

SPIRITUAL
200 MESSAGES
SAVANT
FOR SPIRITUAL
JOSEPH
COMMUNICATION

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POEM OF SPIRITUAL SAVANT RUMI

Are you searching for the river of your soul?

Then come out of your prison.

Leave the stream

and join the river

that flows into the ocean

Silence

is an ocean. Speech is a river.

When the ocean is searching for you, don't walk

into the language river. Listen to the ocean,

and bring your talky business to an end.

Traditional words are just babbling

in that presence, and babbling is a substitute for sight.

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When Joseph and Brother Basil collaborated on the first book (BROTHER BASIL: 200 Messages of Love, Acceptance, and Understanding) Joseph's true nature as a Spiritual Savant had not yet been realized. Since then, Joseph has evolved.

What is a Spiritual Savant? How did Joseph become one? Let's answer the second question first: Joseph was born with the capacity to evolve into a Spiritual Savant because he was born differently wired than neuro-typical people. We all have the capacity for spiritual understanding and communication, but Joseph's capacity is amplified by his ability to directly communicate with, and receive communication from, the Spiritual. He is blessed with extraordinary sensitivity which makes him less functional in the day-to-day world but more functional in the Spiritual. Being a Spiritual Savant is a great gift.

But ... what is a Spiritual Savant? Historically, the most famous Spiritual Savant, who is extensively quoted in this book, is Rumi (1207-1273). Rumi was a mystic, poet and spiritual teacher in a time when Genghis Khan was conquering the world. Spiritual Savants are created when the world is in turmoil and the messages of love, acceptance, and understanding need to be heard. This is Joseph's time.

“Neither this body am I, nor soul. Nor these fleeting images passing by. Nor concepts and thoughts, mental images. Nor yet sentiments and the psyche's labyrinth. Who then am I? A consciousness without origin. Not born in time, nor begotten here below. I am that which was, is and ever shall be. A jewel in the crown of the Divine Self. A star in the firmament of the luminous One.” Rumi

Why this second book? BROTHER BASIL revealed 200 messages of love, acceptance and understanding, but not how to spiritually communicate. How to ask questions and receive guidance. How to turn those 200 messages into practical reality. How to reach your full spiritual potential.

We live in an era of collective trauma. We need to gain perspective on the situations and issues impacting our lives. We need coping skills to do our

best and therapeutic words of spiritual wisdom. Our thoughts are not facts, and our negative thoughts are not prophesies.

Be gentle and understanding with yourself and others. We are all suffering from emotional exhaustion and in need of spiritual renewal. Meditation is an excellent practice that opens the self to spiritual communication. Create silence so that you may listen.

There will never be a perfect time to start your spiritual journey. Start now.

You cannot always be prepared for what you will discover, and you don't need a physical companion. The spiritual journey is personal. You will receive what you need if you travel with an open mind and an open heart.

Your voice matters. Do not enter with an attitude of anger or frustration. Enter with gratitude and empathy.

Enter as a Spiritual Savant in your own right. Enter with Spiritual Savants Joseph and Rumi as your guides.

“Be helpless. Dumbfounded. Unable to say yes or no. Then a stretcher will come from grace to gather us up. We are too dull-eyed to see that beauty. If we say we can, we are lying. If we say No, we don't see it, that No will behead us. And shut tight our window onto spirit. So let us rather not be certain of anything. Beside ourselves, and only that, so Miraculous beings come running to help. Crazed, lying in a zero circle, mute. We shall be saying finally, with tremendous eloquence, lead us. When we have totally surrendered to that beauty, we shall be a mighty kindness.”

RUMI

**WELCOME TO YOUR SPIRITUAL
COMMUNICATION JOURNEY.**

**200 MESSAGES FOR
SPIRITUAL COMMUNICATION**

Messages for Spiritual Communication

1

“Every leaf that grows will tell you: what you sow will bear fruit, so if you have any sense my friend, don’t plant anything but love.”

RUMI

Spiritual Savant Joseph enters every communication with an attitude of love, acceptance and understanding. Surprisingly, many seekers enter with hostility and doubt! Why would they expect a gracious reception? Should guidance be demanded, or respectfully sought? Treat those with whom you spiritually connect with gratitude and respect, just as you would a valued teacher in the physical world. Act with love and you will receive love in return. Act with frustration, and you will have a frustrating and unfruitful experience. Act with hostility, and your reception will be equally hostile!

Remember:

When you communicate spiritually, seek guidance with love and respect, you are not Genghis Khan engaging an enemy.

“The pleasure and joy of man lies in treading down the rebel and conquering the enemy, in tearing him up by the root, in taking from him all that he has.” Genghis Khan

“Spiritual Savant Joseph’s Blessing

Messages for Spiritual Communication

2

“All day I think about it, then at night I say it. Where did I come from, and what am I supposed to be doing? I have no idea. My soul is from elsewhere. I’m certain of that, and I intend to end up there. Who looks out with my eyes? What is the soul? I cannot stop asking. If I could taste one sip of an answer, I could break out of this prison. I didn’t come here of my own accord, and I cannot leave that way. Whoever brought me here will have to take me home.”

RUMI

Spiritual Savant Joseph is a pure soul, a conduit for spiritual communication. Because of his neurodiversity, Spiritual Savant Joseph can access different areas of communication. He did not create his neurodiversity of his own accord, and he is guided by the spiritual to be a light in this world until he is taken home. We, who are neurotypical, ask the same questions and receive the same answers: We are guided by the love and kindness of our souls. Guided through spiritual communication until we ultimately leave the physical and find our way home.

Remember:

When you communicate spiritually, be guided by what you can do, and not by what you cannot.

“Can you imagine what I would do if I could do all I can.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

3

“Be silent. Only the Hand of God can remove the burdens of your heart.”

RUMI

In order to spiritually communicate, you must learn to be silent. Not just not speaking, although Spiritual Savant Joseph prefers non-speech communication, but silence of the mind. Calm your mind to accept the spiritual and hear the communication. Be patient with yourself. Focus. How can you listen through all the noise of stress and doubt? Silence is necessary to prepare an open heart and an open mind.

Remember:

When you communicate spiritually, seek patience to focus and listen.

“He that can have patience can have what he will” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

4

“Christian, Jew, Muslim, Shaman, Zoroastrian, stone, ground, mountain, river, each has a secret way of being with the mystery, unique and not to be judged.”

RUMI

As a family, we are Christians. Brother Basil was a Christian cleric. Rumi was a Muslim cleric. Approach the Divine with gratitude and respect, the name we use in reverence is inconsequential. The Divine answers to all. Spiritual communication involves the soul, not the name of your religion or belief system. What matters is an open and compassionate heart, mind and soul.

Remember:

When you communicate spiritually, be guided by the determination and compassion of your heart, mind, and soul.

“You wouldn’t abandon ship in a storm just because you couldn’t control the winds.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

5

*“Love is the common denominator that unites
all people whatever religion they are.”*

RUMI

Any religion that condones or preaches hate is not spiritual. The promotion of discord is morally wrong and offensive. Spiritual communication is impossible when the soul is rooted in evil. Spiritual Savant Joseph’s soul is a pure example of love, acceptance and understanding. Because he is a pure innocent, Joseph can instinctively recognize and is repelled by souls not in the light. He cannot be deceived, and neither can you. Listen to your intuition. Listen to the messages of spiritual communication. Listen to your heart, mind, and soul. You cannot be deceived when you listen.

Remember:

When you communicate spiritually, deception and persuasion will not disguise the true soul.

“Do not say a little in many words but a great deal in a few.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

6

“I made an oath to myself as long as I live, as long as my soul remains in this body, I will not deviate from the right way but later I looked to my left and then to my right and I saw our Beloved everywhere. How could I make a wrong turn?”

RUMI

Do not be afraid to take the righteous path, even if you feel alone. You are not alone. Just as Spiritual Savant Joseph is surrounded by the spiritual, so are you. Reach out. The Spiritual presence is everywhere and we are their beloved as they are ours. Spiritual communication is always available and welcomed from those with an open heart, mind and soul.

Remember:

When you communicate spiritually, seek the good.

“Those who look for the bad in people will surely find it.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

7

“In every religion there is love, yet love has no religion.”

RUMI

Joseph has been chosen as a Spiritual Savant because he has no hate, no envy, no deception. Spiritual Savant Joseph is a conduit for love, acceptance and understanding. He knows only the right way for spiritual communication. His mind, heart and soul are open, waiting to be filled by the Divine. When we rid ourselves of hate, envy, and deception, we gain the capacity of a spiritual savant. We gain the capacity for love.

Remember:

When you communicate spiritually, seek the immortal love of the pure soul.

“Fear not death for the sooner we die, the longer we shall be immortal.”

Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

8

“I am in love with Love. And Love is in love with me. My body is in love with the soul and the soul is in love with my body. I opened my arms to Love and Love embraced me like a lover.”

RUMI

The Spiritual is love. Communication with the Spiritual is a manifestation of love. The Spiritual Savant is love. Communication through Spiritual Savant Joseph is a manifestation of love. How can we experience this Divine love? How can we become manifestations of love? Simply by being kind and compassionate in words and in deeds. Before speaking, consider the impact of your words. Before acting, consider the impact of your actions. Always speak and act with love, acceptance, and understanding.

Remember:

When you communicate spiritually, seek guidance with an accepting attitude manifested in love.

“Those who are hardest to love need it the most.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

9

“Do not worry if all the candles in the world flicker and die. We have the spark that starts the fire.”

RUMI

Spiritual communication is often hindered by stress from the outside world. Situational thoughts enter the mind and disturb the silence of spiritual focus. Spiritual Savant Joseph interacts with the non-spiritual world as little as possible. Although we are forced to interact with the outside world on a daily basis, our inner spirit will remain strong. We have the ability to spiritually focus and communicate. We have the ability to seek beyond the physical. We are the keepers of the spiritual spark.

Remember:

When you communicate spiritually, focus on the present with hope for the future.

“True happiness is to understand our duties toward God and man, to enjoy the present without anxious dependence upon the future, not to amuse ourselves with either hopes or fears, but to rest satisfied with what we have, which is abundantly sufficient.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

10

“This is Now. Now is all there is. Do not wait for Then; strike the spark, light the fire.”

RUMI

Seek spiritual guidance Now so that you can be prepared, and light an appropriate fire, for the future. Seek spiritual guidance to prepare for the future Then. Now is upon us. The future is determined by your actions and your understanding of spiritual communication. Are you prepared to follow spiritual guidance and act righteously with love, acceptance, and understanding? Are you prepared to strike the spark and light the fire?

Remember:

When you communicate spiritually, seek to embrace NOW.

“We know what we are, but know not what we may be.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

11

“All creatures, day and night, make manifestation of God. Some of them know what they are doing and are aware of their manifesting, while others are unaware. However it may be, God’s manifestation is confirmed.”

RUMI

When we directly and deliberately spiritually communicate we are aware of our own manifestation, and of the spiritual manifestation in response. But the Spiritual doesn’t wait for us to make contact. As a Spiritual Savant, Joseph is constantly manifesting even when he is unaware of his connection. We are constantly manifesting too. Our hearts and minds, our souls, are always known.

Remember:

When you communicate spiritually, the heart, mind, and soul are always speaking.

“Be silent, or let thy words be worth more than silence.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

12

“Do not feel lonely, the entire universe is inside you.”

RUMI

None of us are alone. Ever. Spiritual Savant Joseph is in constant spiritual communication, but all of us are unconsciously communicating with our minds, hearts and souls. It is only when we focus past the everyday distractions that we are able to recognize and understand that we are integrated pieces of the entire universe. We are never lonely as spiritual participants, because as spiritual seekers we are never alone.

Remember:

When you communicate spiritually, you cannot understand the universe with a single visit.

“True wisdom comes to each of us when we realize how little we understand about life, ourselves, and the world around us.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

13

“But listen to me. For one moment quit being sad. Hear blessings dropping their blossoms around you.”

RUMI

Spiritual Savant Joseph makes it look easy, but conscious spiritual communication can be frustrating. Not every attempt is successful, but no attempts are failures. We are not being judged, we are being prepared. Approach sincerely with an open heart and an open mind cleared of situational stress and concerns. Approach in full readiness to spiritually communicate and it will happen.

Remember:

When you communicate spiritually, not connecting immediately is neither an indication of sin nor punishment, it's an indication of preparation for future communication.

