

# WEEKLY CLASS REGISTRATION FORM

\*\*\*\*YOU CAN ONLY REGISTER FOR 7 DAYS FROM TODAY'S DATE. CIRCLE YOUR CLASS ON THE LIST  
 EXAMPLE: TODAY WEDNESDAY 9/9/20-YOU CAN FILL OUT FORM FOR THURSDAY 9/10/20 THRU WEDNESDAY 9/16/20.  
**NAME/PHONE/TODAY'S DATE/TIME DROPPING OFF/WEEKLY DATES MUST BE FILLED OUT OR WILL BE THROWN AWAY**

<b>NAME:</b> _____  <b>PHONE:</b> _____ PLEASE FILL IN THE CORRECT DATES	<b>TODAY'S DATE:</b> _____  <b>TIME IN:</b> _____  DOES NOT GUARANTEE YOU A SPOT.	<b>PLEASE CIRCLE YOUR MEMBERSHIP TYPE:</b> SILVER SNEAKERS OR REGULAR
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MON _____	TUE _____	WED _____	THU _____	FRI _____	SAT _____
HIIT STEP	YOGA	HIIT STEP	INTERM. PICKLEBALL	CYCLING	OPEN PICKLEBALL
ADV. PICKLEBALL	OPEN PICKLEBALL	S.S. CLASSIC	SILVER SPLASH (EASY)	S.S. YOGA	CYCLING
SILVER SPLASH (EASY)	ZUMBA LAND	DRUMS ALIVE	POWER MOVE(HARD)	HIIT WATER (MED)	BOOT CAMP (HARD)
DEEP WATER (MED)	PRAISE MOVES/KICKS	PRAISE WAVES	CYCLING	OPEN PICKLEBALL	BUTTS & GUTS
CYCLING	DEEP WATER	SHALLOW WATER	POUND!		ZUMBA LAND
ZUMBA LAND	SHALLOW WATER	CYCLING	YOGA		
FULL BODY SCULPT	KETTLE BELL	BUTTS & GUTS	MUSCLE CONDITIONING (HARD) *STARTS OCT 22*		
AQUA ZUMBA	CYCLING		CARDIO TRAINING		
	BUTTS & GUTS				

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