



# ALL MEMBER NEWSLETTER

## WCC CELEBRATES THIRD ANNIVERSARY

Hard to believe that it has been 3 years since we opened the doors to the NEW *Wilmerding Community Center*, and thanks to you, *we are still growing & improving all the time!*



As we enter our fourth year of operation we want to encourage all of our members to share what they already know—*that the WCC is a “Beacon of Hope” for all*. From Water Aerobics to Silver Sneakers Yoga and youth swim lessons, the WCC provides healthy alternatives, community socialization & builds confidence & self esteem for many.

As a valued member, we are providing you with “3 Guest Passes” for you to give to family, friends, co-workers & neighbors for 3 Complementary visits to the WCC. If any of your guests becomes a NEW MEMBER you will BOTH be entered into our “Third Anniversary Drawing” for \$300. *Stop by the front desk for your Guest Passes today!*



### Allegheny County LIFEGUARDING CLASSES

*(Weekend of 10/14)*

If you are looking to become a Certified Lifeguard OR re-new your current certification then these classes are for you. *Class is held in our pool over the weekend of October 14, 15 & 16th*

**REGISTER at the ALLEGHENY COUNTY Parks WEBSITE or pick up info at the front desk**

**Allegheny County (412-350-2455)**



**American Red Cross Training Services**

### WHAT’s NEW *(New Programs & Classes)*

**EVENING WATER AEROBICS with Bobbie Mondays at 6:00pm.** *(begins 9/12)*  
*We heard the requests and we aim to please! This popular Water Aerobics program has been a staple for our morning members and now available in the evenings.*

**STEP TO THE PLATES—Mondays at 8:30am with Dawn** *Join Dawn as she provides a 20 minute cardio with steps followed by 30 minutes of upper body strength training.*

**STRENGTH IN NUMBERS—Tuesdays at 4:45pm.** *Come join Dawn as she leads this ALL Strength Training class for the entire body—NO CARDIO HERE, just weights & bars to strengthen those important muscles for essential well being—Strong is the new Skinny*

## LIFESAVING OPPORTUNITIES

### AHA Certified CPR, AED & 1st Aid

October 22nd —9am-noon. Register by 10/15 as space limited to 15 total.

\$40 WCC Members \$60 Non-Members.

*(Class taught by Eastern Area Prehospital Services)*



### SWIM LESSONS—**FALL 1 SESSIONS ARE FILLED**

### **FALL 2 SESSIONS BEGINS OCT 30TH.**

We have lessons for all age groups—6 months to Adults. Private & Semi-private lessons available.

**EARLY REGISTRATION encouraged as classes fill up. Call 412-520-SWIM**

## WCC FACTS

*(Things you may NOT know)*



- ⇒ The WCC has 331 community members
- ⇒ Over 850 Silver Sneakers have signed up since we opened in September 2019
- ⇒ An average of 153 people come to the WCC on a daily basis
- ⇒ The WCC is HOME to 5 outside community groups that utilize the Center's amenities
- ⇒ We are an Emergency Training Site for local Municipalities



## WCC 1st Annual Car Cruise

OUR first Annual Car Cruise was held on August 14th and turned out to be a beautiful day for both car collectors and the general public. Over 40 classic and antique cars convened in the WCC parking lot for a fun filled day of cars, music, and gift basket raffles. **LOOK for our second Annual Car Cruise to be BIGGER & BETTER!**

## UPCOMING SPECIAL EVENTS

*OPEN to Everyone in the Community*

- ◆ **BINGO**—Saturday, Sept 24th, Doors open at 5:45pm & Early Bird Begins at 6:00pm
- ◆ **PUMPKIN CHASE RACE**—Sat, Oct 29th 5 K and 1 mile FUN Run begins at 9:00am
- ◆ **NIGHT AT THE RACES**—Sat, Oct 29th Doors open at 6:00pm

## 1st Annual PUMPKIN CHASE



## SPONSORSHIPS AVAILABLE

Show your support by being a **SPONSOR** for our 1st Annual PUMPKIN CHASE **SATURDAY, October 29th @ 9:00am**

### Sponsorship Levels

**PLATINUM Level**—\$1,000 includes Business Banner at ALL WCC Events, Name & Logo on the Top Back of Runners Shirts & 10 shirts

**GOLD Level** - \$500 includes Business Banner at Start & Finish, Business Name & Logo on back of Runners Shirts & 5 shirts

**SILVER Level**- \$250 with Business name on Shirts under Gold Level & 3 event shirts

**BRONZE Level**—\$125 with Business name on Shirts and 2 event shirts

**VOLUNTEERS ARE NEEDED RACE DAY** if interested call **Pete (412-520-7946)**