It's not true that: “If you had not committed great sins, God would not have sent a punishment like me upon you.” Genghis Khan

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

14

“Be patient when you sit in the dark. The dawn is coming.”

RUMI

Patience is often difficult. Patience requires both practice and perseverance, traits that are not valued in our fast-paced society. Relax. Quiet your mind. Focus. Maintain an attitude of quiet gratitude, joyous anticipation, and respect. Spiritual communication will start, and with practiced patience communication will flow.

Remember:

When you communicate spiritually, be calm and patient with joyous anticipation.

“Our emotional symptoms are precious sources of life and individuality.”
Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

15

“Many prayers are declined because of the rank odor of a corrupt heart rising through the beautiful words. Let the words be wrong, but the meaning right. The flawed utterance is dearer to God.”

RUMI

When others insist that there is no possibility of spiritual communication, when they insist that the spiritual doesn't exist because they cannot communicate, when they mock your efforts, consider the above quote. Spiritual Savant Joseph sometimes encounters skepticism, but he is not deterred. The skeptic cannot communicate. The corrupt heart cannot communicate. Only an open heart and an open mind can hear. Only an open heart and open mind can communicate.

Remember:

When you communicate spiritually, some people will disbelieve your knowledge because they cannot see.

“As a rule, men worry more about what they cannot see than about what they can.” Julius Caesar

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

16

“Everything that is made beautiful and fair and lovely is made for the eye of one who sees.”

RUMI

You see the beauty in spiritual communication. The value of the gift of empathy. The gift of guidance. The gift of love, acceptance and understanding. You are a person of moral value, therefore you can see. Just as not everyone is a Spiritual Savant like Joseph, not everyone is you. Understand that those with a closed mind and heart will be envious of spiritual communication and attempt to denigrate you to others. These people, even if they are family, are not your friends. Choose your friends among those with moral character. Choose friends who can spiritually communicate.

Remember:

When you communicate spiritually, others may not understand your journey.

“We should be too big to take offense and too noble to give it.”
Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

17

“God’s purpose for man is to acquire a seeing eye and an understanding heart. God gave you life and bestowed upon you his attributes; eventually you will return to him.”

RUMI

We all have the attributes of God. The question is: What will we do with those attributes? The seeing eye and understanding heart must be nurtured in the everyday so that a worthy heart and soul can be presented for spiritual communication. Go out into the world with kindness, with empathy, with love, acceptance and understanding.

Remember:

When you communicate spiritually, seek to become strong.

“You become strong by defying defeat and by turning loss and failure into success.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

18

“All Religions. All this Singing. One song. Peace Be with You.”

RUMI

Although some people, like Spiritual Savant Joseph, are adepts, everyone is capable of spiritual communication. Everyone is capable of experiencing Peace of the Soul from their spiritual communication. All hearts, minds, and souls sing as one voice as everyone hears the spiritual song of love, acceptance, and understanding. Everyone together as one song. Everyone.

Remember:

When you communicate spiritually, seek to focus your spiritual energy.

“The secret of change is to focus all of your energy, not on fighting the old but on building the new.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

19

*“There are many ways to the Divine. I have chosen
the ways of song, dance, and laughter.”*

RUMI

Spiritual communication is a joyous experience. Spiritual Savant Joseph often laughs and jumps with joyous exhilaration. Yes ... it takes focus, and the focus takes practice, but even this learning stage is joyous. Look forward to the adventure of new paths, new experiences, and new understanding. Look forward to the continuation of your heart, mind, and soul journey. Look forward with song, dance and laughter!

Remember:

When you communicate spiritually, seek to continue your journey with joy and expectation.

“You may delay, but time will not.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

20

“All religions, all this singing, one song. The differences are just illusion and vanity. The sun’s light looks a little different on this wall than it does on that wall, and a lot different on this other one, but it is still one light.”

RUMI

Spiritual Savant Joseph has no prejudices. He is completely non-judgmental concerning affiliations, physical appearance, or social status. He values kindness, moral values, and the goodness of the soul. Nothing else matters to him, and nothing else should matter to you. We all possess the light of love, acceptance and understanding. Be the light.

Remember:

When you communicate spiritually, seek to focus your mind upon the Light.
“If you correct your mind, the rest of your life will fall into place.” Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

21

*“God looks not at your form, nor at
your deeds, but at your heart.”*

RUMI

We already know that spiritual communication is not concerned with physical appearance, but why are deeds not as important as the heart? Because deeds can be performed for selfish reasons, even if they are ostensibly “good”. People of poor moral character, of unworthy hearts, often perform public charitable acts to create a favorable public image. Although some people can be fooled, the Spiritual cannot. Because he sees beyond physical appearance and selfish acts, Spiritual Savant Joseph cannot be fooled by a wicked heart.

Remember:

When you communicate spiritually, engaging in deceptive tactics will be unsuccessful.

“Tactics without strategy are the noise before defeat.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

22

*“The pure heart is a spotless mirror in which
images of infinite beauty are reflected.”*

RUMI

Spiritual Savant Joseph embodies the pure heart, the spotless mirror of soul reflection. He is the perfect vessel for spiritual communication. The perfect conduit to teach love, acceptance and understanding. Although being chosen as a Spiritual Savant is a gift available to few people, everyone can be their spiritual best. Be mindful of your heart.

Remember:

When you communicate spiritually, you will reveal your true heart, do not be afraid.

“If you are afraid, don’t do it. If you are doing it, don’t be afraid.”

Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

23

“Make everything in you an ear, each piece of your being, and you will hear at every moment what the Source is whispering to you ... you are - we are- we are all the beloved of the Beloved, and in every moment, in every event of your life, the Beloved is whispering to you exactly what you need to hear and know. Who can ever explain this miracle? It simply is.”

RUMI

When we listen silently with an open heart, mind, and soul, we can hear the Beloved whispering. Spiritual Savant Joseph hears the Voices, the whispers of kindness and guidance, constantly. He appears to be distracted, listening to the physically unseen, because he is. He has been chosen for this special role in the physical world, and we have been chosen to witness and assist.

Remember:

When you communicate spiritually, seek to hear Spiritual guidance.

“If one does not know to which port one is sailing, no wind is favorable.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

24

*“Sing to me in the silence of your heart and I will
rise up to hear your triumphant song.”*

RUMI

Our hearts all sing to the Spiritual. We want to communicate, to focus our minds so that our hearts can hear beyond the noise of everyday stress. Focus beyond physical and situational restraints. Sing without pretense. Sing without ulterior motives. Sing of your heart and soul. Sing silently without words. Sing with pure joy. Sing like Spiritual Savant Joseph!

Remember:

When you communicate spiritually, seek to sing with your soul and abandon preconceptions.

“What distracts us most in life is the picture in our minds of what is supposed to be.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

25

*“God writes spiritual Mysteries on our heart,
where they wait silently for discovery.”*

RUMI

Spiritual communication is not just about learning new ideas. Spiritual communication is not just about guidance, or teaching, or great revelations. Often, we learn to understand what is already in our hearts. What is already in our souls, and how to move forward with that knowledge. If we listen silently, we will discover our mystery.

Remember:

When you communicate spiritually, be open to your possibilities.

“There is nothing impossible to him who will try.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

26

“We may know who we are or we may not. We may be Muslims, Jews, or Christians but until our hearts become the mould for every heart we will see only our differences.”

RUMI

Spiritual Savant Joseph is very different. Differences are neither good nor bad, it is our response to differences that matters. Respond with kindness. Respond with love, acceptance and understanding. Respond as you would like to be treated. Respond with an open mind and an open heart.

Remember:

When you communicate spiritually, seek empathy for all around you.

“Let your heart feel for the afflictions and distress of everyone.”
George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

27

*“Watch for all that beauty reflecting from you
and sing a love song to your existence.”*

RUMI

Spiritual communication shines a light on your soul, reflecting who you really are. Reflecting the song of your existence, and also reflecting guidance for improvement. Lighting the path for enlightenment. Lighting the path to an open heart and mind. Spiritual Savant Joseph sees the beauty illuminating your soul, and reflects it back to you.

Remember:

When you communicate spiritually, dreams can reflect the beauty of your soul.

“Dreams must be heeded and accepted. For a great many of them come true.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

28

“You are a mirror reflecting a noble face. The universe is not outside of you. Look inside yourself; everything you want, you are already that.”

RUMI

Do not despair that you cannot have the natural, easy spiritual communication abilities of a Spiritual Savant. You have everything you need to spiritually communicate, but it will require focus. Require practice. Require patience. Require the passionate desire to unlock your potential. Unlock your universe.

Remember:

When you communicate spiritually, prepare your inner universe for reception.

“Before you speak, listen. Before you write, think. Before you spend, earn. Before you pray, forgive. Before you hurt, feel. Before you hate, love. Before you quit, try. Before you die, live.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

29

*“I am merely a guest, born of this world to
know the secrets that lie beyond it.”*

RUMI

We are all guests in our lives. Guests of the physical world until our present existence ends, and guests of the spiritual for as long as we are welcomed. Spiritual Savant Joseph exists simultaneously in both worlds. Although this makes him very spiritually adept, he does require assistance to successfully navigate the physical. Being a Spiritual Savant is both a blessing and a disability.

Remember:

When you communicate spiritually, be prepared for understanding.

“By failing to prepare, you are preparing to fail.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

30

“If you could get rid of yourself just once, the secret of secrets would open to you. The face of the unknown, hidden beyond the universe would appear in the mirror of your perception.”

RUMI

How can we go beyond ourselves? How can we let go of who we are? By releasing the mind from preconceptions, worries, and physical world situational concerns. Spiritual Savant Joseph is a conduit for communication, a vessel to be filled. He epitomizes the “secret of secrets” because he has no preconceptions, worries, or situational concerns. Because Spiritual Savant Joseph is a pure innocent perfect soul, he is at peace with himself and the Universe mirrored in his perception.

Remember:

When you communicate spiritually, do not be satisfied with your present self.

“The fool has one great advantage over a man of sense; he is always satisfied with himself.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

31

“When you feel a peaceful joy, that is when you are near truth.”

RUMI

Spiritual Savant Joseph laughs joyously with the physically unseen every day. We should too. Focus your mind outside the physical world and experience peace. Experience escape from the consciousness. Experience the quiet joy in being part of the universe, part of the quest for knowledge and understanding, part of the quest to open your mind and heart to truth.

Remember:

When you communicate spiritually, seek peaceful joy and truth.

“Your life is what your thoughts make it.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

32

“God has planted in your heart the desire to search for Him. Do not look at your weaknesses but focus on the search. Every seeker is worthy of the search. Strive to redouble your efforts, so that your soul may escape from this material prison.”

RUMI

Every seeker is worthy to search, and to be found. Some do not seek, they are chosen. Spiritual Savant Joseph was chosen and gifted with the ability to spiritually communicate without effort. We do not possess his gifts, but with effort we too will achieve communication. Focus your mind and heart. Focus beyond the material world. Focus on the search. Focus on love, acceptance and understanding.

Remember:

When you communicate spiritually, seek to redouble your efforts and do not despair.

“Concern should drive us into action and not into a depression.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

33

*“Why are you so enchanted by this world,
when a mine of gold lies within you?”*

RUMI

Unworthy thoughts and desires bind us to the physical world and prevent spiritual communication. Greed, fear, envy, and stress all impact our thoughts, and our ability to clear our minds to focus on the important. Spiritual Savant Joseph is enchanted by the Spiritual and lives substantially within the “mine of gold”, but this does make him less capable in the physical world. As a practical matter, we need to find balance. Instead of concentrating so intently on that which is important in the physical world, focus more on the Spiritual. Focus and spiritual communication will be a smooth transition. Concentrate on having an open heart and mind. Concentrate on love, acceptance, and understanding.

Remember:

When you communicate spiritually, seek to focus on love.

“Whatever possessions we gain by our sword cannot be sure or lasting, but the love gained by kindness and moderation is certain and durable.”
Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

34

“This is a subtle truth. Whatever you love, you are.”

RUMI

Be certain that what you love is not only the physical world and your position in it. Love of power, and the riches power attracts, along with the pantheon of pathetic sycophants, is intoxicating to many people. Look around you with honest eyes. Have you been imprisoned by the material benefits of the physical world? Escape and set your soul free.

Remember:

When you communicate spiritually, seek to know yourself.

