



The Center
For Life

RESTORE AND REJUVENATE



CFL HS1 – RLT TREATMENT PATHWAYS

RLT DEVICE GUIDE

TWC	Theralight 360	Spacetouch	Neuronic TC-RLT
450~1060nm	660~850nm	450~850nm	1070nm
			
450~1060nm FULL SPECTRUM POWERHOUSE	SYSTEMIC RECOVERY	CIRCADIAN/COSMETIC ALIGNMENT	1070nm
<ul style="list-style-type: none">✓ Deep + Full Spectrum / NIR✓ 450nm → 1060nm	<ul style="list-style-type: none">✓ Systemic metabolic activation✓ Deep tissue + fat targeting✓ 450nm → 1060nm	<ul style="list-style-type: none">✓ Acne, aging, skin rejuvenation✓ Circadian rhythm and sleep cycles✓ 450nm → 850nm	<ul style="list-style-type: none">✓ Brain fatigue recovery✓ Optimize focus / cognition✓ 1070nm → precision

You are not broken. You are out of balance. Change your environmental inputs and let the light in! Watch your body respond with aligned circadian light as medicine.

⚡ 1. ENERGY / FATIGUE

Protocol

- **TWC (Primary – Full Spectrum)**
 - 450–1060nm
 - **Time:** 12–15 min
- **Neuronic (Helmet)**
 - 1070nm
 - **Time:** 10–12 min
- **Theralight 360 (Support)**
 - Red/NIR
 - **Time:** 10–12 min



Goal: Restore ATP + total system energy

🧠 2. BRAIN FOG / STRESS

Protocol

- **Neuronic (Primary)**
 - 1070nm
 - **Time:** 10–15 min
- **TWC (Support – systemic + vascular)**
 - 450–1060nm
 - **Time:** 10–12 min
- **Spacetouch Bed (Circadian support)**
 - 450–850nm
 - **Time:** 10 min



Goal: Cognitive clarity + nervous system regulation

3. PAIN / INFLAMMATION



Protocol

- **TWC (Primary – Deep + Full Spectrum)**
 - Up to 1060nm
 - **Time:** 10–15 min (target area)
- **Theralight 360 (Systemic support)**
 - NIR dominant 750nm – 1060nm
 - **Time:** 10–12 min

Goal: Reduce inflammation + accelerate healing

4. SLEEP / HIGH STRESS (CIRCADIAN RESET)

Protocol

- **Spacetouch Bed (Primary – Circadian driver)**
 - 450–850nm
 - **Time:** 12–15 min (evening)
- **Neuronic (Brain calming)**
 - 1070nm
 - **Time:** 8–10 min
- **Theralight (Optional deep relaxation)**
 - **Time:** 8–10 min

Goal: Reset sleep cycles + nervous system



5. METABOLIC / WEIGHT (HS1 CORE)



Protocol

- **TWC (Primary – Metabolic driver)**
 - 450–1060nm
 - **Time:** 15 min
- **Theralight 360 (Support recovery)**
 - **Time:** 10–12 min
- **Neuronic (Optional behavioral control)**
 - Appetite / habit regulation

Goal: Metabolic activation + hormonal balance

❖ 6. SKIN / AGING / CIRCADIAN AESTHETICS



Protocol

- Spacetouch Bed (Primary – Cosmetic + Circadian)
 - 450–850nm
 - Time: 12–15 min
- TWC (Cellular enhancement)
 - 450–700nm emphasis
 - Time: 10–12 min
- Theralight (Support)
 - Time: 8–10 min

Goal: Collagen + skin + circadian alignment

💰 CFL RLT PACKAGES

UNLIMITED ACCESS

\$499 / month

- All devices
 - All protocols
 - Full HS1 correction
-

6 SESSION PACK

\$249

- Any device
- Flexible entry

CFL CLOSE

You came in for a symptom.

We treat the system behind it. That's why we layer therapies—because your body works as one system.

