



# FREE Respite Care Provider Training At-A-Glance!

[www.RewardingWork.org/respite](http://www.RewardingWork.org/respite)

## COURSE DESCRIPTIONS

**INTRODUCTION** The introductory course gives an overview of the online training program, including professional core competencies.

**#1: WHAT IS RESPITE?** Learn about the benefits of respite and reasons to become a respite provider!

**#2: DISABILITY BASICS** Learn about disability and aging-related topics, adaptive equipment and technology, and person and family-centered care.

**#3: CLIENT CARE** Learn about the types of care and support an individual may need as part of respite care.

**#4: MEDICATION AWARENESS** Get a general overview of medication awareness, including the 7 rights of medication administration and special situations.

**#5: SAFETY PROCEDURES** Learn about emergency situations, ways to be prepared, providing care during the pandemic, types of incidences to report, abuse and neglect laws, and reporting procedures.

**#6: CARING FOR CHALLENGING MOMENTS** This course provides an introduction to understanding functions of behavior and explores tools and techniques to respond quickly and safely while supporting a care recipient's emotional well-being during challenging moments.

**#7: HEALTH, WELLNESS & RESPITE ACTIVITIES** Learn about the importance of meaningful activities and how to plan activities based on the physical health, functional ability, spiritual, and social-emotional needs and preferences of family caregivers and care recipients.

**#8: PROFESSIONAL ETHICS & INTERPERSONAL SKILLS** Learn what interpersonal skills are important for respite providers: communication and active listening, cultural preferences and beliefs, understanding personal bias, respecting confidentiality, and maintaining professional boundaries.

**#9: MEETING THE CAREGIVER & CARE RECIPIENT** Learn what to expect when starting a new position, including: interviewing with a potential family caregiver, meeting the care recipient, training with the family, and building trusting relationships throughout the process.

**#10: NEXT STEPS IN BECOMING A RESPITE CARE PROVIDER!** Discover the importance of selfcare for the respite provider, additional training opportunities, and steps to finding a respite care provider position.

*Upon completion of the above courses, including a post-test and an evaluation, you will receive a certificate of completion for the training series.*

To register, visit: <https://kansas-respitcarewi.talentlms.com>

## QUESTIONS?

EMAIL: [info@rewardingwork.org](mailto:info@rewardingwork.org) CALL: 866-212-9675