“Knowing others is wisdom, knowing yourself is enlightenment.” Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

35

*“What hurts the soul? To live without tasting
the water of its own essence.”*

RUMI

What is your essence? When you can answer the question in a positive manner, your soul will be freed from hurt. Do not live with a hurt soul. Emulate Spiritual Savant Joseph’s pureness and innocence as much as possible, even though you live in the stress of the everyday. Be aware of your soul, your heart, your mind, and the impact of your actions. The impact of your innermost thoughts. Be aware of yourself.

Remember:

When you communicate spiritually, seek to focus your heart, mind, and soul.

“Once you have made up your mind, stick to it; there is no longer any “if” or “but.”” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

36

“Inside the Great Mystery that is, we don’t really own anything. What is this competition we feel then, before we go, one at a time, through the same gate?”

RUMI

Ultimately, our only possessions are our hearts, minds and souls. If there is a competition, it is to determine who is the best person worthy of going forward with spiritual enlightenment. Yes ... Spiritual Savant Joseph would win ... but he is beyond competition. We can be winners of the competition by focusing on personal improvement. Win by having the most open heart, mind and soul. Win by embracing love, acceptance and understanding.

Remember:

When you communicate spiritually, your soul’s intuition to be the best you is the winner.

“There is an Eternal Sun, which is the source of all wisdom, and those whose spiritual senses have awakened to life will see that sun and be conscious of His existence; but those who have not yet attained spiritual consciousness may yet feel His power by an inner faculty which is called Intuition.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

37

“Be patient, even if every possibility seems closed.”

RUMI

Sometimes, we feel hopeless and unable to see the path forward. Panic is useless and counter-productive. Breathe deeply and focus your thoughts on spiritual guidance. Be calm and listen. Approach with an open heart and mind. Approach with a pure soul, and ask for help. Then listen and observe, spiritual communication is not only in words. Spiritual Savant Joseph often communicates in visions. Guidance comes in whatever form you need. Whatever communication method that blesses you with understanding and the ability to go forward, that's what you will experience.

Remember:

When you communicate spiritually, seek guidance and respectfully ask questions.

“The man who asks a question is a fool for a minute; the man who does not ask is a fool for life.” Confucius

“Spiritual Savant Joseph's Blessing.”

Messages for Spiritual Communication

38

“Now be silent. Let the One who creates the words speak. He made the door. He made the lock. He also made the key.”

RUMI

People seek guidance from other people in the physical world. It is natural and correct that we should seek advice from friends, family, and those we respect. When we seek their advice, the advisors expect us to courteously listen, ask for clarification with respect, and follow through with gratitude for their valued assistance. Why would we treat spiritual communication with any less deference?

Remember:

When you communicate spiritually, seek knowledge and strength.

“Without knowledge, the skill cannot be focused. Without skill, strength cannot be brought to bear, and without strength, knowledge may not be applied.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

39

“And do not think that the garden loses its ecstasy in winter. It is quiet, but the roots are down there riotous.”

RUMI

Sometimes, we seek spiritual communication but we are disappointed. Those we seek have gone quiet, but they are still there. They are waiting. Waiting for the time to be right. Waiting for us to be ready. Waiting for change. Even Spiritual Savant Joseph has time periods where there is no spiritual communication. He waits with joyous expectation for the next time.

Remember:

When you communicate spiritually, seek to be open to change.

“When you are finished changing, you’re finished.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

40

“Hardship may dishearten at first, but every hardship passes away. All despair is followed by hope; all darkness is followed by sunshine.”

RUMI

In life, things go wrong. Sometimes we are the cause, but oftentimes we are blameless. Spiritual Savant Joseph is disabled in the physical world, and his neurodiversity creates real life hardship, but he is gifted in spiritual communication. Shall physical despair overcome hope? Both despair and hope are reactions to the same situation. Choose hope.

Remember:

When you communicate spiritually, seek to understand your reactions.

“There is nothing either good or bad, but thinking makes it so.”

William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

41

“The wound is the place where the Light enters you.”

RUMI

Not a physical wound, a spiritual wound of the soul. A wound of the ego that needs to be healed by forgiving the perpetrator. A wound of actions taken or not taken that needs to be remedied. A wound caused by lack of kindness, absence of love, acceptance and understanding. A wound that you caused, making a stain on your soul. A wound caused by another against you: Forgive them and let the Light into your soul. A wound that you caused another: Forgive yourself and seek forgiveness from them. Welcome the Light into your soul. Spiritual Savant Joseph is never the perpetrator of wounding, but when he is wounded by unkindness he always forgives. He forgives and welcomes the Light.

Remember:

When you communicate spiritually, seek guidance to redress wounds, do not allow them to fester.

“What is deferred is not avoided.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

42

*“If you are irritated by every rub, how
will your mirror be polished?”*

RUMI

Not every slight creates a wound. People often ask questions about Spiritual Savant Joseph as though he is not present and listening. Curiosity questions. Spiritual questions. Neurodiversity questions. Questions asked of other people about Spiritual Savant Joseph but not directed towards him. He doesn't become irritated or feel wounded because he understands that being a Spiritual Savant is unusual and people are excited to meet him. No harm is done when actions and words come from a foundation of love, acceptance and understanding.

Remember:

When you communicate spiritually, seek to react with love, acceptance, and understanding.

“To be wronged is nothing unless you continue to remember it.” Confucius

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

43

“Sorrow prepares you for joy. It violently sweeps everything out of your house, so that new joy can find space to enter. It shakes the yellow leaves from the bough of your heart, so that fresh green leaves can grow in their place. It pulls up the rotten roots, so that new roots hidden beneath have room to grow. Whatever sorrow shakes from your heart, far better things will take their place.”

RUMI

Deeper than most wounds and a constant irritation as a reminder of the past, sorrow cannot be completely forgotten, but we can move forward. Spiritual Savant Joseph mourns deeply, but his Spiritual focus remains constant. We must move forward, life continues and we have a responsibility to be examples to others. We have a responsibility to teach kindness and create understanding. We have a responsibility to move past sorrow and make the world a better place with strong roots for the future.

Remember:

When you communicate spiritually, seek to understand how life experiences influence the future.

“Experience is the teacher of all things.” Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

44

“Stop searching here and there, the jewels are inside YOU.”

RUMI

Knowledge comes from spiritual communication, but wisdom comes from personal experience with both the physical and the spiritual. Experience and knowledge reside within your heart, mind, and soul. Spiritual Savant Joseph is a jeweled vessel for spiritual communication. Ultimately, you are the jewel, polished and refined by your experiences, that others seek. Be the jewel of love, acceptance and understanding.

Remember:

When you communicate spiritually, what you seek begins with YOU.

“The best way to predict your future is to create it.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

45

“It may be that the satisfaction I need depends on my going away, so that when I have gone and come back, I will find it at home.”

RUMI

Spiritual Savant Joseph is comfortable and satisfied with home, but his mind is constantly coming and going. He is constantly seeking, and being sought, through spiritual communication. The truth lies in understanding when what you seek is found. Knowledge and wisdom stand before you. You have what you have been seeking, now use it.

Remember:

When you communicate spiritually, be willing to learn and understand.

“Being ignorant is not so much a shame as being unwilling to learn.”

Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

46

*“There is a path from me to you that I
am constantly looking for.”*

RUMI

We are all connected. Connected person-to-person. Connected spiritual to physical. None exist without the others. Oftentimes, people refer to seeing a “path”, but Spiritual Savant Joseph does not perceive a straight determined path with goalposts. He feels the flow of spirits, the connection of souls, the pulsing of communication. It is beyond descriptive words. Open your soul to feel the flow of life. The flow of connection between all of us.

Remember:

When you communicate spiritually, the goal is to connect soul-to-soul.

“I call myself a peaceful warrior because the battles we fight are on the inside.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

47

“I closed my mouth and spoke to you in a hundred silent ways.”

RUMI

This is Spiritual Savant Joseph’s preferred method of communication. Spoken words are clumsy and inadequate to describe the heart. Inadequate to describe the flow between the spiritual and the physical. Inadequate to convey the truth of the soul, the heart, the mind. Mere words do not create love, acceptance and understanding. Words can seek to deceive. The pure soul cannot be fooled and cannot accept spoken lies as truth. The open heart and mind seeks the soul’s truth.

Remember:

When you communicate spiritually, the truth cannot be hidden.

“Nothing is hidden so much that it wouldn’t be revealed through its fruit.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

48

“The heart has its own language. The heart knows a hundred thousand ways to speak.”

RUMI

Spiritual Savant Joseph communicates with the language of his heart. He knows his own heart, and the hearts of others. Listen to your own heart, your own mind, your own soul. Become familiar with yourself, with your truth. Change if what you see, what you hear, is not good. Become the best possible YOU, and then seek the hearts of others. Seek without preconceptions or judgments, and then speak with your heart from a place of kindness and love.

Remember:

When you communicate spiritually, never lie to further your ambition to be perceived as good.

“Great ambition is the passion of a great character. Those endowed with it may perform very good or very bad acts. It all depends on the principles which direct them.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

49

“Love is the bridge between you and everything.”

RUMI

Sincere, soul deep, love acceptance and understanding. Not merely physical love, which is fun, but is an action controlled by desires. Rather, love that comes from sincere kindness and empathy. Spiritual Savant Joseph emanates this type of love because his heart is pure and innocent. His love influences and illuminates the hearts, minds, and souls of others to follow his example. His example of love, acceptance and understanding.

Remember:

When you communicate spiritually, seek actions that speak your love.

“Well done is better than well said.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

50

*“While the mind sees only boundaries,
love knows the secret way there.”*

RUMI

Don't be afraid to ask for help, both from the spiritual and the physical. We all need guidance and encouragement from those we respect. Guidance and encouragement from those who have experienced boundaries, and overcome them. Guidance and encouragement from those who have encountered boundaries and are still striving to overcome them. Spiritual Savant Joseph seeks guidance to overcome neurodiversity boundaries. Work together as a team to find the love that knows the secret way.

Remember:

When you communicate spiritually, seek to accept, and give with love, help when needed.

“Friends are as companions on a journey who ought to aid each other to persevere on the road to a happier life.” Pythagoras

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

51

“You suppose you are the trouble, but you are the cure. You suppose that you are the lock on the door, but you are the key that opens it. It is too bad that you want to be someone else. You do not see your own face, your own beauty. Yet, no face is more beautiful than yours. Tear off the mask. Your face is glorious.”

RUMI

Only you can be you, and that is a good thing, because you are worthy. Worthy of love, acceptance and understanding. Worthy of spiritual communication. Worthy of becoming the very best YOU that you can possibly be. Not quite your best you? Start working on you today. You can do it!

Remember:

When you communicate spiritually, be authentic and willing to become your best.

“Leave nothing for tomorrow which can be done today.” George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

52

“Everyone has been made for some particular work, and the desire for that work has been put in every heart.”

RUMI

Spiritual Savant Joseph was made to be a Spiritual Savant. His neurodiversity and ease of spiritual communication makes his particular work destiny obvious. What is your “particular work”? Not your employment, but the calling of your heart. What talents do you possess? What is it that you really love? Determine your “particular work”, and do it. Not for the purpose of earning money or recognition, but to fulfill your soul’s purpose.

Remember:

When you communicate spiritually, do not fear falling on the path to your heart’s work.

“Our greatest glory is not in never falling, but in rising every time we fall.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

53

Bathe in the splendor of your own light.”

RUMI

You illuminate your own path. Seek guidance and new experiences. Look to others as examples, both good and bad, to expand your moral consciousness. Gain perspective and wisdom. But ultimately, you are your own light. Your own moral compass to act with love, acceptance and understanding. Let yourself shine!

Remember:

When you communicate spiritually, seek to light your moral compass with love, acceptance and understanding.

“Everyone wants to tell you what to do and what is good for you. They do not want you to find your own answers; they want you to believe theirs.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

54

“Stop learning. Start knowing.”

RUMI

You can seek advice your entire life but if you never act upon it you will have gained third-party knowledge, but no experience, no wisdom. Have the courage to move forward. Use your light, your abilities, with your moral compass to guide you. Do not blindly follow Spiritual Savant Joseph and the teachings of this book, use this book as a guide to ignite YOU. You know what to do, now do it.

Remember:

When you communicate spiritually, seek to live your fullest life.

“Mastering others is a strength; mastering yourself is true power.” Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

55

*“If you are looking for a friend who is
faultless, you will be friendless.”*

RUMI

Sometimes, it is easier to journey forward if we take along a friend. The friend can be spiritual or physical, but choose someone who will be honest with you. Listen to their opinions and respect them, but make your own decisions. Share your reasons, your moral convictions, and reach agreement before continuing the journey together. Spiritual Savant Joseph carefully selects, and greatly values, all of his friends. Value your friends as they value you.

