

Transition Devotion Part 2

Mark 14:32-42

Transitions are challenging and exciting at the same time. They not only bring an end to something they signal the beginning of something. Transitions are part of life and will continue to be part of life. What was a transition that you navigated that you enjoyed? What was one you didn't like?

In Mark 14:32-42, we find Jesus on the eve of his greatest transition – from his human life back to the Father. And we find Jesus praying. We can learn from this that in times of transition we need to intentionally take time to pray. Pray for strength, wisdom, insight, courage and encouragement to navigate the transition in healthy ways. When you are experiencing a transition do you take time intentionally to pray and hear God's guidance?

Also notice that Jesus just didn't take 15 minutes to pray for guidance – he spent at least three hours. And also notice that he only prayed for one thing which is in verse 36. He essentially asked God if his dying needed to happen. That was all Jesus prayed for and then he sat attentive to hear God's guidance and wisdom. Do you take hours to wait to hear God or do you give God a few seconds and move on to the next prayer request?

It seems that in our culture it is easy to make prayer request lists and have a multitude of people and situations that need prayer. More time is spent sharing those lists and petitions to God than there is in hearing God. Do you spend enough time in prayer hearing God? I know that is a struggle for me and often times I do not spend the time to hear God. What will it take to have more time listening to God than offering God your prayer list?

No matter if you are in a transition or waiting for your next transition, can you ask simple – “*God how do I manage this transition?*” And then just sit in patience with your soul ready to hear God's answer. What will it take to ask one simple question and then spend an hour just listening? Jesus did this exact thing and if we are to be called followers of Jesus, we need to switch our prayer time from lists to one question and spend the time waiting to hear God's insights.

Lord, as I traverse my next transition or the transition I am in, may I find the strength and wisdom to stay connected to You and follow You. Amen.

by Rev. David Piltz