

Whole Body Approach to Infant Physiotherapy

HANDS-ON COURSE WITH PRACTICUM AND LAB

NOVEMBER 20-21st, 2026

8:30am - 4:30pm

Abilities Centre, Whitby ON

COURSE GOALS:

- Understand a whole-body approach to infant assessment and treatment
- Integrate neurological, musculoskeletal, respiratory, feeding, and oral motor function
- Confidently assess and treat torticollis, plagiocephaly, and postural asymmetries
- Recognize the critical link between tongue function, midline development, and motor outcomes
- Learn practical, hands-on treatment strategies you can implement immediately in clinical practice

Course fees

Early Bird Rate: \$595

Until September 15, 2026

Regular Rate: \$650

TARGET AUDIENCE

***Physiotherapists with
primary interest in
paediatric therapy***

REGISTER HERE

info@paediatricphysiotherapy.com



No formal pre-requisites but foundational understanding of typical infant development and TMR-TOTS Level 1 are strongly encouraged

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COURSE OBJECTIVES

- Apply a whole-body approach to infant development and function integrating neuromotor, postural, musculoskeletal, respiratory, and oral-motor systems
- Assess infant posture, cranial and trunk asymmetry, movement, respiration, and oral-motor function
- Recognize common presentations and identify red flags requiring referral
- Analyze the relationship between feeding, breathing, posture, and motor development
- Implement hands-on treatment strategies to support alignment, mobility, regulation, and movement
- Assess and treat oral-motor dysfunction, including tongue mobility and suck coordination
- Integrate current evidence and clinical practice regarding tethered oral ties, frenectomy decision-making, and conservative management
- Confidently educate and provide caregivers with practical, realistic, and goal-oriented strategies

THE INSTRUCTORS

Together, Janine Piscione and Maggie Duvnjak bring nearly 50 years of paediatric physiotherapy experience and share a passion for helping therapists develop confidence in infant care. Over the past decade, both have focused their work on holistic, infant-centred care and have built private practices — Ottawa Infant Physio and Halton Infant Physio — dedicated to supporting babies and their families. Recognizing that many aspects of infant assessment and treatment have not traditionally been a major focus of physiotherapy training, they are committed to bridging that gap through practical, hands-on education. Their teaching combines decades of clinical experience with practical assessment and treatment strategies, ensuring therapists leave feeling inspired, skilled, and equipped to apply new knowledge and techniques immediately in clinical practice.

