

Random Acts of Kindness

1. Write a friendly note on the sidewalk in chalk to make others smile
2. Pick up trash in a public place
3. Bake a treat for a friend
4. Invite someone new to church
5. Offer your help to someone
6. Leave a friendly note in a library book
7. Make a friendship bracelet for a friend (or multiples)
8. Post positive notes around your community
9. Donate extra school supplies to your classroom or someone else's classroom
10. Give a compliment to as many people as you can
11. Send a card to a sick child in the hospital
12. Donate a toy or board game to the **Children's Hospital Foundation**
13. Carry around loose change and put it in tip/donation jars
14. Buy a gift for a child that is currently in foster care
15. Donate essentials to local homeless shelters
16. If your school offers ice cream at lunch, buy one for another kid at school
17. Leave a gift for your mail carrier or trash collector
18. Purchase script cards from church to give to someone in need
19. Send flowers, food, or an uplifting note to some nurses at the hospital
20. Write a letter or draw a picture to send to a deployed or wounded member of the military through **Operation Gratitude** or **Soldier's Angels**
21. Write letters to seniors in your local nursing homes
22. Write a letter to a teacher or someone who has made a difference in your life
23. Donate new or old baby or kids stuff to **Marsha's Place**
24. Paint small rocks with inspirational sayings and put them around your local park
25. Start a kindness competition where you and your friends commit to one kind act each day