



TAKING PART IN A PLACEBO-CONTROLLED STUDY

Thank you for your interest in clinical studies.

Below are some answers to common questions about placebo in clinical studies. For further information, please speak with your doctor or a nurse.

This video requires approval by an Ethics Committee as per local regulations. Password: S4n0f!2022



“ What are clinical studies and what is their purpose?

Clinical studies are a type of medical research involving patients. Their aim is to answer specific questions about new therapies or treatment methods with the hope of making more treatment options available to patients. They are a necessary part of research to establish that the treatment works as expected.

“ What is a placebo?

A placebo is an inactive substance used in some clinical studies. It will look exactly the same as the new potential treatment being tested in the study, and it will be given in the same way. However, it is intended to have no effect on your condition either positively or negatively. A placebo may be used in clinical studies to allow a scientifically acceptable comparison between different groups of patients.

“ What is a placebo-controlled study?

A clinical study in which a group of patients receiving an inactive substance (a placebo) is compared to another group receiving the new treatment is known as a placebo-controlled study. At the end of such a study, the outcome of patients in the two groups is compared to identify treatment effects and differences between the groups. Patients and doctors do not know which group patients have been assigned to until the study is completed.

“ What is the benefit to me of taking part in a placebo-controlled study?



All patients participating in a clinical study typically receive a higher level of care than similar patients who are not in the study and may have better access to specialists in their condition.



Taking part in a clinical study also offers a potential opportunity to access a new treatment that is in development and not yet available to all patients.



Patients are closely monitored throughout a study to assess their condition and their progress, and patient assessments may be more in-depth compared to those outside the study.



By taking part, you will also contribute to the medical knowledge that could benefit all patients with your condition in the future. Without people who are willing to take part in clinical studies, it wouldn't be possible to carry out this important medical research.

If you are considering taking part in a clinical study and wish to know more about the treatments involved or other details, please ask your doctor or a nurse for more information.