Transition Devotion Part 1

Exodus 14

Transitions are challenging and exciting at the same time. They not only bring an end to something they signal the beginning of something. Transitions are part of life and will continue to be part of life. What was a transition that you navigated that you enjoyed? What was one you didn't like?

In Exodus 14, we read the story of the Israelites crossing the Red Sea which began the Israelites transition from captivity to eventual freedom. This story has all the elements of a great transition event – leaders doubt, leaders are challenged, followers are confused and doubt, followers choose to follow by a leap of faith, pursuers who are looking to oppress and subdue, a divine influence that saves, and the beginning of a forty (40) year adventure. What a transition!

How do you feel in transitions? Sometimes I feel excited but often times I feel scared and lonely and not sure if I was doing the right thing. I remember many transitions that didn't go very well, and yet I needed the transition to learn about my faith and how to trust in God. That's what Exodus 14 reminds us – transitions are times that we can grow in our faith and trust in God. Can you think of a time that a transition you experienced caused you to trust in God more? What was that like? What did you learn about God during that time? What did you learn about yourself?

When you are faced with your next transition or maybe you are currently in a transition, remember that staying connected to God is the most important thing you can do. In Exodus 14, Moses stayed connected and so did the Israelites. They didn't necessarily like what was going on or more accurately didn't understand where they were going – but they stayed connected and trusted God and followed God. Are you following God in your transition or can you follow God in your next transition?

Lord, as I traverse my next transition or the transition I am in, may I find the strength and wisdom to stay connected to You and follow You. Amen.

by Rev. David Piltz