



:45	Heather	& 2 LAP LANES	4/1/2024
8:00 PM	*POOL CLOSSES 15 MINUTES BEFORE BUILDING TO ENSURE EVERYONE HAS TIME TO BE CHANGED AND LEAVE BY CLOSING*		
<b>MONDAY</b>	6:00 – 10:45	ADULT SWIM WITH 2 LAP LANES	<b>Lap Swim &amp; Adult Swim:</b> 2 lap lanes for lap swimming only, open area for exercise or free swim. Not using lap lanes correctly? A guard will have you move to open area. 21 and older only for open area. Lap usage under 21 must have permission from WCC.  <b>COMBINED: FAMILY &amp; ADULT &amp; LAP SWIM REGISTRATION IS REQUIRED.</b> Must inform us if you will be in shallow or deep for your entire swim. Family spots are limited due to lap lanes. Adults permitted to use the pool at same time in the deep end. Using shallow end is at adult's discretion.  <b>Family swim: REGISTRATION IS REQUIRED.</b> Max of 14 in shallow end and 10 in deep end. Must pass guards swim test for deep water. Parent/Guardian/Grandparent AND children/grandchildren in the water together. There will be no lap lane
	10:50 – 11:50	Silver Sneaker Splash with JANE	
	12:00 – 12:45	Aqua Arthritis Energizer Class with JANE	
	1:00 – 4:00	CLOSED	
	4:00 – 4:45	CHILD CARE SWIM USAGE ONLY	
	4:45 – 6:45	COMBINED SWIMMING: FAMILY – ADULT – LAP	
	7:00 – 8:00	Aqua Zumba with HEATHER	
<b>TUESDAY</b>	6:00 – 9:45	ADULT SWIM WITH 2 LAP LANES	
	10:00 – 10:45	Golden Oldies Water Aerobics with JUDI & CINDY	
	11:00 – 1:00	ADULT SWIM WITH 2 LAP LANES	
	1:00 – 4:00	CLOSED	
	4:00 – 5:30	ADULT SWIM WITH 2 LAP LANES	
	5:30 – 8:00	SWIM LESSONS	
<b>WEDNESDAY</b>	6:00 – 11:00	ADULT SWIM WITH 2 LAP LANES	
	11:00 – 12:00	FIT & SPLASH with JUDI & AMY / AQUA YOGA with PAM	
	12:00 – 1:00	ADULT SWIM WITH 2 LAP LANES	
	1:00 – 4:00	CLOSED	
	4:00 – 4:45	CHILD CARE SWIM USAGE ONLY	
	4:45 – 5:30	ADULT SWIM WITH 2 LAP LANES	
5:30 – 8:00	SWIM LESSONS		
<b>THURSDAY</b>	6:00 – 9:00	ADULT SWIM WITH 2 LAP LANES	
	9:00 – 10:00	Silver Sneaker Cardio with JANE	
	10:15 – 11:15	Aqua HIIT Total Body Cardio with JANE	
	11:15 – 1:00	ADULT SWIM WITH 2 LAP LANES	
	1:00 – 4:00	CLOSED	
	4:00 – 5:00	ADULT SWIM WITH 2 LAP LANES	
	5:00 – 6:00	COMBINED SWIMMING: FAMILY – ADULT – LAP	
	6:00 – 6:15	CLEAR POOL, REMOVE LINES FOR CLASS	
	6:15 – 7:15	Aqua Fit Cardio and Toning with JANE	
7:15 – 7:45	ADULT SWIM WITH 2 LAP LANES		
<b>FRIDAY</b>	6:00 – 10:00	ADULT SWIM WITH 2 LAP LANES	
	10:00 – 11:00	H2O Cardio Blast with JANE	
	11:10 – 12:00	Aqua Arthritis with JANE	
	12:00 – 1:00	ADULT SWIM WITH 2 LAP LANES	
	1:00 – 4:00	CLOSED	
	4:00 – 5:00	ADULT SWIM WITH 2 LAP LANES	
	5:00 – 5:45	COMBINED SWIMMING: FAMILY – ADULT – LAP	
<b>SATURDAY</b>	7:00 – 8:30	ADULT SWIM WITH 2 LAP LANES	
	8:30 – 9:30	Aqua Fit with JANE	
	10:00 – 12:00	SWIM LESSONS	
	12:00 – 2:00	COMBINED SWIMMING: FAMILY – ADULT - LAP	
<b>SUNDAY</b>	12:00 – 3:00	COMBINED SWIMMING: FAMILY – ADULT - LAP	

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WCC Hours as of this schedule (and are subject to change without notice)

Monday – Thursday 6 am – 8 pm

Friday 6 am – 6 pm

Saturday 7 am – 2 pm

Sunday: Noon – 4 pm (June – March)