

NORTHERN HIMALAYAS

Curating treks and trips the local way

ROOPKUND TREK



Roopkund (locally known as Mystery Lake or Skeleton Lake) is a high altitude glacial lake in the Uttarakhand state of India. It lies in the lap of Trishul massif. Located in the Himalayas, the area around the lake is uninhabited and is roughly at an altitude of 5,020 metres (16,470 ft), surrounded by rock-strewn glaciers and snow-clad mountains. Roopkund is a popular trekking destination. The size of the lake varies substantially, but it is seldom more than 40 metres in diameter (1000 to 1500 square metres in area), and is frozen in the winter.



SHORT ITINERARY

DAY 1

DRIVE FROM RISHIKESH TO LOHAJUNG.

DAY 2

TREK FROM LOHAJUNG TO DIDNA VILLAGE.

DAY 3

TREK FROM DIDNA TO ALI BUGYAL.

DAY 4

TREK FROM ALI BUGYAL TO BEDNI BUGYAL TO PATAR NACHAUNI.

DAY 5

TREK FROM PATAR NACHAUNI TO BHAGWABASA.

DAY 6

TREK FROM BHAGWABASA TO ROOPKUND SUMMIT AND TREK BACK TO PATAT NACHAUNI.

DAY 7

TREK FROM PATAR NACHAUNI TO WAN VILLAGE AND DRIVE TO LOHAJUNG.

DAY 8

DRIVE FROM LOHAJUNG TO RISHIKESH.





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DETAILED TREK ITINERARY

Day 1 – DRIVE RISHIKESH TO LOHAJUNG (280 KM / 10 HRS) Altitude: 7,650 ft

10 hours drive from Rishikesh to Lohajung. The pick-up location is Rishikesh bus stand/ natraj chock pick up time will be in Rishikesh at 6:00 AM. We will be passing by the 3 of the Panchprayag or the five holy confluence of Ganga—Devaprayag, Rudraprayag, Karnaprayag. You also get glimpses of the Garhwal mountains in the distance on a clear day Once you reach Lohajung, you find yourself face to face with the beautiful Nanda Ghunti peak. If you reach before sunset, the colours of the peak will ethnral you.

There are many local rental shops are available in Lohajung base camp where you can rent or buy jackets, hand gloves, caps, shoes, etc. if need be. However, it is advised that you carry all the required things for trek beforehand and not rely on any shop.

Note - Trekkers will be notified with details of the cab a day before your trek start day.

Day 2 – TREK FROM LOHAJUNG TO DIDNA VILLAGE [TREK - 5KM] ALTITUDE GAIN - 7,650 ft to 8,045 ft.

After warmup & briefing we begin our trek. We trek through the forest following the Neel Ganga river. The initial trek is downhill till we hit the river. After we cross the river through the metal bridge, the trail winds upwards. After a good climb of around 2 hours, we reach Didna. which is at 2450 meters. There will be a hike of two hours through alpine forests. After the climb, you will be at the ridge that shows some amazing views. There will be a series of open grounds which can be seen from the ridge. Didna and Kulling are the popular villages that are famous as per their allocated season, one is for summer and the other is for winter. You will be spending the night at Didna in the Homestay after the long hike.

DAY 3 – TREK DIDNA VILLAGE TO ALI BUGYAL.

[TREK - 9KM] Altitude GAIN - 8,045 ft TO 11,200 ft.

Wake up with the stunning fluorescent views of sun rays on the mountain peaks, get refreshed to trudge again. After early breakfast we start our trek in order to enjoy the best views. There is a brief climb till the Ridge of Ali bugyal. Once we reach the ridge of the trek. it will be fairly easy with long sections of flat walk or gradual ascent. We will walk through the Ali Bugyal with mountains on our both side far in the distance. You will realize on the trek that these meadows are one of the best in the country. As you are walking through the Ali Bugyal, Nanga Ghunti & Trishuli are prominently visible in the East. We trek easy today taking frequent halts. You will get ample time to click pictures, so make good use of cameras today. Our campsite for the day is a forest section between Ali & Bedni Bugyal. It is also called Abin Kharak or Khobal Tal.

DAY 4 - ALI BUGYAL TO BEDNI BUGYAL TO PATAR NACHAUNI

[TREK - 6 KM | ALTITUDE : 12,500 FT.

Today you will hike a short distance due to acclimatisation purpose. From today onward the oxygen starts reducing so we spend more nights before reaching the higher altitude. A short and easy walk takes us to Patar Nachuni (3750m/12,300ft). Total distance is 6 Km and may take 3 hours. We start by walking on the Bugyal and climb for half an hour to take the trail which is coming from Ali Bugyal. From here onward the road is almost flat till we reach Ghora Lautani. The road splits and we take the trail which goes to the right. Walking an hour on level ground we are at Patar Nachni Trek from Ali Bugyal to Bedni Bugyal (3300mtrs) and cross the vast expanse of the green alpine meadows. The prepossessing view of the Himalayan pasture land and the snow- capped Himalayan peaks will make you feel alive. The charming meadow of Bedni is adorned with thousands of colorful flowers in full bloom. Bedni Kund, a pristine lake in midst of this meadow is the sight to feast your eyes on! It is in the vicinity of a small temple, where the devotees pay their obeisance during their halt at Bedni Bugyal.