Remember:

When you communicate spiritually, seek friends with moral understanding. “One of the most beautiful qualities of true friendship is to understand and to be understood.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

56

“One drop of that ocean is Hope, and the rest is fear.”

RUMI

Everybody has fear of the unknown. The journey of the soul is not mapped in advance and many paths are unknown until they are explored with courage and wisdom. Spiritual Savant Joseph approaches the unknown with joyous anticipation, as should we. How will we gain experience if we fear to journey forward in our spiritual evolution? Experience brings wisdom and knowledge to make the right decisions. Experience feeds our soul. Experience fuels love, acceptance and understanding.

Remember:

When you communicate spiritually, seek to conquer your fears.

“Through every generation of the human race, there has been a constant war, a war with fear. Those who have the courage to conquer it are made free, and those who are conquered by it are made to suffer until they have the courage to defeat it, or death takes them.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

57

“Absorbed in this world, you have made it your burden. Rise above this world. There is another vision. All your life you have paid attention to your experiences, but never to your Self. Are you searching for your Soul? Then come out of your prison. Leave the stream and join the river that flows into the Ocean. It will not lead you astray. Let the beauty you seek be what you do.”

RUMI

Spiritual communication is an experience of the Self. An experience of the Soul. Although we are not gifted with the abilities of the Spiritual Savant, we are welcome in spiritual communication. Welcomed, embraced, and encouraged. Seek your Self. Seek your Soul.

Remember:

When you communicate spiritually, you are constantly experiencing growth and progress.

“Without continued growth and progress, such words as improvement, achievement, and success have no meaning.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

58

“Stop acting so small. You are the universe in ecstatic motion.”

RUMI

Do not feel daunted by Spiritual Savant Joseph’s spiritual communication abilities. He is exceptional, but so are you in your own way. Perhaps you feel unworthy of spiritual communication. Too un-focused, not smart enough, incapable of improvement, achievement and success. You are wrong. You are not small and inconsequential. You are a seeker. You are the focus of your soul. The focus of your heart and mind. The focus of spiritual communication.

Remember:

When you communicate spiritually, seek wisdom for your soul.

“Wonder is the beginning of wisdom.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

59

“You do not live on the earth, you are passing through it.”

RUMI

Of course we live in the physical, but we also live in the spiritual. Spiritual Savant Joseph lives more in the spiritual because of the gift of neurodiversity, but even he has a physical existence. We are much more than our physical form, we are the embodiment of our souls. All of us, everyone, both together and as individuals. Spiritual communication connects us all.

Remember:

When you communicate spiritually, you exist as both physical and spiritual form.

“Man is a microcosm, or a little world, because he is an extract from all the stars and planets of the whole firmament, from the earth and the elements, and so he is their quintessence.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

60

“Deep in our hearts, the Light of Heaven is shining.”

RUMI

When he is deeply in spiritual communication, Spiritual Savant Joseph has a distinctly perceptible glow, but all of us have the Light. Deep within our hearts, minds, and souls the Light of spiritual communication shines. We, the physical, possess the Light of the spiritual. Without us, there is no communication. Without us, the world is dark.

Remember:

When you communicate spiritually, have faith in your Light.

“There are no tricks in plain and simple faith.” Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

61

“Our purpose here on earth: to manifest the very nature of our spirit, which is touched by the spirit of God.”

RUMI

It makes no difference what organized religion you subscribe to, or even if you follow no specific religion, the spiritual is the same for all of us. We, the physical, are all connected with the spiritual. The question is: will we realize our spiritual nature? Our spiritual potential? The existence and depth of our soul? Will we seek communication and manifest our spirit, or will we turn away?

Remember:

When you communicate spiritually, the spiritual exists with, or without, your communication.

“Love me or hate me, both are in my favor. If you love me, I will always be in your heart; if you hate me, I will always be in your mind.”

William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

62

“Sell your cleverness and buy bewilderment.”

RUMI

Because it takes practice and focus of both the heart and mind, spiritual communication can be difficult for many people. We are not Spiritual Savants who can not only easily access the spiritual, but are also contacted as spiritual conduits. Spiritual Savant Joseph does not need to be clever, and he is never spiritually bewildered, he just is. Don't overthink the communication process, thereby creating stress and doubt. Be calm, you are welcomed.

Remember:

When you communicate spiritually, you are enough.

“In every human being, there is special heaven, whole and unbroken.” Paracelsus

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

63

“You are a song, a wished for song.”

RUMI

Who has wished for you, and who wishes to hear your song? Ultimately, you have wished for your song. You have sought to know and open your own heart. Know and open your own mind. Know and open your own soul. You have sought to know yourself so that you may know others. So that you may communicate spiritually. So that you may understand and fulfill your purpose. So that you may sing like Spiritual Savant Joseph who sings from the heart, without words, but with meaning. Sing with joy. Be your song.

Remember:

When you communicate spiritually, respect your song.

“Respect yourself and others will respect you.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

64

“Protect yourself... from your own thoughts.”

RUMI

Do you think yourself inadequate? That your voice is unworthy? That you have nothing to spiritually communicate because you cannot find the proper words? You don't know how? You are wrong, and your thoughts are creating stress which prevents focus. Take as much time as you need. Failure to spiritually communicate is not failure, it's practice for future success. It took years for Spiritual Savant Joseph to be able to share his spiritual communication. He has evolved, as will you. Oftentimes, the slower the start the greater the reward.

Remember:

When you communicate spiritually, have faith in yourself, you are valued.
“In the end, it is impossible not to become what others believe you are.”
Julius Caesar

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

65

“This being human is a guest house. Every morning is a new arrival. A joy, a depression, a meanness, some momentary awareness comes as an unexpected visitor ... Welcome and entertain them all. Treat each guest honorably. The dark thought, the shame, the malice, meet them at the door laughing, and invite them in. Be grateful for whoever comes, because each has been sent as a guide from beyond.”

RUMI

Instead of suppressing unwelcome thoughts and desires, face them with courage so that you can conquer them instead of hiding in fear of discovery. Spiritual Savant Joseph never hides because he has no fear of discovery. The Spiritual know your heart and mind, both the good and the bad. You must also know your heart and mind to emphasize the good and exorcise the bad. Know yourself so that you come to spiritual communication pure in mind, heart and soul.

Remember:

When you communicate spiritually, seek a joyful pure heart freed from anxiety.

“Nobody owns anything, but everyone is rich - for what greater wealth can there be than cheerfulness, peace of mind, and freedom from anxiety?”

Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

66

“Do you pay regular visits to yourself? Start now.”

RUMI

What do you think of you? Because his neurodiversity exempts him from everyday stress and obligations, Spiritual Savant Joseph thinks of himself primarily within his reality of spiritual communication. You live more in the physical than the spiritual. Set aside the stress of your physical existence and consider the essential YOU. Visit with yourself and find your essence, your heart, mind and soul. Enjoy your visit, you are worthy.

Remember:

When you communicate spiritually, be honest with yourself.

“No legacy is so rich as honesty.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

67

“Love is fearless in the midst of the sea of fear.”

RUMI

Do not fear spiritual communication even though your true self will be revealed. You will be known, but you will also know yourself. Ultimately, you are responsible for you, so conquer your fear of revelation and love yourself. Love yourself before you can love others. Love yourself so that you do not fear to accept being loved. Spiritual Savant Joseph loves enthusiastically because his soul is so pure that he knows no fear, which is joyous but difficult because there are those who attempt to take advantage of him. Pure love requires fearless protection, and Spiritual Savant Joseph's guardians are fearless. Protect yourself and those you love without hesitation and without fear.

Remember:

When you communicate spiritually, seek fearless inner courage.

“A man with outward courage dares to die; a man with inner courage dares to live.” Lao Tzu

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

68

“Life is a balance of holding on and letting go.”

RUMI

Let go of that which is preventing you from being your best self. Let go of that which hinders spiritual communication. Release the stress that clouds your mind, the unworthy thoughts that harden your heart. Release the emotional baggage that weighs down your soul. Hold onto that which leads to love, acceptance, and understanding. Hold onto the knowledge that enlightens your mind, the joy that swells your heart, and the love in your soul. Seek balance to reveal your true self.

Remember:

When you communicate spiritually, balance is love and love is healing.

“The main reason for healing is love.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

69

“Be suspicious of what you want.”

RUMI

Sometimes we truly want something that we specifically request through spiritual communication, but the answer is “no”. This is the correct answer, the answer that is necessary. Even though we don’t like it. Even though we disagree. The lesson to learn is that what we wanted was not what we need; not what will benefit us. Why doesn’t Spiritual Savant Joseph get told “NO”? Because he never wants what he doesn’t need. Seek guidance humbly to determine your path. Spiritual communication is always done in truth and wisdom, not merely to humor the seeker. Listen to what you are being taught, and act accordingly.

Remember:

When you communicate spiritually, seek answers about yourself.

“Life is full of questions. Idiots are full of answers.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

70

“Gratitude is the wine for the soul. Go on. Get drunk.”

RUMI

Spiritual communication is a privilege for the seeker. It is true that Spiritual Savant Joseph often acts as a conduit when the Spiritual initiate communicates, but he is exceptional. The usual seeker comes seeking guidance, seeking favors, seeking knowledge and wisdom. Seek respectfully, with gratitude. Seek with an open heart and mind. Seek sincerely and listen carefully to what you are being taught. Seek with a soul guided by love, acceptance and understanding. Fill your thoughts with gratitude and hope.

Remember:

When you communicate spiritually, seek wisdom with gratitude.

“Wisdom thoroughly learned will never be forgotten.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

71

“Wisdom is like the rain. Its source is unlimited but it comes down according to the season. Grocers put sugar in a bag, but their supply of sugar is not the amount in the bag. When you come to a grocer, he has sugar in abundance. But he sees how much money you have brought and gives accordingly. Your currency on this Path is resolution and faith, and you are taught according to your resolution and faith. When you come seeking sugar, they examine your bag to see what its capacity is; then they measure out accordingly.”

RUMI

Seeker of wisdom, how large is your bag? How sturdy is its material? Spiritual Savant Joseph is a pure vessel for spiritual communication to be filled to infinite capacity. To become a vessel, approach spiritual communication with an open heart, mind, and soul. Your capacity for wisdom will be rewarded. Approach spiritual communication with love, acceptance and understanding, and you will be accepted with love and filled with understanding.

Remember:

When you communicate spiritually, your goal is greater capacity for wisdom.

“Learn as if you are not reaching your goal and as though you are scared of missing it.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

72

“Lamps are different, but the light is the same.”

RUMI

We cannot become pure spiritual communication vessels like Spiritual Savant Joseph. He was created to be a conduit; a lamp for the Light. He is a physical person in the spiritual as a pure innocent soul. We cannot be Spiritual Savant Joseph, but we can strive to be the brightest lamp possible. Each physical individual approaches spiritual communication in their own unique way. Our experiences and moral standards light the path. Our hearts, minds and souls accept the Light and understand its meaning within our unique capacity. Spiritual communication is infinite, and it speaks to us in infinite ways.

Remember:

When you communicate spiritually, seek to light your lamp.

“With the right attitude, self-imposed limitations vanish.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

73

*“Raise your words, not voice. It is rain
that grows flowers, not thunder.”*

RUMI

Does an arrogant demanding attitude gain advantage with people in the everyday world? Does demanding information cause the possessor of the knowledge to divulge the information in a gracious and willing manner? Would being gracious be more effective when asking for assistance? Demanding spiritual communication in an arrogant and offensive manner will prevent successful communication. No ... you don't need to beg, but spiritual communication only occurs in an atmosphere of respect and gratitude. Even Spiritual Savant Joseph would be unable to spiritually communicate without an atmosphere of love, acceptance and understanding undertaken with an open heart, mind and soul.

Remember:

When you communicate spiritually, seek to control the vice of arrogance.

“Be at war with your vices, at peace with your neighbors, and let every new year find you a better man.” Benjamin Franklin

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

74

“Silence gives answers.”

RUMI

The physical world is filled with noise. External noises bombarding the senses, and internal noise confusing the mind. Everyday, Spiritual Savant Joseph spends time in silent thought and spiritual communication. Be quiet and focus your heart and mind. Reach out for spiritual communication within your silence. When you are silent, you can listen. When you can listen, you can learn. When you can learn, you can understand. When you can understand, you gain wisdom.

