

Client Application & Discovery Call

This form helps us to learn a bit about you and your goals before our first call which is a \$50, 30 minute discovery call.

We look forward to chatting!

NOTE: We do not accept health insurance towards nutrition programming. While your insurance company may tell you it's a covered benefit, this does not apply to our nutrition programming. If you are looking for your insurance to cover nutrition services we can fill out a form that indicates your time spent with us that you can send in to your insurance company to obtain reimbursement. We offer no guarantees though that with that form you will obtain said reimbursement.

I understand I am not interested at t

Introduce yourself!

Legal first name

Last name

Home phone

Mobile phone

Email address

Referred by

Please tell us about the nutrition & health goals you want to achieve

What have you tried, nutrition-wise, in the past to achieve your goal(s)? Please be specific

What are your main challenges that are preventing your from reaching your goal(s) at this time?

Do you believe it is possible for you to achieve your goals?

Absolutely!

I think so

I'm not sure

Our personalized nutrition coaching has led to amazing shifts for our clients. Nutrition coaching is both an energetic and financial commitment. We have 2 options to for Sports Nutrition Programming. 4 visits for \$400 to cover initial goals, education, implementation and some followup , or

We work for 3 months together and this requires dedicated time, teaching, learning, goal setting and implementation with proper follow up. The investment starts at \$1200.

Are you willing and able to commit to this?

Insurance is not accepted for nutrition programming. FSA and HSA is not accepted at this time but payment plans are an option.

Absolutely!

I think so! I just want to chat a bit more

No, not at this time, but hopefully

soon!