MAY EMPLOYEE SPOTLIGHT



DAWN WONDERLING

Dawn is 29 year "lifer" here at the WCC. She was a Fitness Instructor at the Wilmerding YMCA for 25 years and was gracious enough to join our team here at the Wilmerding Community Center for the last 4 years!

Dawn got into her Fitness Path with the help of a Fantastic and Fun instructor she had at one time that had a lot of faith that Dawn could sub for her class...kind of sounds familiar for a couple of you right? But Dawn has built a faithful fan base and truly **LOVES** the Fitness Family that she has been blessed to build.

Dawn graduated Cum Laude' from RMU with a Bachelors Degree in Business Information Systems (computer programming) & likes to make people laugh by saying that she can't use her smart phone or ipod without difficulty!

Dawn likes working in her yard, likes to crochet, doing search a word puzzles and reading. She absolutely loves to sleep & eat. She is also OCD so she cleans & organizes often and it makes her feel fulfilled (which is probably why she likes baking and not cooking... baking is very organized and precise while cooking can be chaotic). Dawn is a strong Christian woman and loves helping others when she can.

Be sure to check your schedules to grab up some Dawn class time. She teaches Cycling, Strength Training, Drums Alive, Step & Stability Ball and several Silver Sneaker Classes.