



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
6:00 AM	ADULT SWIM & 2 LAP LANES	ADULT SWIM & 2 LAP LANES	ADULT SWIM & 2 LAP LANES	ADULT SWIM & 2 LAP LANES	ADULT SWIM & 2 LAP LANES		Sundays Will Return To The Schedule In the Fall					
7:00 AM						ADULT SWIM & 2 LAP LANES						
8:00 AM												
9:00 AM		WATER AEROBICS <i>Bobbi</i>		SILVER SNEAKER Splash, Shake, Roll <i>Jane</i>		CARDIO H2O Fun Calorie Killer <i>Jane</i>						
10:00 AM		WATER AEROBICS <i>Bobbi</i>		AQUA HIIT INTERVAL CLASS Full body FAT BURN <i>Jane</i>	CARDIO H2O AQUA AEROBIC <i>For fast FAT BURN</i> <i>Jane</i>	ADULT SWIM & 2 LAP LANES						
11:00 AM	SILVER SNEAKER Splash, Shake, Roll <i>Jane</i>	ADULT SWIM & 2 LAP LANES	EXERCISE ON YOUR OWN	ADULT SWIM & 2 LAP LANES	ADULT SWIM & 2 LAP LANES	FAMILY SWIM BY RESERVATION						
12:00 PM	DEEP WATER Fat Burning <i>Jane</i>					ADULT SWIM & 2 LAP LANES						
1:00 PM	<p style="text-align: center;">POOL CLOSED MONDAY – FRIDAY EVERYDAY TO REGULATE AND MAINTAIN WATER TEMPERATURE AND CLEANLINESS</p>											
2:00 PM						POOL RENTAL OR ADULT						
3:00 PM												
4:00 PM						ADULT SWIM & 2 LAP LANES		FAMILY SWIM BY RESERVATION	ADULT SWIM & 2 LAP LANES	1 - FAMILY SWIM BY RESERVATION	ADULT SWIM & 2 LAP LANES	
5:00 PM						FAMILY SWIM BY RESERVATION		ADULT SWIM & 2 LAP LANES	SWIM LESSONS	2 - FAMILY SWIM BY RESERVATION	FAMILY SWIM BY RESERVATION	
6:00 PM						ADULT SWIM & 2 LAP LANES		SWIM LESSONS 6-8 PM	530-8 PM	& 2 LAP LANE		<p style="text-align: center;">ASK AT THE FRONT DESK FOR PARTY AND RENTAL INFORMATION ON FRIDAYS SATURDAYS & SUNDAYS</p>
7:00 PM						AQUA ZUMBA CLASS <i>Heather</i>				CARDIO H2O Calorie Killer Class <i>Jane</i>		
8:00 PM				ADULT SWIM & 2 LAP LANE								