DAY 5 - TREK FROM PATAR NACHAUNI TO BHAGWABASA

TREK: 5 KM (7 HRS) | DRIVE - 15KM [ALTITUDE - 14,400 FT]

Today we trek to Bhagwabasa (4300m, 14000ft) via Kailuvinayak (4400m, 14400ft). Patar Nachuni is surrounded by meadows and occasional mountain tops. The top of the ridge going almost straight ahead is Kailu Vinayak. First we gradually climb the ridge for first 2 Km. Then the ridge turns right and rises sharply in next one and half Km. This is a steep climb and we gain almost 1500 feet within a distance of 1.5Km. Total distance is 5 Km and can take up to 3/3 and half hours. There is a small cave on the right side of the well defined trail, and according to the legend it is the resting place or shelter of the Tiger (Bagua -> Bagh/Tiger, Basa -> Home) that the goddess Nanda Devi rides.

DAY 6 - TREK FROM BHAGWABASA TO ROOPKUND

SUMMIT TO PATARNACHUNI .

TREK - 15 KM [ALTITUDE - 15,750 FT].

We start early in the morning by 5 am for Roopkund. It is a moderate climb to Roopkund for about 4 km but surely the altitude gain tires the body. Depending upon snow conditions it may take 2 to 4 hours to reach. Until mid of June the trail is covered with snow. During monsoon to late September snow will be much lesser. The trail is well defined but on snow it is difficult to locate. From Baguabasa camping ground the trail is a traverse first till we reach a place called Chhiria Nag meaning staircase formation like a snake. From this point the climb is moderately steep and one final steep climb on rock leads us to a flattened trail. From here we can see the depression ahead which is our destination, Roopkund (4800m/15750ft). We spend some time clicking the photos and offering puja to the small temple of Goddess Nanda Devi. The shallow lake has remains of skeletons which are almost 1200 years old! then we return on the same trail to Baguabasa. Descend on a steep trail is often tricky comparing to that of ascent. We climb down till Baguabasa and then almost on a level ground till Kailu Vinayak. We continue our descent till we reach Patar Nachuni. A long days trek ends at the lush green camping ground.

DAY 7 - TREK FROM PATAR NACHAUNI TO WAN VILLAGE AND DRIVE TO LOHAJUNG.

TREK: 15 KM (9 HRS) | DRIVE - 15KM [ALITUTDE - 7,650 FT]

Today is a long way descending till Wan. From the camping ground a small climb takes us on the main trail. Now we follow the same path back after descending for an hour we reach an opening inside the forest and called Gahroli Patal. We continue going down till we reach the river bed of Neel Ganga. From here we climb to reach the top of the Wan Village which is called Ran ka Dhar. Finally we reach the road head to take the Jeep. It is around an hour from Wan to Lohajung by car and the road is bumpy at places.

DAY 8 - DRIVE LOHAJUNG TO RISHIKESH.

DRIVE - 280KM / 10 HRS

After morning tea depart to Rishikesh. You will reach Rishikesh between 6.00 pm and 7.00 pm, You can book further travel any time after 7:00 pm,

The Ali Bedni bugyal Trek ends here, take back a mosaic of unbelievable memories with you.

Northern Himalayas sincerely thanks you for choosing and giving us this opportunity to serve you well.





INCLUSION

- Accommodation for 7 nights. (Guest house, Home stay, Camps).
Meals while on trek (Veg.+ Egg) Day 1 dinner to day 7 dinner.
- All necessary permits and entry fees.
- First aid medical kits .
- Mountaineering qualified & professional trek Leader, guide and Support staff.
- Transport from Rishikesh to Rishikesh by Deziro, bolero and tempo traveller (Depends on the number of group size). (AC cost is not included in transportation).

EXCLUSION

- Any kind of personal expenses.
 - Food during the transit.
 - Insurance.
 - Any kind of emergency evacuation charges, loss, misplaced, theft, portorage, tips, laundry etc
 - Mules or porter to carry personal luggage.
 - Any other costing involved due to circumstances like natural calamity, weather conditions, roadblocks, landslides, alternate route drive or any other forced circumstances which are out of our control.
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COST PER PERSON

RISHIKESH TO RISHIKESH	INR 15000 + 5% GST
LOHAJUNG TO LOHAJUNG	INR 13000 + 5% GST

- **COST FOR DOUBLE SHARING IS - INR 2000 PER PERSON EXTRA.**
- **COST FOR BAGPACK OFFLOADING FOR WHOLE TREK IS - 2400/- PP/ PER BAG (12 KG).**

BANK DETAILS

Ac. Name - Northern Himalayas

Ac. Number- 50200055984102

IFSC CODE : HDFC0009516

G PAY, PHONE PE, UPI No. 9557082496



BOOKING PROCESS

You may make this payment by UPI, Cash, Online, or NEFT. Once you done the payment kindly provide us the payment detail through an email and whatsapp. Payment procedure: To confirm your registration you need to pay at least 30% of the Trek fee as an advance and the Rest of the balance is to be paid 2 days prior of the trip. (Through Bank Transfer) alternatively, you can pay on the day of departure after meeting us. seats are booked on a first come first reserved basis.

