## Manicotti

## Sand Foods Authentic. Simply Delicious.

## **Ingredients:**

## Meat Filling:

1/2	kg	Ground Beef, Pork, or mix of both
1/2	c	Onion, Chopped
1/4	c	Black Olives, sliced
1/2	c	Breadcrumbs
11/2	c	Mozzarella Cheese, grated
1	lg	Egg, beaten
1/2	c	Milk, whole

3/4 ts Salt

ts Black PepperTb Parsley, chopped



8 oz Manicotti Shells (1 pack)

720 ml *Nana* Pasta Sauce (*Traditional, Arrabbiata*, or *Mushroom*) (two 360ml jars)

1 c Water

Mozzarella and/or Parmesan Cheese, grated, for topping

Parsley, chopped (for garnish)



Prepare the meat filling: In a large skillet, cook and stir the meat with onion until the meat is browned. Drain off any excess fat. Remove from the heat and stir in the remaining ingredients for the meat filling.

Stuff the uncooked manicotti shells, packing the filling into both ends. Place the stuffed shells in an ungreased baking pan or casserole, about 13 x 9 x 2 inches. Preheat oven to 170°C.

Mix Nana Pasta Sauce with the water, and then pour over the filled manicotti shells. Cover the pan with aluminum foil and bake at 170°C until the shells are tender, about 1 to 1¼-hours. Sprinkle with Parmesan cheese and cool a few minutes before serving.

Garnish with chopped parsley and cheese. Serve with a green salad and garlic bread.

Yield: 6-8 servings

**NOTE:** If you cannot find manicotti shells, you can roll up the stuffing inside semi-cooked, and cooled, lasagna noodles.

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