding one's role in the shift.
- Transition and choice: According to Dolores' teaching, these are not passive events — individuals and collectives must *choose* evolution, consciously align, and participate in the emergent reality.

- Anchoring presence: She often emphasized that the essence of awakening is remembering our true identity as light, love, source. For example, she said:

“The awakening is the purpose. ... Each cell ... we are light, we are love.” [Goodreads](#)

- Because Dolores’ work often draws on past-life regression, alien/other worlds, and multi-dimensional consciousness, the timeline may also include references to non-terrestrial assistances, star-seeds, volunteers, the Three Waves (a concept she introduced) of souls coming to Earth to help this transition. www.storytel.com

Take-away: The video invites viewers to see 2025-2030 as a pivotal window: not just another five years, but *the* five years to consciously step into the New Earth. It invites preparation, vibration-shift, and readiness.

2. Edgar Cayce Predicted for Trump in 2026 Will Surprise You

This video claims that Edgar Cayce — long passed away — made predictions that relate to Donald Trump (or more broadly to political/leadership dynamics) in the year 2026. While I could not locate a direct and verifiable Cayce reading that uses Trump by name in the public record (his readings precede Trump’s era), the presentation likely draws on the broader theme of Cayce’s “Earth Changes” prophecies and attempts to apply them to contemporary political reality.

Key themes likely addressed:

- Cayce’s notion of “Earth Changes”: large scale transformations (natural, social, geo-political) he foresaw. [Wikipedia+1](#)
- A 2026 time-marker: The video probably suggests that 2026 will be a tipping point year for leadership, power, and/or political structure in the U.S. (with Trump as a symbol or actor).
- Surprise element: The “will surprise you” suggests that the predicted outcome or role is unexpected — maybe a reversal, a pivotal event, or a shift in status quo.
- Interpretation, rather than direct quote: As often with Cayce’s work, followers interpret the trances, then map them to modern contexts. The video likely uses Cayce’s style of prophecy (trance readings) and overlays them on Trump’s scenario.
- Implication for broader awakening: If Cayce’s predictions are to be taken as part of the transformation narrative, then this video likely ties back to the larger theme of transition, consciousness, and global change.

Take-away: The video positions 2026 as a significant pivot year, using Cayce’s metaphysical legacy to interpret political events. Whether one treats it as literal or symbolic, it invites watching the leadership scene with an eye to cosmic timing.

3. The 5 ‘SAFE ZONES’ Dolores Cannon Revealed (And the ONE Place to AVOID)

In keeping with her style of giving specific guidance for transition, this video lays out five “safe zones” for individuals during turbulent times—and one location or energetic state to avoid.

Key elements:

- Safe zones: Likely categories such as *inner calm*, *community of like-minded souls*, *geographic locations less prone to chaos*, *states of consciousness (love, service, surrender)*, and *alignment with purpose or mission*.
- The ONE place to avoid: In Cannon’s framework, this often means *fear-based states*, *densely polarized environments*, *isolated struggle without support*, or perhaps *geographies* tied to high risk (earth changes, geopolitical tension).
- Purpose: The video seeks to empower viewers to choose conscious alignment, knowing where to anchor themselves during the shift, and where to steer clear of energy-draining or destabilising situations.
- Link to timeline: This content complements video #1 by offering *practical “where to be” and “what to do”* during the 2025-2030 window.
- Community & service: Dolores often emphasised that many of her clients/sessions revealed that we are here not just for ourselves but for collective evolution. The safe zones likely include *serving from love*, *unity consciousness*, and *inner peace*.

Take-away: This video is a practical companion piece: once you buy into the idea of an accelerated shift, you need orientation—what to hold onto, where to situate yourself, and what to avoid so you thrive rather than just survive.

Synthesis: How these three messages interlock

Putting the three together, a coherent narrative emerges:

- We are in a critical phase (2025–2030) of reality-shift (Dolores’ timeline).

- Within that window, specific hinge-points occur (e.g., 2026 in the Cayce/Trump video) where leadership, power, and global change might accelerate or pivot.
- To navigate this, practical guidance is offered in terms of safe zones, consciousness alignment, and energetic preparation (the safe-zone video).

From a “Limitless Lab” perspective (since you explore consciousness, transformation, healing), you could interpret this as an invitation to prepare your inner system (water, air, light, movement, rest, nutrition, mindset—as your IZOD Method teaches) to ride this shift. The outer events (political, geophysical) mirror inner evolution.

Critical Reflection & Application

- These teachings are metaphysical and speculative. While they draw on the legacy of Dolores Cannon and Edgar Cayce, they should be taken as *symbolic maps* rather than deterministic blueprints.
- The value lies in the invitation—to awaken, to choose, to align—rather than in pinpoint accuracy of events.
- For your work (neurology + wellness modalities), these can serve as frameworks: the “5-year code” becomes a metaphor for body-mind-spirit recalibration; the “safe zones” translate into lifestyle environments (restorative habitats, community, coherence practices); the “2026 pivot” becomes a time marker to intensify offered programs.
- It could be helpful to design a “2025-2030 activation plan” for your patients/participants: aligning their biology (water, air, light etc) to meet the shift, while holding awareness of broader energetic transitions.