



WRAPS

\$9.99

Menu items marked with this icon are served warm.

Grilled Vegetable

Our marinated grilled vegetables, roasted red peppers, fresh mozzarella romaine lettuce, touch of balsamic vinaigrette

Simply Sima

Romaine lettuce, hummus, cucumber, roasted red peppers, feta cheese kalamata olives, mediterranean dressing

Salad Sensation

Choice of any homemade salad, romaine lettuce, spring mix, tomato, cucumber

Chicken Caesar

Breaded or Grilled chicken, romaine lettuce, grated parmesan, splash of caesar dressing

CBLT

Our famous chicken salad with bacon, lettuce, tomato

Instant Karma

Breaded or Grilled chicken, bacon, romaine lettuce, tomato, honey mustard

Original Chicken

Grilled chicken, mixed shredded cheese, guacamole, romaine lettuce, tomato

Buffalo Soldier

Buffalo chicken, romaine lettuce, tomato, shredded cheese, bleu cheese dressing

Classic Club

Turkey, american cheese, bacon, lettuce, tomato, mayo

Charlie Champagne

Turkey, avocado, romaine lettuce, asiago cheese, champagne vinaigrette

Keven's Kobb

Honey turkey, bacon, avocado, spinach, diced tomato, hard boiled egg, champagne vinaigrette

Egg Salad Wrap

Egg salad, home fries, bacon, lettuce

Crazy Train

Roast beef, peppercorn turkey, bacon, monterey jack cheese, honey mustard

Pastrami Lovers

Hot pastrami, peppercorn turkey, melted swiss, grilled onions, cole slaw

Cajun Chicken Wrap

Cajun chicken, shredded cheese, spinach, arugula, blue cheese or ranch dressing

Monica Quesadilla

Grilled chicken, monterey jack cheese, mozzarella cheese, swiss cheese, spinach, tomato, peppers, onions, salsa



PANINIS

\$9.99

Menu items marked with this icon are served warm.

Veggie Panini

Our home made mixed grilled vegetables, roasted red peppers, lettuce, fresh mozzarella, balsamic vinaigrette

Eggplant Panini

Grilled eggplant, spinach, roasted red peppers, goat cheese, pesto mayo

Hummus Panini

Hummus, roasted red peppers, spinach, lettuce, avocado, goat cheese

Tuna Melt

Our fresh tuna salad, cheddar cheese, tomato

Chipotle Chicken

Grilled chicken, cheddar cheese, peppers, onions, chipotle mayo

Mexican

Grilled chicken, monterey jack cheese, peppers, onions, jalapeños, salsa

Italian

Grilled chicken, fresh mozzarella, roasted red peppers, pesto sauce

Zesty Zayn Chipotle

Marinated grilled chicken, bacon, muenster cheese, arugula, tomato, spicy chipotle mayo

Cordon Bleu

Breaded chicken, ham, melted alpine lace swiss, baby spinach, russian dressing or dijon honey mustard

Sweet Maura

Honey turkey, asiago cheese, sliced apple, arugula, champagne dressing

Buffalo Melt

Buffalo chicken salad, asiago cheese, tomato, arugula, chipotle mayo

Enter Sandman

Buffalo chicken, peppercorn turkey, monterey jack cheese, jalapeños, bleu cheese dressing, buffalo sauce

The Greek Gyro

Beef and lamb gyro, lettuce, tomato, onion, tzatziki sauce



HEROES

\$10.99

Menu items marked with this icon are served warm.

Sam's Rolling Stone

Breaded eggplant, roasted red peppers, fresh mozzarella, arugula or spinach, with our special dressing (fresh squeezed lemon, olive oil, and spices) with pesto mayo

Kenny's Favorite

Grilled chicken, our marinated grilled vegetables, roasted red peppers, fresh mozzarella, balsamic vinaigrette

Captain Jack

Breaded chicken, bacon, monterey jack cheese, chipotle mayo

Tasty Taz

Cracked pepper turkey breast, avocado, roasted red peppers, hummus

Italian combo

Ham, salami, pepperoni, provolone, lettuce, tomato, onion, oil and vinegar, or italian dressing