Remember:

When you communicate spiritually, listen in silence to understand the answers.

“My concern is not whether God is on our side; my greatest concern is to be on God’s side, for God is always right.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

75

“There is a place where words are born of silence.”

RUMI

That “place” is the soul. Spiritual Savant Joseph speaks through the soul with direct spiritual communication. He was born with the gift of neurodiversity, but everyone has the capacity to speak through silence. Speak from the heart and mind without speaking. Speak through thoughts and actions, not through speeches and hollow intentions. Words born of silence are important only if they have true meaning and follow-through. Words born of silence emanate from the heart, mind and soul.

Remember:

When you communicate spiritually, listen to the words of silence.

“A fool is known by his speech and a wise man by silence.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

76

“Let silence take you to the core of life.”

RUMI

Reflect in silent meditation on the “core” of your life. Your character, your moral standards, your heart mind and soul. Reflect in silent meditation on how your individual core interacts with, and becomes, a part of the “core of life”. We are all integral parts of an amazing universe. Seek spiritual communication to improve your contribution to the whole. Seek spiritual guidance with gratitude and humility. Seek spiritual guidance to understand your connection to the “core of life” and the value of your individual contribution.

Remember:

When you communicate spiritually, you are part of an evolving universal core.

“If we lived in a state where virtue was profitable, common sense would make us saintly. But since we see that avarice, anger, pride, and stupidity commonly profit far beyond charity, modesty, justice, and thought, perhaps we must stand fast, even at the risk of being heroes.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

77

“Whatever happens to you, do not fall in despair. Even if the doors are closed, a secret path will be there for you that no one knows. You cannot see it yet but so many paradises are at the end of this path. Be grateful. It is easy to thank after obtaining what you want, thank before having what you want.”

RUMI

Life is a journey that never goes as planned, and sometimes you’ve taken the wrong path. A path filled with negative, life impacting, experiences. The question is: Can you learn from your negative experiences and set upon the path that you want? Spiritual Savant Joseph faces daily challenges, but he never despairs. The path of being a Spiritual Savant is difficult, but it is his destiny, and he accepts the physical to reach the spiritual. Despair solves nothing and prevents action. Despair clouds judgment and prevents improvement. Despair overtakes the mind and heart, preventing spiritual communication. Seek spiritual guidance with an open, grateful, heart and mind.

Remember:

When you communicate spiritually, seek the strength and courage to overcome despair.

“The strength of a wall is neither greater nor less than the courage of the men who defend it.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

78

“If Light is in your heart, you will find your way home.”

RUMI

Oftentimes, the path of life is complicated and the way “home” obscure. Over your lifetime, “home” can change. Not just the physical location of your stuff, but the spiritual location of your heart. Your spiritual Light will always remain constant as your guide “home”. Spiritual Savant Joseph has no interest in material items or stray thoughts cluttering his “home”. His spiritual light is pure and unwavering, his spiritual communication strong. Keep the Light in your heart by maintaining high moral standards. Keep the Light in your heart by embracing love, acceptance and understanding. Keep the Light in your heart to illuminate your path “home”.

Remember:

When you communicate spiritually, you are continuing your journey in the Light.

“Roads were made for journeys, not destinations..” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

79

*“It is your road and yours alone. Others may walk
it with you, but no one can walk it for you.”*

RUMI

Although Spiritual Savant Joseph walks his road with many friends, both physical and spiritual, spiritual communication involves the soul, and the soul walks alone. We all need help along the road of life experiences, and if we are truly blessed, our helpers are also our friends. Remember that friendship passes in both directions. You must honor your friends by being a friend. Choose those who share your values and walk the same moral road of love, acceptance, and understanding. Do not accept companions of poor character. It is better to walk alone than to walk with bad company, they will tarnish your soul.

Remember:

When you communicate spiritually, travel your road with optimism and gratitude.

“Do not anticipate trouble or worry about what may never happen. Keep in the sunlight.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

80

*“Do not sit and wait. Go forth and feel life.
Touch the sun and immerse in the sea.”*

RUMI

To experience your life, you must be willing to embark on its journey, even though it might be tempting to sit quietly in a corner and hide. Hiding seems safer, but you will never know your potential, never know your road, never experience spiritual communication. Because of his neurodiversity, Spiritual Savant Joseph finds the physical difficult, but he goes forth into the Light every day. Goes forth with joyous expectation of spiritual communication. Goes forth to live his life to his fullest potential. Why are you sitting and waiting? Go touch the sun.

Remember:

When you communicate spiritually, be a seeker of life.

“Life is an echo: what you send out comes back, what you sow you reap, what you give you get, and what you see in others exists in you.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

81

“Do not grieve for what does not come. Some things that do not happen keep disasters from happening.”

RUMI

Often, what we want is not what we need, not what we should have. Spiritual Communication is not like a demanding visit to Santa Claus asking for stuff. It is a humble seeking experience entered into with gratitude and the understanding that sometimes the answer is “no”. This answer may not be unchangeable, it may just not be the right time in your life journey, Becoming petulant will be ineffective and annoying, blocking further spiritual communication on the topic. Accept the decision with gratitude, it is correct.

Remember:

When you communicate spiritually, seek understanding and patience, what you wish may not be what you need.

“What we wish, we readily believe, and what we ourselves think, we imagine others think also” Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

82

“You were born with potential. You were born with goodness and trust. You were born with ideals and dreams. You were born with greatness. You were born with wings. You are not meant for crawling, so do not crawl. You have wings. Learn to use them and fly.”

RUMI

Spiritual Savant Joseph’s potential, his greatness, is to be a Spiritual Savant. His life has been spent in refining his gift for spiritual communication and stretching his “wings”. Your potential may not be as obvious but it exists, and you will fly. Start with defining your ideals and dreams within the context of goodness and trust. Seek your greatness, which is not necessarily fame, but greatness of the soul. Seek to exercise your wings with an open heart and mind. Exercise your wings by practicing love, acceptance, and understanding. Your wings will be strong and your potential will soar.

Remember:

When you communicate spiritually, fulfilling your potential depends on you.

“Until you spread your wings, you will have no idea how far you can fly.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

83

“As you start to walk on the way, the way appears.”

RUMI

How do we know in which direction our potential awaits? How can we determine the correct path? Trust yourself. Trust your heart, mind, and soul to go forward. Do not despair if the path takes unexpected turns, or if you need to go back and start over in a different direction. These are life experiences that fuel your trajectory. Spiritual Savant Joseph has overcome many neurodiversity challenges. Challenges that allowed him to evolve into his destiny as a spiritual savant. Seek guidance through humble spiritual communication in gratitude for advice and protection. Listen to the guidance and act upon it. Listen with an open heart, mind, and soul. Spiritual communication is often not in spoken words, but you will understand.

Remember:

When you communicate spiritually, guidance takes many forms.

“From time immemorial artistic insights have been revealed to artists in their sleep and in dreams so that, at all times, they ardently desired them.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

84

“In order to understand the dance one must be still. And in order to truly understand stillness one must dance.”

RUMI

Spiritual Savant Joseph listens in the stillness and then suddenly starts to jump and dance with joy when he understands. Jump and dance without physical music, responding effortlessly to the dance of his soul in sync with spiritual communication. Listen to your stillness and do not be afraid to dance the music of your soul. Physically dance in ecstasy like Spiritual Savant Joseph, or dance inside your heart and mind. Either way, do not be afraid to experience the dance of joyful understanding.

Remember:

When you communicate spiritually, you learn to dance.

“As long as you live, keep learning how to live.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

85

“Doing as others told me, I was Blind. Coming when others called me, I was Lost. Then I left everyone, myself as well. Then I found Everyone, Myself as well.”

RUMI

When we are uncertain of the path, we seek guidance from friends, family, and people we respect. They give advice based upon their own life experiences, sincerely recommending what they would do in a similar situation. Spiritual Savant Joseph does not actively seek advice from outsiders, but unsolicited advice is frequently offered. Advice that is invariably useless and ill-advised because none of the advisors have Spiritual Savant first-hand experience. Your advisors do not live your life. Respect them and listen with gratitude, but make your own decisions.

Remember:

When you communicate spiritually, seek advice with respect and gratitude, then decide your path.

“Be courteous to all, but intimate with few, and let those few be well tried before you give them your confidence.” George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

86

*“When you notice a fault in your neighbor,
search for the same in yourself.”*

RUMI

Spiritual Savant Joseph is often judged by outsiders on the basis of his neurodiversity which makes him different. They judge him to be less, when in reality he is more. Do not be judgmental about perceived faults in others, you do not want others to be judgmental about you. The only personal traits of consequence are moral character and acts of kindness leading to love, acceptance, and understanding. Personal traits of an open heart and mind. Personal traits of a pure soul. Everything else is inconsequential.

Remember:

When you communicate spiritually, judge your own moral character.

“When you see a good person, think of becoming like them. When you see someone not so good, reflect on your own weak points.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

87

“Keep walking, though there’s no place to get to. Do not try to see through the distances. That is not for physical humans. Move within, but do not move the way fear makes you move.”

RUMI

Even Spiritual Savant Joseph cannot see far into life’s journey because the path changes as we react to our experiences. Our life path is not a straight pre-determined line leading into the horizon. As we walk our journey we influence our destination. Instead of apprehension and fear for the future, walk with an open mind and heart. React to experiences with kindness. React with love, acceptance, and understanding. Seek spiritual communication and keep moving forward, confident that your soul will find the way.

Remember:

When you communicate spiritually, knowledge is acquired when needed for your journey.

“Knowledge is the wing wherewith we fly to heaven.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

88

“Look carefully around you and recognize the luminosity of souls. Sit beside those who draw you to that.”

RUMI

Spiritual Savant Joseph is never alone. Because he acts as a conduit between the spiritual and the physical, spiritual communication is enthusiastic and constant. Although we cannot be Spiritual Savants, our souls do not need to travel alone. We can seek both guidance and companionship through spiritual communication. Just as in the physical world, choose your traveling companions carefully. Choose those who share your moral values, your open heart and mind. Journey with souls similar to yours. Be a luminous soul so that you may be drawn to other luminous souls as companions.

Remember:

When you communicate spiritually, seek companions who have experienced their journey.

“An absolutely new idea is one of the rarest things known to man.”

Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

89

*“I honor those who try to rid themselves of any lying,
who empty the self and have only clear being there.”*

RUMI

Spiritual Savant Joseph cannot lie, but others, both spiritual and physical, have attempted to lie to him in an attempt to gain the advantage of access. Because he is a pure innocent soul, he assumes that everything is truth. Spiritual Savant Joseph’s guardians protect him. You are your own guardian of truth. Always speak and act in truth, but do not automatically assume the same moral character in others. Consider all offers of guidance and companionship carefully before complete acceptance. Consult with your own heart, mind and soul. You will discern the truth.

Remember:

When you communicate spiritually, your heart, mind and soul discern truth.

“How many legs does a dog have if you call his tail a leg? Four. Saying that a tail is a leg doesn’t make it a leg.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

90

“Silence in order to speak, one must first listen, learn to speak by listening.”

RUMI

Everyday physical communication is often fraught with too many words and not enough silence. Too much speaking and not enough listening. In contrast, spiritual communication often has very few words and long periods of silence, so that we may consider the communication thoroughly. Both communication methods can be confusing and subject to individual interpretation. Even if you think that you understand, if you're not sure, ask for clarification. Ask with deference and gratitude. Do not demand explanation. Listen carefully and thoughtfully to both the first message and all further messages. Ask again with deference and gratitude if still uncertain before taking action. Listen and understand.

Remember:

When you communicate spiritually, listen and speak thoughtfully.

“The oldest, shortest words - yes and no - are those who require the most thought.” Pythagoras

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

91

“A candle never loses any of its light while lighting up another candle.”

RUMI

When you listen, and understand, you gain knowledge. When you listen and understand, and gain experience, you possess wisdom. Share your knowledge and wisdom with others who will listen and understand. This book is Spiritual Savant Joseph’s light. Pass the light to those with open hearts and minds. Pass the light so that others may learn and act with love, acceptance, and understanding. Send the lit candle of knowledge and wisdom gained through spiritual communication out into the world to light the way.

Remember:

When you communicate spiritually, share your knowledge and wisdom.
“Education is the kindling of a flame, not the filling of a vessel.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

92

“When I run after what I think I want, my days are a furnace of stress and anxiety; if I sit in my own place of patience, what I need flows to me, and without pain. From this I understand that what I want also wants me, is looking for me and attracting me. There is a great secret here for anyone who can grasp it.”

