



APRIL 2024



Wellness Hub
"The Gathering Place"

205 Linwell Rd
St. Catharines, On
289-687-0358

PLEASE NOTE

Boogie Night/Everybody Boogie & Pickleball are sign-up classes with fees

HOURS

MON. CLOSED
TUES. 10:30-4:00
WED. 10:00-3:00
THURS. 12:00-6:00
FRI. CLOSED

	Tuesday	Wednesday	Thursday	Sat
1	2 11:00-1:00 • Euchure & Coffee \$5.00 12:30-2:30 • Introduction to Pickleball 1:00-3:00 • Knitting Circle	3 11:00-1:00 • Coffee & Cribbage \$5.00 1:00-3:00 • Sip & Social	4 1:00-2:00 • Sip & Social 1:30-2:30 • Art Essences 4:00-6:00 • Introduction to Pickleball (Sign Up)	6 
8	9 11:00-1:00 • Euchure & Coffee \$5.00 12:30-2:30 • Introduction to Pickleball 1:00-3:00 • Knitting Circle	10 10:00 -10:45 • Everybody Needs to Boogie FREE TRIAL 11:00-12:00 • Low impac Boogie Nights FREE Trial class 11:00-1:00 • Coffee & Cribbage \$5.00 1:00-3:00 • Sip & Social	11 1:00-2:00 • Sip & Social 4:00-6:00 • Introduction to Pickleball (Sign Up)	13 
15 	17 11:00-1:00 • Euchure & Coffee \$5.00 12:30-2:30 • Introduction to Pickleball 1:00-3:00 • Knitting Circle	18 10:00 -10:45 • Everybody Needs to Boogie 11:00-12:00 • Low impact Boogie Nights 11:00-1:00 • Coffee & Cribbage \$5.00 11:00-12:00 • Book Club	19 1:00-2:00 • Sip & Socail 1:30-2:30 Art Essences 4:00-6:00 • Introduction to Pickleball (Sign Up)	
22 	23	24 11:00-1:00 • Euchure & Coffee \$5.00 12:30-2:30 • Introduction to Pickleball 1:00-3:00 • Knitting Circle	25 10:00 -10:45 • Everybody Needs to Boogie 11:00-12:00 • Low impact Boogiiie Nights 11:00-1:00 • Coffee & Cribbage \$5.00 11-12:00 • Book Club	26 1:00-2:00 Sip & Social 4:00-6:00 • Introduction toPickleball (Sign Up)
				

