

300g

Chicken Pesto with Zoodles

Creamy, free range chicken pesto on a bed of zoodles

Free range chicken thigh (57.1%), Zucchini (42.8%), Sour cream (11.4%) (**Milk**), Extra virgin olive oil (7.1%), Pine nuts (2.3%) (**Tree nuts**), Basil (2.3%), Parmesan cheese (1.7%) (**Milk**), Garlic (0.29%), Pink salt (0.17%)

NUTRITION INFORMATION TYPICAL VALUES		
SERVINGS PER PACKAGE: 1		
SERVING SIZE : 300g		
	Per serving	Per 100g
Energy	2715kJ	905kJ
	650Cal	217Cal
Protein	44g	14.7g
Fat, total	51g	17g
- saturated	11.6g	3.9g
Carbohydrate	3.4g	1.1g
- sugars	2.9g	0.97g
Sodium	479mg	160mg

All values are considered averages unless otherwise indicated