RUMI

What is it that you truly want, and what are you willing to do to attract it? Think carefully before you decide the answer to this question. Will you commit all of your resources to attaining what you want? Not merely financial resources; human resources from your heart, mind and soul. What about the stress and anxiety? Replace your pain, your stress and anxiety, with patience. Be open to spiritual communication. What you want is coming, the challenge is to recognize its arrival.

Remember:

When you communicate spiritually, seek to release yourself from stress and fear.

“Things done well and with a care exempt themselves from fear.”
William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

93

“Do not get lost in your pain, know that one day your pain will become your cure.”

RUMI

For years, Spiritual Savant Joseph was lost in the pain of modern medical labeling with its expectation of limitations. Through spiritual communication, the pain of neurodiversity became his cure and Joseph evolved into his true self as a Spiritual Savant. Perhaps not as dramatically as Spiritual Savant Joseph, but all of us can evolve from pain into understanding that our pain is a pathway, a piece of the journey towards healing. Allow pain to be a learning experience and you will gain the wisdom to find your healing cure.

Remember:

When you communicate spiritually, learn from pain and seek a path forward. “You shall, I question not, find a way to the top if you diligently seek for it; for nature has placed nothing so high that it is out of the reach of industry and valor.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

94

“Do not be sad. God sends hope in the most desperate moments. Do not forget, the heaviest rain comes out of the darkest clouds.”

RUMI

It is hard to have patience when the situation appears to be desperate. Hard to see past the immediate need. Hard to see the value of the present learning experience leading to future wisdom. Have hope and ask for help. Ask for help through both physical and spiritual communication. Be specific in your need and be grateful for assistance. When the desperation has resolved, give back by helping others. Do for others what you needed done for you. Kindness, love, acceptance and understanding are the ultimate lesson; the ultimate wisdom.

Remember:

When you communicate spiritually, present desperation becomes future opportunity.

“In the midst of chaos there is also opportunity.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

95

“Do not dismiss the heart, even when it is filled with sorrow. God’s treasures are buried in broken hearts.”

RUMI

Sorrow is a life experience that everyone endures. When we regard sorrow as a treasure, instead of a disaster, we can heal, grow, and go forward. When Spiritual Savant Joseph’s grandmother died, it was a terrible emotional trauma. She loved us greatly and we both greatly mourned her loss. Mourned in such a broken-hearted manner that we could not function in our daily lives. And then, she reached out in love to Spiritual Savant Joseph. Through spiritual communication, she is still an important part of our lives, and the broken-heartedness is slowly mending. The loving memories remain and become treasures as life goes on.

Remember:

When you communicate spiritually, live in the present and seek hope for the future.

“If you are depressed, you are living in the past; if you are anxious, you are living in the future; if you are at peace, you are living in the present.”

Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

96

“I lost everything I have, now I have found myself.”

RUMI

Sometimes, you need to start over. Re-think your life assumptions. Lose yourself to create a new YOU. Not physical loss, although the purging of material possessions is cathartic, but heart, mind, and soul baggage loss. Step outside yourself, outside your ego, and decide what needs to be improved. Seek spiritual communication guidance and accept advice with gratitude. Accept advice, and act upon it, with an open heart, mind, and soul. Search sincerely for yourself and when you discover YOU, be pleased with the result.

Remember:

When you communicate spiritually, seek to know yourself.

“He is most powerful who has power over himself.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

97

“Whatever you keep hidden in your heart, God manifests in you outwardly. Whatever the root of the tree feeds on in secret affects the bough and the leaf.”

RUMI

It is true that evil is not usually physically marked as a warning to “stay away”. If evil was that obvious, we would all be safe from its influence. But ... evil does manifest itself in words and deeds, showing the true character, the secret depths of the soul. Spiritual Savant Joseph is one of those rare people who instinctively senses an evil heart. Senses evil even beyond spiritual communication. Spiritual Savant Joseph’s heart is so pure, he just knows.

Remember:

When you communicate spiritually, be aware of darkness and find the Light.
“Instead of cursing the darkness, light a candle.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

98

“Be like a tree and let the dead leaves drop.”

RUMI

What are your dead leaves? Bad habits developed over years of practice? Toxic relationships that need to be re-examined and either changed or abandoned? Fear of change? Fear of commitment or of letting go? Fear of living your physical life because you might fail? Fear of spiritual communication because of what it might reveal about the secrets of your heart, mind, and soul? Let the dead leaves drop and undertake your life journey with courage, determination and renewed clarity of purpose.

Remember:

When you communicate spiritually, cleanse your soul and your truth will find the Light.

“The truth will ultimately prevail where there are pains to bring it to light.”
George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

99

*“Maybe you are searching among the branches
for what only appears in the roots.”*

RUMI

Society places a great deal of emphasis on physical appearance, on being physically attractive. Spiritual Savant Joseph is physically attractive, but his roots are gorgeous because they reflect his heart, mind, and soul. Even when communicating spiritually, Spiritual Savant Joseph looks beyond appearances and considers the “feel” of the interaction. We are less sensitive than Joseph, but we can sense when something is “wrong” despite appearances to the contrary. Do not ignore your intuition, consider words and deeds for confirmation. If you are uncertain, proceed with caution until your heart, mind, and soul decide whether or not to go forward. What appears can be covered in flowers, but only the roots are important.

Remember:

When you communicate spiritually, look for good character beyond pretty appearance.

“A pretty face may be enough to catch a man, but it takes good character and good nature to hold him.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

100

“Every leaf of every tree brings a message from the unseen world. Look. Every falling leaf is a blessing.”

RUMI

Do not be afraid to engage in spiritual communication. When you connect with those who share your moral standards, those of open hearts, minds and souls, it is a wondrous blessing. Spiritual Savant Joseph is in frequent joyous connection, and with focused practice, you can be too. Do not attempt to force communication. When you are ready, the blessing of connection will be made. How can you know when you will be ready? This is a circular answer, but think about it, you are ready when spiritual communication occurs.

Remember:

When you communicate spiritually, do not hesitate to start your connection. “It is not because things are difficult that we do not dare; it is because we do not dare that things are difficult.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

101

“Search, no matter what situation you are in. O thirsty one, search for water constantly. Finally, the time will come when you will reach the spring.”

RUMI

Never give up, even when it seems like spiritual communication is not possible. Keep searching, they are waiting for you to arrive. Spiritual Savant Joseph easily communicates, but he is exceptionally gifted. For most of us, starting the journey can be difficult, but once connection is made you will understand how to continue, and you will pass your knowledge on to others. Waiting and striving for spiritual communication is part of the experience, and makes success an even greater blessing.

Remember:

When you communicate spiritually, be patient and open in heart, mind and soul.

“As the water shapes itself to the vessel that contains it, a wise man should adapt himself to the circumstances.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

102

“Let yourself be loved, O Beloved, in the One. And from this One move out into the world, carrying within you the great potent energies of life to green your world, to create planets, suns, stars, stones, waves, oceans, to create new forms of life and expression - whether a friendship, a feeling, or a new form of vocation.”

RUMI

Spiritual Savant Joseph is Beloved, and we are too. As sincere seekers, we possess the power of life's great potent energies. Have confidence in the power of love, acceptance, and understanding to transform the world. Have confidence in the potent energy of your own heart, mind, and soul to transform your world. Seek spiritual communication guidance. Seek the guidance of friends, family and respected community members, but ultimately you are the Beloved. Act according to the love illuminating your soul.

Remember:

When you communicate spiritually, you will understand the power of love and kindness.

“Wherever there is a human being, there is an opportunity for kindness.” Seneca

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

103

“All people on the planet are children, except for a very few. No one is grown up except those free of desire.”

RUMI

Because of his neurodiversity, Spiritual Savant Joseph is one of the exceptional few who are free of desire. He was born with the ability to be a grown up, born gifted with the ability to spiritually communicate. We need to focus our thoughts away from desire. Concentrate to open our hearts, minds, and souls away from desire and towards love, acceptance, and understanding. Concentrate on being “grown ups”.

Remember:

When you communicate spiritually, embrace diversity and focus your efforts.

“Just as God has given different fingers to the hand so has he given different ways to men.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

104

*“Our greatest strength lies in the gentleness
and tenderness of our heart.”*

RUMI

Always seek the path of kindness even when tempted to respond in anger or disgust. Reacting with kindness demonstrates strength of moral standards, strength of heart, mind, and soul. The pure soul always reacts with kindness even when attacked by the unkind. Reacts with kindness to lead by example and disarm evil intent. Spiritual Savant Joseph is a pure soul.

Remember:

When you communicate spiritually, seek the path of kindness and repel evil. “To see and listen to the wicked is already the beginning of wickedness.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

105

“If you want money more than anything, you will be bought and sold. This is a subtle truth: Whatever you love, you are.”

RUMI

Greed for money and material goods is often the source of immoral desire and unkindness. Greed pollutes the heart, mind, and soul, replacing spiritual communication with a journey for material wealth. Guard yourself. There's nothing wrong with being materially comfortable, Spiritual Savant Joseph enjoys a comfortable lifestyle, the problem occurs when avarice attacks. Commit acts of kindness instead of acts of avarice. Helping others helps your soul.

Remember:

When you communicate spiritually, seek the path away from avarice.

“In the end, when it's over, all that matters is what you've done.” Alexander the Great

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

106

“There is nothing outside of yourself, look within. Everything you want is there.”

RUMI

You have what it takes to succeed. Your heart, mind, and soul are perfect for the attainment of what you seek. Everything you require for spiritual communication, for knowledge, for wisdom, already exist within you. Focus and be patient with yourself. Love yourself because you are worthy of love. Practice kindness to yourself as well as to others. You have everything that you need ... now use it.

Remember:

When you communicate spiritually, seek and accept guidance to realize your potential.

“Hide not your talents, they for use were made.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

107

“Your depression is connected to your insolence and refusal to praise. ... Angels only began shining when they achieved discipline. The sun goes out whenever the cloud of not-praising comes. The moment the foolish angel felt insolent, he heard the door close.”

RUMI

Start everyday with gratitude for what is going in the right direction, instead of dwelling on what is going wrong. Yes ... circumstances may be difficult, but sinking into depression will not remedy the situation, it will only hinder your path. Depression, manifested by an insolent attitude, will prevent successful spiritual communication. Even though his neurodiversity makes life difficult, Spiritual Savant Joseph always manifests joy when communicating. Instead of complaining, seek guidance to remedy the situation and go forward. Seek guidance with an open heart, mind, and soul. Seek guidance with gratitude and praise.

Remember:

When you communicate spiritually, do not look back to depression, look forward with praise.

“We should not look back unless it is to derive useful lessons from past errors and for the purpose of profiting by dearly bought experience.”

George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

108

“It is good to leave each day behind, like flowing water, free of sadness. Yesterday is gone and its tale told. Today new seeds are growing.”

RUMI

There have been instances where someone has been either deliberately, or inadvertently, cruel to Spiritual Savant Joseph. He never holds a grudge, no matter how awful someone has been. Release your hurt feelings every day and free yourself from sadness. Take the initiative and sincerely apologize if you hurt someone's feelings. Seek forgiveness, both from them and from yourself, for causing sadness. Start anew.

Remember:

When you communicate spiritually, seek to do no harm.

“Love all, trust a few, do wrong to none.” William Shakespeare

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

109

*“When the world pushes you to your knees,
you are in the perfect position to pray.”*

RUMI

Life is uncertain, sometimes bad things happen, and we don't know how to respond. How to change the circumstances and make everything better. Understand that every experience happens for a reason. You are not being punished, you are learning wisdom. Learning how to cope. Spiritual Savant Joseph was born with neurodiversity, which in the physical world is a disability, but his spiritual communication abilities outweigh the circumstances. He has learned to cope. Seek spiritual guidance with an attitude of acceptance and gratitude for your new path, your new journey. Listen and accept guidance on how to proceed.

Remember:

When you communicate spiritually, seek assistance during difficult circumstances.

“Not even a mighty warrior can break a frail arrow when it is supported by its fellows. As long as you support one another and render assistance to one another, your enemies can never gain victory over you. But if you fall away from each other your enemy can break you like frail arrows, one at a time.” Genghis Khan

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

110

“Once the seed of faith takes root, it cannot be blown away, even by the strongest wind. That is a blessing.”