Sweet Caroline

Honey turkey, ham, melted swiss, honey mustard

Fire On The Mountain

Roast beef, peppercorn turkey, jack cheese, grilled onions, hot sauce

New York, New York

Hot pastrami, corned beef, spicy mustard

Reuben

Hot corned beef, swiss cheese, sauerkraut, russian dressing

Rawhide

Roast beef, turkey, bacon, cheddar cheese, grilled onions, bbq sauce

Thunder Road

Roast beef, american cheese, bacon, russian dressing

Philly Cheesesteak

Shell steak, peppers, onions, mushrooms, provolone cheese



SALADS

\$9.99

House

Mixed greens, tomatoes, peppers, cucumbers, carrots with grilled chicken or scoop of our homemade salads

Caesar

Grilled or Breaded chicken, romaine lettuce, croûtons, shredded parmesan, caesar dressing

Dania's Delish

Buffalo chicken, fresh mozzarella, roasted red peppers, sun dried tomatoes, mediterranean dressing, black olives, over spring mix

Cobb

Grilled chicken, bacon, avocado, diced tomatoes, bleu cheese crumbs over spring mix, balsamic vinaigrette

Asian Sesame

Grilled chicken, sliced almonds, scallions, wonton strips, sesame seeds over mixed greens, asian sesame dressing

Waldorf

Grilled chicken, apple slices, grapes, walnuts over mixed greens, bleu cheese crumbs, balsamic or bleu cheese dressing

Aru-Spina

Diced turkey, tomato, arugula, baby spinach, cranberries, almonds, asiago cheese, raspberry vinaigrette

Kara's Kale

Diced grilled chicken, baby kale, sliced green apple, walnuts cranberries, avocado, goat cheese, raspberry vinaigrette

Mediterranean

Grilled chicken, feta cheese, kalamata olives, mixed pickles, cucumbers, tomatoes, red onions, grape leaves, romaine lettuce, mediterranean dressing

Couscous Quinoa

Grilled chicken, couscous, chopped salad (romaine, cucumber, celery, plum tomato, red onion), almonds, cranberry, ginger dressing

Chef's Salad

Roast beef, turkey, ham swiss cheese, hard boiled egg or scoop of egg salad over mixed greens, choice of dressing



FRESH DELI SALADS

Egg Salad, Original Chicken Salad, Cran-Apple Chicken Salad, Buffalo Chicken Salad

Tuna Salad \$7.50 SANDWICH | \$2.75 1/4 LB.

White Fish Salad,

Baked Salmon Salad,

Seafood Salad \$7.99 SANDWICH | \$3.00 1/4 LB.

Herring in Cream Sauce \$3.00 1/4 LB.

Chopped Herring in Wine Sauce \$3.00 1/4 LB.

Fresh Fruit Salad \$5.99 1 LB.

Home Fries \$8.00 1 LB.

SIDE SALADS

Macaroni, Tri-Color pasta, Coleslaw,

German Potato, Red Skin Potato, Carrot & Raisin,

Black Bean with Red Roasted Peppers & Corn,

Ginger Couscous \$2.00 1/4 LB.

FISH MARKET

Nova Scotia, Kippitmon, Jumbo White Fish, Chubs,

Sturgeon Fish, Baked Salmon, Seafood Salad,

Herring in Creme Sauce



MARKET PRICE



SOUPS

\$4.99

Comes with a buttered bagel

Boar's Head

CHEESES

America (Yellow & White), Swiss, Alpine Swiss (Low Calorie), Provolone, Mozzarella, Fresh Mozzarella, Muenster, Cheddar, Monterey Jack, Asiago, Feta, Goat

COLD CUTS

Roast Beef, Oven Gold Turkey Breast, Cracked Pepper Turkey Breast, Honey Maple Turkey, Ham, Pastrami, Corned Beef, Salami, Bologna, Pepperoni

