

GENERAL BIO

Dr. Mike Van Thielen, PH.D. HOLISTIC NUTRITION, HEALTH & WELLNESS EXPERT, RENOWNED AUTHOR, INTERNATIONAL KEYNOTE & MOTIVATIONAL SPEAKER, AND WORLD RECORD HOLDER in SWIMMING, has been involved in optimal health practices, anti-aging and regenerative medicine, sports performance, nutrition, and supplementation for over three decades.

As a top swimmer in his native Belgium, he gained interest in optimizing health and athletic performance. Dr. Van Thielen graduated from the University of Brussels (Belgium) in 1993 with a bachelor's degree in physical education and in 1995 with a master's degree in physical therapy. He served as the assistant coach and physical therapist for Belgian Olympic swimmers in preparation for the 1996 Olympic Games in Atlanta.

Dr. Mike moved to Florida in 1997, and after managing several pain management clinics, he pursued his master of science in Oriental medicine and his bachelor of science in professional health studies from the Florida College of Integrative Medicine in Orlando.

Dr. Mike is a licensed physical therapist, a licensed acupuncture physician, and a doctor of Oriental Medicine, with certifications in injection therapy, homeopathy and homotoxicology, Chinese herbal medicine, and non-invasive cosmetic procedures. He also has a Ph.D. in Holistic Nutrition from the College of Natural Health.

Besides being well-versed in various health applications, Dr. Mike Van Thielen also holds many business and marketing certifications. He has a vast business experience and a proven track record of establishing and developing successful business operations.

Dr. Mike owned several anti-aging clinics in central and northeast Florida and developed a successful system to create customer loyalty that boosted new customer referrals and resulted in retaining more than 90% of existing customers.

In 2008, he founded a company that certified health care professionals in health and wellness programs, sensible weight loss, and natural non-invasive cosmetic procedures, and trained over 1,000 professionals in just a few years. Dr. Mike sold the business in 2014 and has since dedicated himself to bio-regenerative medicine applications and stem cell-based therapies.

Dr. Mike is the author of the revolutionary book "Health 4 Life – User Manual" (2014) and is featured in the book "Motivational Speakers America – The Indispensable Guide to America's Business and Motivational Speakers" as a Top International Keynote Speaker alongside celebrities such as Les Brown and Brian Tracy. Dr. Mike also shared the stage with Darren Hardy, owner of Success Magazine.

In 2019, Dr. Mike published "Stem Cells 1-on-1: A consumer guide" and a short autobiography named "Walking the Talk – The \$400 Journey". In 2020 he published "Fibromyalgia into Remission" and "EMR (Electro-Magnetic Radiation) – The Invisible Threat" was an Amazon best-seller in March of 2022.

Dr. Mike is an All American and is a current World Record Holder in swimming. He also holds 28 U.S. National Titles and 2 YMCA National records. He is a proud member of the exclusive WSA – World Sports Alumni.

Currently, Dr. Mike is the Chief Medical Officer at ClarigenZ and the Executive Director of Physical Therapy, Wellness, and Regenerative Medicine at Emerge HealthCare (Melbourne, FL). He is an entrepreneur and philanthropist, and proud father of two beautiful daughters.



Mike Van Thielen, PhD.
Cell (386) 295-1051
drmikevt@ymail.com
www.mikevanthielen.com