PERSONAL CHECK LIST – Domestic Mission Journeys

Clothing – temperate climates	
Work - Light weight slacks or jeans. T-shirts, or other work shirts. Long sleeve for	
cooler climate and/or heavier construction. Change of clothes for each work day.	
Evenings – Casual clothes. For some locations shorts are not appropriate outside of tr	ıe
work team camp, especially for women.	
1 or 2 pairs of work shoes or sneakers	
One pair of non-work shoes and/or boots	
Jacket, sweater, or sweatshirt for early a.m./evenings, depending on climate	
Hat, sunscreen, sunglasses, insect repellent	
2 or 3 pairs of work gloves.	
Tools for work site – see separate list for each team.	
Towel(s)and wash cloth. Hanger to allow drying between uses	200
Bedding as required for location. May include sheets and blankets, pillows, sleeping b	ag
Air mattress or cot depending on location	
Flashlight and batteries.	
Water bottle for use at work site	
Medications	
Contacts, glasses, solutions, etc.	
Soap, shampoo, lotions, toothbrush, toothpaste and other toiletries	
Travel alarm	
Camera, battery recharger, memory cards if needed.	
Drivers license	
Credit cards and cash. Depending on location, credit cards may not be accepted.	
Medical Insurance card	
Rain gear – poncho preferred.	
Devotional materials	
Bible, notebook, pens	
Games or other evening entertainment	
Snack food to share in evenings	
Music, guitar, keyboard, etc.	
Earplugs	
Games (cards, Farkel, Dominoes, etc.)	
Smiling, loving faces and a positive Christian spirit!	
EVE PROTECTION	

Commitment And Preparation

Be fully committed to the team and each other.

Have an unselfish spirit.

Commit your energies and priorities to serving God and others.

Lay aside your desires for fun, relaxation and personal ego. There will be a time and place for work and pleasure.

Have a positive outlook for learning from our Hosts.

Be willing to learn something new about yourself and the world.

Adapt! You may have to exist in conditions which you do not enjoy.

Be flexible! You may have to work next to someone you don't enjoy.

Do all things without complaining.

Be willing to do anything and look out for the needs of each other.

Be thankful that God sent you.

You will be an example of Christ. May your attitude reflect this love to the people you serve, that you have given yourself for them.

Part 1: Mission Trip Application - CLUMC

- One per Team Member Part 1-4, and Mission Covenant
- Permission for Minor to travel for any 18 yrs. and under
- Team leader will take original and leave a copy with the church

NAME & L	LOCATION of	PROJECT:	
Team Dat	es:		
Name:		Hom	e Phone:
Mailina A	ddress:	Worl	k Phone:
City, Stat	te, and Zip:		Cell Phone:
Age:	Sex:	E-mail address:	
Passport	Number:	Date of	Issue:
Occupation	on:	Languag	ges:
Health Co	are Specialties	:	
Mission E	Experience & Lo	ocations:	
Name of	Church:		Phone:
Church A	Address:		
Annual C	onference		
Date of	Safe Sanctuari	ies Certification:	

Part 3: Medical Information and Release:

Ι,		
Authoriza (Adul	t team member) to	
consent to any necessary examination, anesthetic, medical treatment and/or hospital care rendered to me under the supervision and on the advice of any physician or surgeon medicine by the state in which they practice, during the identified below.	l diagnosis, surgery, or general or special licensed to practice	
Mission Trip or Activity		
Date of Trip		
Family Doctor		
Doctor's Telephone		
List health problems or special needs, etc.		
List any allergies		
List all medications		
Medical Insurance (Police	(Carrier), /#).	
Carrier's Telephone	-	
 If I am ill at the time of trip departure, I will immediately. 		

• If requested, I will attain a Doctor's release to show I am not

contagious.

Part 4: Liability Release Form

The undersigned releases and agrees to hold harmless the Gen Ministries of The United Methodist Church, the Partners In N Central Jurisdiction of the United Methodist Church, the Texa Methodist Church Partners in Mission, the Texas Annual Conf Methodist Church and any related agency, conference, district employee or agent, from any liability, injury, damages, loss, accordiated to the undersigned individual's planned participation or project:	lission Board of the South as Annual Conference United erence of The United , local church, member, idents, delay, or irregularity involvement in the following on of project) The t may involve unusual risks others, the following: fare of the kind that we t warfare hazards such as have a deleterious effect on xtreme heat and humidity o central heat. The
types of dangers that may be faced.	
This release covers all rights and actions of every kind, natural undersigned ever had, now has, or but for this release, may have of Global Ministries of The United Methodist Church, the Parthe South Central Jurisdiction of The United Methodist Church Conference of The United Methodist Church, Clear Lake United agency, conference, district, local church, member, exparticipation or involvement in the above described project. Participant's Signature	tve against the General Board tners In Mission Board of ch, the Texas Annual ed Methodist Church and any
Notarization of Liability Release, Medical and Notification	of Death Forms
STATE OF	
PARISH OR COUNTY OF	
On thisday of	to me known
personally appeared	
to be the same person described in and who executed the wi	min instrument, and who
acknowledged the same to be the free act and deed thereof.	
Notary Public	
County/Parish	
State of	
My Commission Expires	

