



### REGENERATIVE THERAPY INSTRUCTIONS

This applies to PRP, amnion tissue, exosomes, adult harvested stem cells.

Once the order for the medication is placed, the deposit becomes NON-REFUNDABLE.

- I understand that this is an elective procedure and is NOT covered by insurance and I am responsible for the cost of the procedure.
- These medications are not FDA approved but are FDA cleared and have been shown to be effective clinically.
- I will need to place a **NON-refundable deposit** for the following medications for us to order these for you.

Therapy	Deposit	Total Cost
Platelet Rich Plasma (PRP) Injection	-	\$600
Amnion	\$900	\$1200
Exosomes 1ml	\$1000	\$1500
Adult Stem Cells	\$1500	\$3000

- I understand that **results are not guaranteed**, and I will not hold Dr. Groysman or Southwest Pain Management responsible if the results are less than expected.
- It **takes about 2-3 weeks for effects**. Pain relief/repair is NOT immediate. This is due to the time it takes for your own repair process to recruit stem cells and start. During this time, there may be MORE discomfort than usual. This is **NORMAL**.

#### Requirements/Instructions:

- Limit or quit smoking as it reduces stem cell function
- Must be steroid free for about 30 days before injection
- Must not be on meloxicam, steroids, ibuprofen, naproxen, etc. during the month after injection
- Any new injury will draw away the stem cells leading to a poor outcome.
- Do not expose area to heat for 72 hours.

\_\_\_\_\_ Date: \_\_\_\_\_