

# STRATH NEIGHBOURHOOD CENTRE

## OUR CENTRE IN 2023/24



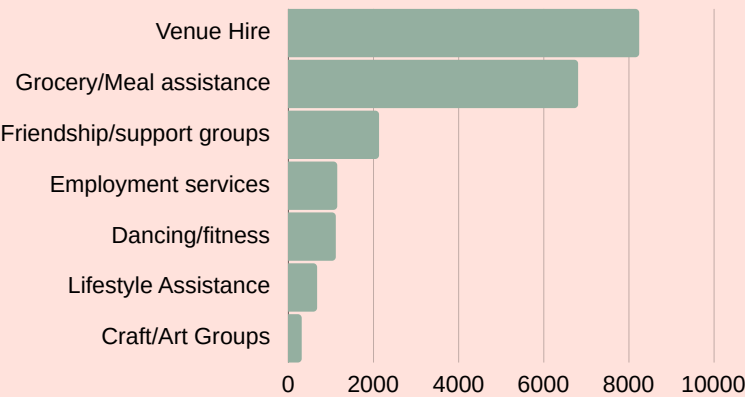
### 20 VOLUNTEERS

helping with reception, maintenance, gardening support, fundraising and program facilitation

### PARTNERS

Alexandrina Council  
Wise Employment,  
Community Centres SA  
Southern Volunteering  
Volunteering SANT  
Junction Housing  
Salvation Army

### PROGRAMS & ACTIVITIES



### OUTREACH

Eastern Fleurieu Schools  
FoodBank/Oz Harvest  
Standby Support Suicide Prevention  
Goolwa Haven  
SAARG  
Strath's Culturally diverse community  
Strath's LGBTIQA+ community

## COMMUNITY ENGAGEMENT

# 100+

### PEOPLE HAD A SAY

- Community Survey
- Canvassing shoppers in Dawson Street
- Emailing specific interest groups
- Facebook
- Rotary Aged and Carers' expo
- Head, Heart, Hands and Feet activities

### WHAT PEOPLE VALUE ABOUT OUR CENTRE

- Friendliness
- Is helpful for the community
- Provides interesting activities
- Helps to combat social isolation

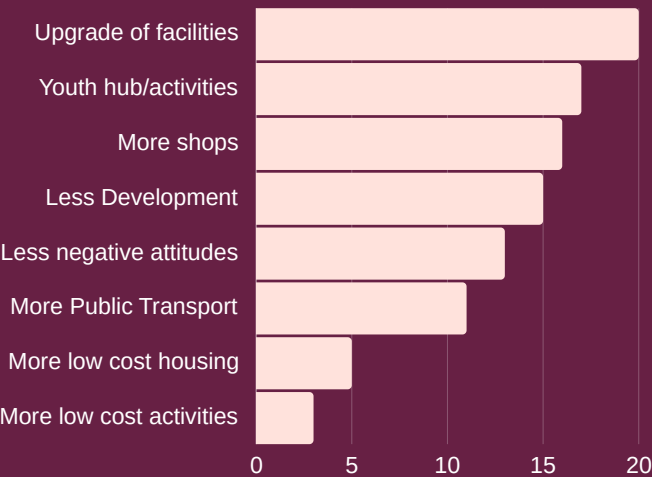
*"I want to have a coffee with my friends and say hello to everyone."*

Julia

### DOMINANT THEMES

- 18% of respondents want to learn life skills such as cooking, financial advice, IT skills, how to prune etc.
- 16% of respondents want fitness/sports activities such as dancing, yoga, exercise etc.
- 13% want craft/art classes
- 9% want more youth activities
- 7% want to sit and chat
- 7% want therapeutic activities such as carers support, women's support, counselling etc
- 3% want disability support
- 2% want Indigenous specific activities

### TYPE OF COMMUNITY NEEDS IDENTIFIED



## PRIORITIES FOR ACTION 24-29

### 1 Improve Mental Health for Youth & Young Adults in Strathalbyn

Through engaging with social workers or other professionals, establishing a youth hub and targeted activities including life skills sessions

### 2 Improve Mental Health for Older people in Strathalbyn

Through engaging with social workers or other professionals, through providing targeted activities such as lifeskills, art/craft groups, social groups

### 3 Improve connections for minority groups in Strathalbyn

Provide targeted support services eg; women's support, carer's support, grief support, ATSI support, LGBTIQA+ support, Culturally Diverse support

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