RUMI

Faith is not merely adherence to the rituals of a specific religion. Although Spiritual Savant Joseph enjoys Christian tradition, he embraces everyone equally. The true blessing of faith resides in the heart, mind, and soul. Repetition of religious phrases and verses is only of value as a tool to calm the mind and focus the heart so that the soul can receive, listen to, and understand the blessing. The heart and mind must be open for the soul to hear and accept spiritual communication.

Remember:

When you communicate spiritually, seek to know your blessing.

“Every night before going to sleep we must ask ourselves: What weakness did I overcome today? What virtue did I acquire?” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

111

*“Carry the burden smilingly and cheerfully,
because patience is the key to victory.”*

RUMI

When attempting to spiritually communicate, stay focused and be patient with yourself. Yes ... you may be anxious for guidance, but you may not be ready to listen and understand. You may be ready to seek, but unable to hear. Spiritual Savant Joseph does not seek, he is sought as a pure soul for connection. When you are ready for connection, your patience and focus will be rewarded, and you too will be sought after as one who can listen, one who can understand. Remain joyously patient and keep trying, victory is coming.

Remember:

When you communicate spiritually, you will connect when you are ready.
“Our prayers should be for blessings in general, for God knows best what is good for us.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

112

*“Come, come, whoever you are. Wanderer, worshiper,
lover of leaving. it does not matter. Ours is not a caravan
of despair. Come, even if you have broken your vows
a thousand times. Come, yet again, come, come.”*

RUMI

Spiritual Savant Joseph enters into spiritual communication as easy as taking a breath, but those of us who are not spiritual savants often find connection difficult and time consuming. The temptation is to give up, deem ourselves unable, and walk away. When we return, we will be welcomed with love, acceptance, and understanding.

Remember:

When you communicate spiritually, do not abandon your goal of connection. “When it is obvious that the goals cannot be reached, do not adjust the goals, adjust the action steps.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

113

“One of the marvels of the world: The sight of a soul sitting in prison with the key to freedom in its hand.”

RUMI

Frustration and despair imprison the soul. When life circumstances are less than desirable, frustration and despair cloud the mind, heart and soul. We cannot see the path and assume that we never will. We have difficulty gaining perspective and lack the focus necessary to continue. We seek a way out. We seek the key that will release our soul and set us in the right direction. Seek spiritual guidance. Spiritual Savant Joseph has led many to the knowledge and wisdom of spiritual communication as the key to escape prison. The key to the soul.

Remember:

When you communicate spiritually, seek guidance to prevent self-imprisonment.

“Sometimes you put walls up not to keep people out, but to see who cares enough to break them down.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

114

“Move, but do not move the way fear makes you move.”

RUMI

When you gain perspective and understanding, when you are no longer imprisoned by frustration and despair, do not continue to linger in the past ... move forward. Move in the direction of “forward”, although the path is never completely straight and you will need further spiritual guidance to continue. Spiritual Savant Joseph has experienced many “false starts” during his neurodiversity journey, but he never stops moving forward and he never accepts fear as a motivation. Refuse to accept the fear of failure, and never give up!

Remember:

When you communicate spiritually, seek guidance and take action without fear.

“Take time to deliberate, but when the time for action has arrived, stop thinking and go.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

115

“Clean out your ears, do not listen for what you already know.”

RUMI

Listen when seeking spiritual communication. Seek guidance, not to validate your own opinions and ideas, but to understand a better path. Listen with an open heart, mind and soul. Listen until you gain understanding, and ask questions when you don't understand. Ask questions with respect and gratitude, you are welcomed as a guest not as a master. Choose the path of kindness, and ask before taking action to avoid unintended consequences. Spiritual Savant Joseph may seem hesitant, but he is seeking approval before moving forward. Seek frequent guidance during your journey, even when you think that you understand.

Remember:

When you communicate spiritually, seek honest wisdom, not validation of personal opinions.

“Let us raise a standard to which the wise and honest can repair; the rest is in the hands of God.” George Washington

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

116

*“Listen, O drop, give yourself up without regret,
and in exchange gain the Ocean.”*

RUMI

When engaging in spiritual communication, you are never alone. Instead of being a solitary individual buffeted by physical circumstances, you are a Seeker of guidance and truth. As a Seeker, you become a part of the Ocean, carried forward on the waves of love, acceptance, and understanding. Join with Spiritual Savant Joseph and be carried forward to teach others. Carried forward to teach yourself and experience kindness flooding your soul. Release all petty thoughts, and physical concerns, to become everything that you are meant to be. Become one with the Ocean of Spirit.

Remember:

When you communicate spiritually, seek, and share, knowledge beyond yourself.

“I had rather excel others in the knowledge of what is excellent than in the extent of my powers and dominion.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

1

Messages for Spiritual Communication

117

“Grief can be the garden of compassion. If you keep your heart open through everything, your pain can become your greatest ally in your life search for love and wisdom.”

RUMI

If you are blessed with a long life, the pain of grief is an unavoidable experience that you may encounter many times. Spiritual Savant Joseph feels the loss of loved ones very deeply. Even though he is able to spiritually communicate, he misses their physical touch. Spiritual communication can provide wisdom and guidance, but the grief of loss cannot be avoided. Accept the grief with an open heart in honor of those you still love, and who still love you.

Remember:

When you communicate spiritually, allow wisdom to temper sorrow.

“In this sad world of ours sorrow comes to all, and it often comes with bitter agony. Perfect relief is not possible except with time. You cannot now believe that you will ever feel better. But this is not true. You are sure to be happy again. Knowing this, truly believing it will make you less miserable now.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

118

“If something makes you happy in this world, you should think of what will happen to you if that thing were taken away.”

RUMI

This advice is not in anticipation of grief and loss when circumstances change. Instead, it is in anticipation of gratitude and joyous memory. Cherish your happiness and give happiness to others through love, acceptance and understanding. Living a life dedicated to kindness will create happiness for yourself and others, and you will receive kindness in return. Live with the wisdom that although everything comes to an end, the memory of happiness remains.

Remember:

When you communicate spiritually, accept that life changes over time.

“Lost time is never found again.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

119

“What strikes the oyster shell does not damage the pearl.”

RUMI

Spiritual Savant Joseph has encountered many challenges in his life, and he has overcome each one through resilient determination. Do not surrender to frustration and despair when struck by challenges. Strike back with resilient determination. Your heart, mind, and soul are strong and protected by your outer shell. You may feel hurt, but you will heal. Seek spiritual guidance, and find your path forward.

Remember:

When you communicate spiritually, seek guidance and proceed with resilient determination.

“Impossible is a word found only in the dictionary of fools.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

120

“If your anxiety is because of your desire for harmony, seek disharmony, then you will gain peace.”

RUMI

First understand what is, and then work to change it into what should be. Spiritual Savant Joseph is neuro-diverse, that is what is. Realizing his destiny as a spiritual savant evolved his existence into what should be. What is your present state of being ... Your what is ... And what should you be? When you can answer these questions, you will gain peace.

Remember:

When you communicate spiritually, seek your own destiny.

“Care about what other people think, and you will always be their prisoner.” Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

121

“Your heart is the size of an ocean. Go find yourself in its hidden depths.”

RUMI

Because his heart, mind, and soul are open and pure, Spiritual Savant Joseph has no limitations. You have no limitations when your heart, mind, and soul are open and pure. Remain open to love, acceptance, and understanding and your depths will not be hidden, their light will shine forth through your acts of compassion and kindness. Embrace the ocean of humanity and lead others to follow your light.

Remember:

When you communicate spiritually, seek to enlighten yourself and others. “Tell me and I forget, teach me and I may remember, involve me, and I learn.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

122

“God works in mysterious ways. Things may look good outwardly, but there may be evil contained inside. ... Show me things as they are. You make things appear beautiful when in reality they are ugly. You make things appear ugly when in reality they are beautiful. Show us therefore each thing as it is lest we fall into a snare and be ever errant.”

RUMI

Spiritual Savant Joseph is never deceived by appearances, he immediately knows when someone has evil contained inside their soul. He is exceptionally sensitive, but we all have the ability to know what lies behind appearances if we listen to the whispered warnings of our hearts, minds, and souls. Evil often presents itself in attractive disguise. Heed your intuition and seek spiritual guidance to confirm or deny your suspicions. If you must engage, remain in constant spiritual communication and proceed with caution.

Remember:

When you communicate spiritually, learn how goodness and love conquer evil.

“It is easy to hate, and it is difficult to love. This is how the whole scheme of things works. All good things are difficult to achieve, and bad things are very easy to get.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

123

“If in the darkness of ignorance, you do not recognize a person’s true nature, look to see whom he has chosen for his leader.”

RUMI

The weak willed choose their leader because of herd mentality; someone else told them to follow, and they do. The greedy choose a leader who promises them material gain. The evil admire cruelty. How do you choose your leader? You choose someone strong and charismatic who shares your moral values. A leader who will rule with fairness and compassion. A leader with a heart, mind, and soul that will illuminate a brighter future.

Remember:

When you communicate spiritually, seek and discuss leadership ideas for the future.

“Strong minds discuss ideas, average minds discuss events, weak minds discuss people.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

124

“Appear as you are, or be as you appear.”

RUMI

Do not attempt deception, you have nothing to hide when your heart, mind, and soul are open and free from evil. Spiritual Savant Joseph is incapable of deception, and you should be too. Why would you attempt to alter your appearance or your character to become someone else? You are worthy and you are loved. Let your true self shine.

Remember:

When you communicate spiritually, be happy with who you are.

“Life is short, so love your life, be happy and keep smiling”

William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

125

“Whenever you are alone, remind yourself that God has sent everyone away so that there is only you and Him.”

RUMI

Spiritual Savant Joseph often chooses to be alone by removing himself from physical distractions, but he is never spiritually alone. Distractions of noise and movement. Distractions of the everyday. Distractions of present circumstances and future worries. These all detract from the calm focus required for spiritual communication. Physically remove yourself to a quiet place where your heart, mind, and soul can reach out. Physically remove yourself so that you can concentrate and listen.

Remember:

When you communicate spiritually, seek privacy to listen without distraction.

“Remember, you have no companions but your shadow.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

126

“The only lasting beauty is the beauty of the heart.”

RUMI

The actions you take to live a life of love, acceptance and understanding will far outlast physical beauty. Your life will far outlast physical existence in the memories and tributes of those impacted by your kindness. Spiritual Savant Joseph is physically attractive, but it is his soul that illuminates his beauty. Allow your true beauty to illuminate you.

Remember:

When you communicate spiritually, seek to possess the power of illumination.

“Know that the philosopher has power over the stars and not the stars over him.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

127

“You are a volume in the divine book. A mirror to the power that created the universe. Whatever you want, ask it of yourself. Whatever you are looking for can only be found inside of you.”

RUMI

Do you obsess over your physical appearance in the mirror instead of recognizing the image of divine power latent within you? Spiritual Savant Joseph’s external appearance is neuro-diverse, but the external shell is merely a vessel that contains his exceptional heart, mind, and soul. Decide what you truly want and seek spiritual communication guidance to awaken that which is already inside of your heart, mind and soul. What does your volume of the divine book contain?

Remember:

When you communicate spiritually, you write in the Divine book.

“Either write something worth reading or do something worth writing.”

Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

128

*“How can I know anything about the past or the future,
when the light of the spiritual Beloved shines only Now.”*

RUMI

We live in the physical Now, but our past provides context for the future through experience. All life experiences, even those perceived as negative, teach wisdom if we understand the lesson. Spiritual Savant Joseph lives with neurodiversity which has negative impact in the physical world, but the lessons learned living with disability have strengthened his soul for the future and the Now. Strengthened his soul for spiritual communication. What wisdom have you gained from past experience influencing your Now and informing your future?

Remember:

When you communicate spiritually, seek to understand the Past, the Now and the Future.

“I cannot teach anybody anything, I can only make them think.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

129

“Illumination is eternal. Now is always evolving. ... As there are billions of souls, there are billions of ways to grow.”

RUMI

All of us, including Spiritual Savant Joseph, are part of the Universe, but we are also unique individuals. Your experiences, your wisdom and knowledge, influence your reactions to evolving circumstances. Open your heart, mind, and soul to love, acceptance, and understanding so that your uniqueness is a positive force for the evolving Now and future. Add your uniqueness to the eternal illumination and teach others to follow their own path with your example as their guide. Ultimately, become a part of the spiritual communication that you now seek.

Remember:

When you communicate spiritually, you are a unique part of the whole.