ALWAYS

FRESH
Bagel
World

MONROE

475 NY-17M
MONROE, NY 10950
(845) 783-6983

WAPPINGERS FALLS

1659 U.S. 9
WAPPINGERS FALLS, NY 12590
(845) 632-6764

KINGSTON

1220 ULSTER AVE.
KINGSTON, NY 12401
(845) 514-2253

CENTRAL VALLEY

273 ROUTE 32
CENTRAL VALLEY, NY 10917
(845) 827-5896

KID'S MENU AVAILABLE

www.bagelworldcafeny.com



BEST WHEN HAND ROLLED & BOILED

BAGEL GOODIES BUY 6 OR MORE GET 1 FREE

Bagels \$1.25 Each
 Plain, Sesame, Poppy, Everything, Onion, Salt, Cinnamon Raisin, Chocolate Chip, Multi-Grain, Whole Wheat, Whole Wheat Everything, Egg, Super Egg, Blueberry, Pumpernickel, Pumpernickel Onion, Marble Rye, Sun Dried Tomato, Blueberry Pistachio, Seasonal Bagels

Specialty bagels \$1.50 Each
 French Toast, Bialys, Flagels, Twists, Pretzels, Bagel Chips, Asiago Jalapeno, Garlic

RAINBOW Bagels \$2.50 Each
 W/ Butter \$2.75
 W/ Plain Cream Cheese \$3.50
 W/ Gourmet Cream Cheese \$3.99

Baker's Dozen \$12.00
Mini Bagel \$0.75 EACH
 Breads Available: Heroes, Rolls, Rye, Wheat, White, Wraps, Panini



ON A BAGEL

Gourmet Cream Cheese \$3.25 SANDWICH | \$2.75 1/4 LB.
 Scallion, Vegetable, Pimento Olive, Lox, Cucumber-Dill, Sun Dried Tomato, Cheddar Cheese Bacon, Cinnamon Honey Walnut Raisin, Strawberry, Honey Blueberry, Honey Pistachio Vanilla-Almond, Chanilla Fudge, Funfetti

Sliced Nova \$6.99 SANDWICH | \$11.99 1/4 LB.
 W/ Cream Cheese \$7.99 Add Cappers \$1.00
 W/ Gourmet Cream Cheese \$8.99

Butter \$2.25 SANDWICH | \$2.00 1/4 LB.
PB&J \$3.25 SANDWICH
Plain Cream Cheese \$2.75 SANDWICH | \$2.50 1/4 LB.
Low Fat Plain \$3.00 SANDWICH | \$2.50 1/4 LB.
Low Fat Veg., Scal. \$3.75 SANDWICH | \$3.25 1/4 LB.



BAKED GOODIES

Home Made Muffins \$2.99
 Corn, Chocolate Chip, Double Chocolate Chip, Blueberry, Cranberry, Apple Cinnamon, Raisin Bran, Banana Nut, Marble, Pistachi

Muffin W/ Butter \$3.25
Tea Scone, Danish, Apple Turnover \$2.99

Croissants \$2.75
Filled Croissants \$2.99
Cookies \$2.99
Crumb Cake \$2.99
Quiche, Knish, Spinach Pie \$4.25



BREAKFAST COMBO FROM THE GRILL FREE 12OZ HOT BEVERAGE

Egg \$3.25
 1A. Egg & Cheese \$3.85
 1B. Egg & Meat \$4.99
 1C. Egg, meat, cheese \$5.35
Grilled Cheese \$4.99
BOBO, HOBO, SOBO Hero \$6.99
 3 Eggs, meat, cheese and home fries

BLT \$5.99
Massive BLT \$7.99
 3 Layers of BLT
Breakfast Fig \$4.99
 Arugula, goat cheese and fig on a panini
Keven's Favorite \$6.99
 BLT, avocado, monterey jack cheese, chipotle mayo

Meats Available: \$1.75
 Bacon, Turkey Bacon, Ham, Sausage, Taylor Ham

Substitute Egg Whites \$1.50

3 EGG OMELETS \$7.99

Garden
 Spinach, mushrooms, tomato, avocado, onions, goat cheese

Portobello
 Chopped mushrooms, peppers, onions, goat cheese

Three Cheeses
 Cheddar, swiss, provolone

Western
 Diced ham, peppers, onions, choice of cheese

Nova Scotia
 Three egg whites and one egg, nova, spinach, mushrooms, onions, and avocado on the side