THE CANCELLATION CHARGES ARE AS UNDER :

- 1.If cancellations are made 30 days before the start date of the trip, 50% of the trip cost will be charged as cancellation fees.
- 2.If cancellations are made 15-30 days before the start date of the trip, 75% of the trip cost will be charged as cancellation fees.
- 3.If cancellations are made within 0-15 days before the start date of the trip, 100% of the trip cost will be charged as cancellation fees.
- 4.In the case of unforeseen weather conditions or government restrictions, certain activities may be canceled and in such cases, the operator will try his best to provide an alternate feasible activity. However, no refund will be provided for the same.
- 5.No cancellations will be taken over phone calls or WhatsApp messages. Please reply to the email of the payment receipt that you received at the time of booking regarding the cancellation.
- 6.If a trek/trip cannot be completed due to natural calamity/unforeseen circumstances (like rain, snowfall, earthquake, landslides, strike, bandh, etc.). No refund would be provided.



Terms & Conditions

- **Backpack carrying:** All trekkers are advised to carry their own backpacks. If for some reason a trekker is unable to carry his or her backpack, he/she can offload the same by paying an additional charge before they start the trek.
- Only Rucksack is allowed. No suitcases/trolleys will be allowed.
- Full Payment of the Trek cost must be made before the trek begins. Pending Payments may eventually lead to the Cancellation of the trek.
- No refunds shall be made towards any inclusion(s) not availed by the trekker.
- All extras are to be paid directly to the hotels/the service providers.
- Trekkers must take care of their luggage & belongings. The management shall not be responsible for any damage or any missing items along the trek.
- The time of Departure is stated & fixed. All travelers must update their status with the coordinator(s), & report at the pickup point 30 mins prior to the scheduled departure. Anyone missing the bus shall not be eligible for any refunds. We shall call you twice before the schedule departure.
- Drinking & Smoking are strictly prohibited along the tour due to health & safety concerns. If found flouting the rules, your participation on the trek will be canceled with immediate effect. Our tours involve physically demanding activities such as trekking, camping at high altitudes and we recommend for you to be in the right shape to make most of them.
- **Drop out during trek:** If for any reason a participant has to drop out from the trek on any day then We will help the trekker to reach the nearest road head.
- No act of misconduct or indiscipline shall be tolerated on the trek. We are a cordial travel community and we aspire to bring to you a hassle free and memorable experience.



Terms & Conditions

- Northern Himalayas shall not be responsible for any delays or alterations in the program or indirectly incurred expenses in cases such as Natural Hazards, accident, breakdown of machinery, weather conditions, landslides, political closure or any untoward incidents, bad road conditions, Roadblocks, or any unforeseen circumstances beyond the control of the any one. We reserve the right to make necessary changes in the schedule in the interest of safety, comfort and general well-being! In such case our company won't be held responsible for any further expenses bearable.
- We reserve the right to change any schedule in the interest of safety, comfort, and general wellbeing. In the case of coming back from the Trek without completing the trek up to the summit due to the bad weather and the excess snowfall. In that case, there will be no refund of any money. As you know we are curating this trip in the peak season so there are high chances of road blocking, route diverting, and long traffic jams so our team has full right to change the itinerary in order to complete the tour in the same amount of times. so there must be the chances of changing staying options due to the conditions which are not in our hand. In such cases, applicants will be chargeable for the amount spends on their stay and food.
- sometimes while travelling to base camp and back to rishikesh their are chances of route diverting due to closer of main road. in that case if group is choosing external long distance routes then increasing of travel distance will be chargeable extra and pay directly to driver total increased cost of travel.
- We do not provide any insurance policy to cover for the expenditure on sickness or accidents or losses incurred due to theft or other reasons.
- Please stick to itinerary, changing the itinerary anything extra shall be chargeable (at the location itself.)



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THINGS TO CARRY

- A rucksack bag and a day pack
- 1-liter water bladder or water bottle
- A sun cap and a woolen cap
- UV protected sunglasses
- One cotton long sleeves and 2 short sleeve t-shirt
- 1 fleece jacket
- 1 heavy Thick jacket/down jacket
- 1 pair of gloves and neck warmer
- At least 2 long pants (trek pants and cargo pants are favorable)
- thermals
- 4 pairs of socks
- A small towel
- A rain jacket or a poncho
- Above-the-ankle waterproof and breathable hiking boots with
- good grip.
- Glucose powder
- Medicines for headaches, diarrhea, motion, and altitude sickness
- Dettol, Bandages & Cotton

PERSONAL ACCESSORIES

- Toothpaste, toothbrush
- Paper soap, or sanitizer
- Sunscreen minimum of spf40,
- lip balm, cold creams
- Body spray
- LED torchlight Must Carry :
- Authentic Government ID Card
- personal toiletries, toilet paper
- trekking pole
- Power Banks

RECENT TREK PHOTOS