EFFECTIVE 4/17/22

MONDAY	6:00 – 11:00	ADULT SWIM WITH 2 LAP LANES
	11:00 – 11:45	SILVER SNEAKER SPLASH SHAKE ROLL with JANE
	11:50 – 12:35	DEEP WATER FAT BURNING with JANE
	12:35 – 1:00	ADULT SWIM WITH 2 LAP LANES
	1:00 – 4:00	CLOSED
	4:00 – 5:00	ADULT SWIM WITH 2 LAP LANES
	5:00 – 6:00	FAMILY SWIM REGISTRATION REQUIRED
	6:00 – 7:00	ADULT SWIM WITH 2 LAP LANES
	7:00 – 8:00	AQUA ZUMBA with HEATHER
TUESDAY	6:00 – 8:30	ADULT SWIM WITH 2 LAP LANES
	8:30 – 9:15	WATER AEROBICS with BOBBI
	9:15 – 10:10	ADULT SWIM WITH 2 LAP LANES
	10:10 – 10:55	WATER AEROBICS with BOBBI
	11:00 – 1:00	ADULT SWIM WITH 2 LAP LANES
	1:00 – 4:00	CLOSED
	4:00 – 5:00	FAMILY SWIM REGISTRATION REQUIRED
	5:00 – 6:00	ADULT SWIM WITH 2 LAP LANES
	6:00 – 8:00	SWIM LESSONS
WEDNESDAY	6:00 – 11:00	ADULT SWIM WITH 2 LAP LANES
	11:00 – 12:00	EXERCISE ON YOUR OWN
	12:00 – 1:00	ADULT SWIM WITH 2 LAP LANES
	1:00 – 4:00	CLOSED
	4:00 – 5:30	ADULT SWIM WITH 2 LAP LANES
	5:30 – 8:00	SWIM LESSONS
THURSDAY	6:00 – 9:00	ADULT SWIM WITH 2 LAP LANES
	9:00 – 10:00	SILVER SNEAKER SPLASH SHAKE ROLL with JANE
	10:15 – 11:15	AQUA HIIT INTERVAL CLASS FULL BODY FAT BURN w/ JANE
	11:15 – 1:00	ADULT SWIM WITH 2 LAP LANES
	1:00 – 4:00	CLOSED
	4:00 – 4:45	FAMILY SWIM REGISTRATION REQUIRED PART 1
	4:45 – 5:30	FAMILY SWIM REGISTRATION REQUIRED PART 2
	5:30 – 6:15	ADULT SWIM WITH 2 LAP LANES
	6:15 – 7:15	CARDIO H2O CALORIE KILLER CLASS with JANE
7:15 – 8:00	ADULT SWIM WITH 2 LAP LANES	
FRIDAY	6:00 – 10:00	ADULT SWIM WITH 2 LAP LANES
	10:00 – 11:00	CARDIO H2O AQUA AEROBIC FAST FAT BURN with JANE
	11:00 – 1:00	ADULT SWIM WITH 2 LAP LANES
	1:00 – 4:00	CLOSED
	4:00 – 5:00	ADULT SWIM WITH 2 LAP LANES
	5:00 – 6:00	FAMILY SWIM REGISTRATION REQUIRED
SATURDAY	7:00 – 8:30	ADULT SWIM WITH 2 LAP LANES
	8:30 – 10:00	CARDIO H2O FUN CALORIE KILLER with JANE
	10:00 – 11:30	ADULT SWIM WITH 2 LAP LANES
	11:30 – 12:30	FAMILY SWIM REGISTRATION REQUIRED
	12:30 – 2:00	ADULT SWIM WITH 2 LAP LANES
	2:00 – 3:00	POOL RENTAL – adult swim will continue if no party scheduled.
SUNDAY	CLOSED	Bonus Sundays will have separate schedule posted
	11:00 – 12:30	ADULT SWIM WITH 2 LAP LANES
	12:30 – 1:15	FAMILY SWIM REGISTRATION REQUIRED PART 1
	1:15 – 2:00	FAMILY SWIM REGISTRATION REQUIRED PART 2
	3:00 – 4:00	ADULT SWIM WITH 2 LAP LANES

Lap Swim & Adult

Swim: 2 lap lanes for lap exercise and training, open area for exercise. 21 and older only for open area. Lap usage under 21 must have permission from WCC.

Family swim:

REGISTRATION IS REQUIRED. Max of 14 in shallow end and 9 in deep end. Parent/Guardian/Grand parent AND children/grandchildren in the water together. During covid there will be no lap lane usage. **Must** be all the same family unit – **not** a group of friends. **Must** be within arms reach in the water. STAY CLOSE TOGETHER. DO NOT INVADE ANOTHERS SPACE.

No Adults without children under 18 as this takes away from the families that can swim.

During classes and SWIM LESSONS, only class participants permitted in the pool except where noted and registrations are required.

Party Rentals:

Guard on duty will know scheduled parties

WCC Hours as of this schedule (and are subject to change without notice)

Monday – Thursday 6am – 8pm

Friday 6am – 6pm

Saturday 7am – 3pm

Sunday : CLOSED (except bonus Sundays)