Italian
 Sausage, tomatoes, peppers, onions, mozzarella cheese

Meat Lovers
 Stuffed with bacon and sausage| ADD CHEESE \$1.00

Substitute Egg Whites \$1.50



BREAKFAST WRAPS FREE 12OZ HOT BEVERAGE

Gina's Favorite \$6.99
 Egg whites, tomato, jalapeño, monterey jack cheese, avocado

Protein Power
 Turkey breast, turkey bacon, turkey ham, 5 egg whites, spinach

Mexican
 Sausage, eggs, peppers, jalapeños, onions, salsa, monterey jack cheese

Country Man
 Shell steak, eggs, grilled onions, cheddar cheese

Hungry Man
 Your choice of meat, eggs, home fries, cheese

Substitute Egg Whites \$1.50



WEDNESDAY SPECIAL WEEKEND SPECIAL

\$8.99
1 Dozen Bagels

\$24.99
 •1 Dozen Bagels
 •1/2 LB. Cream Cheese
 •1/4 LB. Sliced Nova Scotia

HOT BEVERAGES

Coffee Regular 100% Colombian
 French Vanilla, Hazelnut, Chocolate Raspberry, Snickerdoodle, Dark Roast, Sea Salt Caramel, And feature flavor of the month

Decaf
 Colombian, Hazelnut, French Vanilla

Tea
 Green, Decaf Green, Lemon, Earl Grey, Mint, Chamomile, Orange

Hot Chocolate
 French Vanilla Cappuccino

12 OZ. \$1.80
16 OZ. \$2.30
20 OZ. \$2.65
10 CUPS
 Box of Joe \$17.99
 Comes with milk or cream, Sweetener and cups



COLD BEVERAGES

Tutti Frutti Smoothie \$6.75
 Fresh mixed raspberries, blueberries, strawberries, activia yogurt, oatmeal, organic apple juice

Strawberry Banana Smoothie \$6.75
 Strawberries, banana, milk, sugar

Kiwi Kale Smoothie \$6.75
 Kiwi, kale, oatmeal, organic apple juice, seasonal fruit

Our smoothies are made with no preservatives

Iced Coffee
 M L XL
 \$3.50 \$3.50 \$4.50

Mint Lemonade \$3.50 \$4.50
Orange Juice \$4.50 \$5.50

CATERING

BREAKFAST LUNCH

All platters come with our hand rolled bagels, Fresh relish tray and side salads

Continental Breakfast \$9.50 Per Person
 Your choice of assorted cream cheeses, butter, jelly, muffins, danishes

Hot Buffet \$11.50 Per Person
 Scrambled eggs, french toast, choice of two meats, home fries

Nova Nosh \$17.99 Per Person
 Nova, baked salmon, jumbo whitefish all prepared cream cheese beautifully arranged on platters

Full Appetizing \$22.99 Per Person
 Nova, baked salmon, jumbo whitefish all prepared fresh. Your choice of assorted cream cheeses, herring in cream sauce

Chubs, Sable, & Sturgeon available upon request

Homemade Salad Buffet \$17.99 Per Person
 Your choice of any of our homemade salads from our menu; garnished and put on a platter

Wrap Platter \$17.99 Per Person
 Choose any of our specialty wraps or come up with your own. Rolls and bagels can be substituted

Petite Finger Sandwiches \$8.50 Per Person
 Choose any of our specialty wraps or come up with your own. Rolls and bagels can be substituted
 Add \$1.00 for coffee



BAGEL WORLD SPECIAL GIANT BAGELS

\$110
 Comes with your choice of side salad

FEEDS 15 PEOPLE

American Giant
 Boar's head roast beef, turkey breast, american cheese, lettuce, tomato, mayo

Italian Giant
 Boar's head ham, salami, pepperoni, provolone, lettuce, tomato, onion, italian dressing

Bagel World Giant Party Bagel
 Grilled chicken, grilled vegetables, roasted red peppers, fresh mozzarella, balsamic vinaigrette

Create Your Own Giant
 Give us your favorite recipe!