**PROPOSAL FOR FLYING GIRLS MALAWI ON REUSABLE SANITARY PADS PROJECT**

PROJECT NAME: Reusable Sanitary Pads for All

PROJECT LOCATION: Blantyre Rural

PROJECT BENIFICIARIES: 1,000 schoolgirls in 5 schools

PROJECT SUMMARY

Flying Girls Malawi is an organisation registered with District Youth Officer, Flying Girls Malawi mission is to create a comfortable learning and living environment for all young people in Malawi. The organisation is intending to implement “ Reusable Sanitary Pads For All” project whose overall goal is to increase the supply and access to suitable ,quality and adequate reusable pads to girls and women.

PROBLEM STATEMENT

Menstruation continues to be shrouded in misconceptions and perceived as a matter of extremely embarrassment in rural parts of Malawi, menstruation and menstrual practices are clouded by taboos and social restrictions for women as well as the girls. The socio-cultural norms in the society discourage discussions pertaining to puberty and menstruation. girls have little opportunity to take care of their health and other requirements.

Lack of sanitary materials has reached an alarming situation, girls are affected mostly their education and performance in class, girls finds themselves embarrassed when blood stains their school uniform due to lack of reliable and safe sanitary napkins. This eposes them to bullying and teasing from the boys and it creates stigmatisation among these girls and miss their out school ,others even drop out of school and resulting in early marriages and unwanted pregnancies.

This intervention is a step in the right direction in alleviating the problem of lack of sanitary materials required by girls and women.

PROJECT GOAL

The purpose of this intervention is to empower girls, raise their self-esteem and self-confidence and most of all to let the have access to their education even during their monthly period through making and supplying of reusable pads with education on menstrual management and hygiene in Blantyre rural schools.

To help move towards a world where girls feel more empowered about their bodies, achieve economic independence, understand their reproductive and sexual health options and harness the power to shape their lives.

**BUDGET**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| NO | ACTIVITY | UNITS | COST IN KWACHA | COST IN EORO |
| 1 | **Industrials** |  |  |  |
|  | >sewing machine Hand propelled | 2 | 400,000 | 211,93 |
|  | >equipment delivery | 1 | 50,000 | 26,49 |
|  |  |  |  |  |
| 2 | **Sewing Materials** |  |  |  |
|  | >flannel | 30 | 300,000 | 158,95 |
|  | >waterproof cloth | 1 | 280,000 | 148,35 |
|  | >cotton | 2 | 160,000 | 84,77 |
|  | >absorbents | 10 | 350,000 | 185,44 |
|  | >sewing needles | 1 | 5,000 | 2,65 |
|  | >sewing thread | 10 | 10,000 | 5,30 |
|  | >snap buttons | 1 | 50,000 | 26,49 |
|  |  |  |  |  |
| 3 | **Supplies and volunteers (10)** |  |  |  |
|  | Local transport (1 month) | 22 | 330,000 | 174,84 |
|  | Refreshments (water & snacks) | 22 | 220,00 | 116,56 |
|  | Communication/airtime | 1 | 20,000 | 10,60 |
|  | Banner | 1 | 90,000 | 47,68 |
|  | Documentation | 1 | 100,000 | 52,98 |
|  |  |  |  |  |
|  | **SUBTOTAL** |  | **2,365,000** | **1253.02** |

**CONTACT DETAILS**

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Blantyre Malawi

**BANK DETAILS**

**Spendenkonto:**

Freundeskreis Malawi e.V.

Sparkasse Hannover

IBAN DE77250501800000233455

BIC SPKHDE2HXXX

*Der Freundeskreis ist als gemeinnütziger Verein anerkannt.*

*Spenden sind steuerabzugsfähig.*