“Upon the conduct of each depends the fate of all.” Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

130

“On a day when the wind is perfect, the sail just needs to be open and the world is full of beauty. Today is such a day.”

RUMI

If you wait for the perfect day to start your journey, your sails will never open. Circumstances are constantly evolving and it is impossible to know with certainty that this moment is the perfect wind. Have courage and go forward in the direction that seems best under the circumstances as they exist in the Now. With humble gratitude for assistance, seek spiritual communication for guidance and be open to changing course. Spiritual Savant Joseph changed course many times before evolving into his life journey of spiritual communication. Life’s journey is never a straight line. Always react with love, acceptance, and understanding to every situation, everyone you encounter. Today, the wind is perfect.

Remember:

When you communicate spiritually, seek to embark on your journey.

“A journey of a thousand miles begins with a single step.” Lao Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

131

*“Leave that which is not, but appears to be.
Seek that which is, but is not apparent.”*

RUMI

Do not be fooled by appearances. Spiritual Savant Joseph’s abilities are not apparent from his physical appearance, but his heart, mind, and soul are perfect for his journey. He wears no mask of pretense, no mask of evil deception. Do you wear a mask dictated by others? Do you appear to be something that you are not? When you no longer mimic the appearance of others, when you are no longer a pretender, you will recognize the evil of false appearance. You will recognize those with unpure hearts, minds, and souls. You will be free to become YOU.

Remember:

When you communicate spiritually, seek truth and decide to be your true self.

“Nothing is more difficult, and therefore more precious, than to be able to decide.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

132

“Go back to sleep. Yes, you are allowed. You who have no love in your heart, you can go back to sleep. ... Your love and religion is all about deceit, control and hypocrisy, go back to sleep. I have torn to pieces my robe of speech, and have let go of the desire to converse ... you can go back to sleep.”

RUMI

Spiritual Savant Joseph has a great deal of patience, but he does get disgusted with those who refuse to listen and be open to spiritual communication. He refuses to communicate with those who have closed their hearts, minds, and souls to love, acceptance and understanding. Unfortunately for our world, these people are everywhere. They are consumed by deceit and hypocrisy, seeking to control the hearts, minds, and souls of their followers. Refusing to listen to reason, listening only to their own self-serving desires. They should go back to sleep and dream prophetic dreams that change their hearts.

Remember:

When you communicate spiritually, seek patience to change hearts, minds and souls.

“Act with kindness, but do not expect gratitude.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

133

“Nothing I say can explain to you Divine love. Yet all creation cannot seem to stop talking about it.”

RUMI

Spiritual communication is an act of Divine love. When you seek guidance, come with an open and loving heart, mind, and soul. Your attitude, your love, controls whether or not you receive an answer to your questions. Spiritual Savant Joseph enters into spiritual communication with love for those who reach out, love for their messages, and with love for the recipients. This love flows in both directions. Spiritual Savant Joseph gives love, and he receives love and protection in return. Successful communication in both directions requires the flow of Divine love.

Remember:

When you communicate spiritually, freely and lovingly enter the relationship.

“Love that shines from within cannot be darkened by obstacles created of the world of consequences.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

134

“Goodbyes are only for those who love with their eyes. Because for those who love with heart and soul there is no such thing as separation.”

RUMI

Some, but not all, of Spiritual Savant Joseph's communication involves those who were once physical and are now spiritual, including his personal protector Brother Basil. Madelyn, my mother and Joseph's beloved grandmother, also guides and protects both of us. You have a personal protector too. Someone who loves you. Someone who is watching and waiting for communication. Someone waiting for your heart, mind, and soul to open with love.

Remember:

When you communicate spiritually, the Spirit gives vision and purpose beyond physical indulgences.

“It will be easy to forget your vision and purpose; once you have fine clothes, fast horses, and beautiful women. In which case, you will be no better than a slave, and you will surely lose everything.” Genghis Khan

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

135

“If words come out of the heart, they will enter the heart.”

RUMI

Spiritual Savant Joseph is an open vessel, he reaches out and he is filled with spiritual communication, an exceptional blessing. Those of us who are not spiritual savants must consciously focus our hearts, minds, and souls to open a spiritual dialogue. As a communication aid, many traditions engage in ritual words and the chanting of ancient phrases. This is an excellent meditative aid to quiet the mind and enhance focus, but these are not words from the heart. These are words taught by rote. Choose your own words from your own heart and the spiritual heart will listen and respond.

Remember:

When you communicate spiritually, seek to thoughtfully speak from your heart to listen and learn.

“Learning without thought is labor lost; thought without learning is perilous.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

136

*“Divine Love has whispered secrets in your ear
that do not make sense to anybody else. You know
who You are. You are the shining star.”*

RUMI

Listen intently during spiritual communication, they never shout unless there is an immediate emergency that requires you to act swiftly. Spiritual communication is not physically external. Spiritual Savant Joseph is constantly listening, not with his ears, but with his soul. If the message is confusing, or not completely understood, respectfully request clarification. Do not arrogantly request louder repetition. Apologize for your inability to hear, and ask for assistance in understanding. You are the student not the Master, communicate with gratitude and respect.

Remember:

When you communicate spiritually, respectfully ask for clarification to understand.

“Ignorance is the cause of fear.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

137

“At every moment, Divine Love’s voice speaks to us from left and from right. All we have to do is to know how to listen.”

RUMI

Spiritual Savant Joseph is constantly in spiritual communication. He is constantly listening. We cannot maintain this constant level of focus because we are distracted by the physical everyday. But we can constantly be aware of, and listening for, messages. We can be aware and listening even though our physical everyday circumstances fill our world with noise. We can be aware and listening by keeping our hearts, minds, and souls open to receiving the Divine voice.

Remember:

When you communicate spiritually, do your best to constantly be aware and listening.

“I do the very best I know how, the very best I can, and I mean to keep on doing so until the end.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

138

“Every soul becomes gold when touched by the Beloved.”

RUMI

When you enter into spiritual communication, your soul is touched. How can you know? Your physical existence will improve because of your spiritual existence. Spiritual guidance will be invaluable during your life’s journey, providing insight and assistance. When the heart, mind, and soul are open to love, acceptance, and understanding others will notice. They will sense the golden illumination of your soul. Teach them to reach out with kindness to receive kindness. Teach them the blessings of spiritual communication.

Remember:

When you communicate spiritually, maintain a strong lifelong connection. “Adhere to your purpose, and you will soon feel as well as you ever did. On the contrary, if you falter and give up, you will lose the power of keeping any resolution and will regret it all your life.” George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

139

“The garden of the world has no limits except in your mind. Its presence is more beautiful than the stars with more clarity than the polished mirror of your heart.”

RUMI

Because of his neurodiversity, Spiritual Savant Joseph has unlimited potential through spiritual communication. He is truly an exceptional person, but you also have unlimited potential through spiritual communication. Unlimited potential to be the exceptional person that resides in your heart, mind, and soul. The exceptional person awakening through spiritual guidance and physical effort. The exceptional person that you are meant to be. Look into the mirror of your heart and see your beautiful true self.

Remember:

When you communicate spiritually, understand that each individual awakens in their own time.

“Anyone who imagines that all fruits ripen at the same time as the strawberries knows nothing about grapes.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

140

“You are the root of heaven, the illumination of the morning star, the bright moon, the house of endless love.”

RUMI

Unfortunately, many people feel unimportant, mere cogs in the wheel of the vast physical universe. Unfortunately, many of these same people project their hopelessness onto others, causing bigotry and hatred of those who understand how to soar. Unfortunately, these same people attempt to project their own hopelessness onto Spiritual Savant Joseph. They are unable to see past his neurodiversity to recognize his soaring soul. They may not be actively evil, but these people drain hope and sow despair. Unfortunately, many are resistant to spiritual communication, lacking open hearts, minds, and souls. Stay away from them, their unfortunate influence is corrosive.

Remember:

When you communicate spiritually, know that enemies of the truth cannot gain wisdom.

“If you know the enemy and you know yourself, you need not fear the results of a hundred battles.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

141

*“The soul has been given its own ears to hear
things the mind does not understand.”*

RUMI

The ability to listen and understand is the key to spiritual communication. Listen with an open heart, mind, and soul to prevent your preconceptions from interpreting the message in a way that wasn't intended by the messenger. Even when your mind is certain that you understand, respectfully request clarification and reveal the actions that you are about to take before you take them. Spiritual communication involves guidance and love, not surprises and misunderstandings.

Remember:

When you communicate spiritually, seek the time to hear and understand the message of love.

“Time is very slow for those who wait, very long for those who are frightened, very fast for those who celebrate; but for those who love, time is eternal.” William Shakespeare

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

142

“To me, nothing in the world is as precious as a genuine smile.”

RUMI

When the world is chaotic and circumstances stressful, it is easy to forget that life is a joyous experience. Spiritual Savant Joseph frequently laughs out loud. Be an optimist. Approach life’s journey with hope and enthusiasm. With spiritual communication guidance, the difficulties will pass and circumstances will improve. Spread hope and love with your smile.

Remember:

When you communicate spiritually, approach with hope and love.

“In this chaotic world of hate, pretentiousness, and anxiety be someone who loves, laughs, and fights because if the instinct for survival was enough, many species would not have gone extinct.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

143

“You are an ocean in a drop of dew, all the universe in a thin sack of blood. What are these pleasures then, these joys, these worlds that you keep reaching for, hoping that they will make you more alive?”

RUMI

Polluting and abusing the physical body does not bring joy or alleviate stress. Polluting and abusing the heart, mind, and soul will prevent spiritual communication. Focus on your strengths instead of indulging weakness. Spiritual Savant Joseph never pollutes his mind or body. He doesn't require assistance to be “more alive”. Temporary relief will not bring permanent solutions. Seek spiritual communication guidance to focus your heart, mind, and soul on your life's journey. Focus upon your vision, your destiny, your valuable individual contribution to the ocean of the universe. Focus on YOU.

Remember:

When you communicate spiritually, seek to be your best you.

“The will to win, the desire to succeed, the urge to reach your full potential; these are the keys that will unlock the door to personal excellence.” Confucius

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

144

“I begged the Wise One to tell me the secret of the world. Gently, gently He whispered. Be quiet, the secret cannot be spoken, it is wrapped in silence.”

RUMI

Be patient, just because you want the answers doesn't mean that you are ready to listen, ready to understand. Spiritual communication evolves at exactly the right pace. Guidance will come when the timing is perfect, and cannot be rushed. Sometimes, there are periods of silence and it seems like communication has failed. Even Spiritual Savant Joseph has periods of silence. But the Wise Ones are not silent, they are waiting for you to listen. Waiting for you to listen with an open heart, mind, and soul so that you can understand. So that you can understand and take action with love, acceptance and understanding.

Remember:

When you communicate spiritually, have patience to listen and understand what to do.

“If to do were as easy as to know what were good to do, chapels had been churches and poor men's cottages princes' palaces.” William Shakespeare

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

145

“Something opens our wings. Something makes boredom and hurt disappear. Someone fills the cup in front of us: We taste only sacredness.”

RUMI

Spiritual Savant Joseph is living proof that “Someone” is waiting to communicate. It is not necessary that we all refer to the Sacred by the same name or that we follow the same ritual traditions. It is necessary that in order to spiritually communicate, you must have belief and faith in the spiritual. Belief and faith in that which is beyond physical space. Belief and faith that Someone is indeed there to fill the cup in front of us with sacredness.

Remember:

When you communicate spiritually, seek with belief and faith.

“A society without spiritual belief is like a vessel without a compass.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

146

“There is someone who looks after us from behind the curtain. In truth we are not here, this is our shadow.”

RUMI

Spiritual Savant Joseph has the exceptional ability to focus so completely that his heart, mind, and soul leave the physical and exist purely in the spiritual. This is the blessing of neurodiversity. With the dedication of an open heart, mind, and soul, even the neuro-typical can peek behind the curtain. See beyond the physical into the spiritual. Listen beyond the physical into spiritual communication.

Remember:

When you communicate spiritually, do not be afraid of unexpected revelations.

“No one is so brave that he is not disturbed by something unexpected.”
Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

147

“You think because you understand “one” you must also understand “two”, because one and one make two. But you must also understand “and”.”

RUMI

None of us walk life’s journey completely alone. Others, both physical and spiritual, accompany us. And ... their assistance may be an invaluable blessing. And ... their assistance may be a hindrance, either deliberately or unconsciously, that leads us astray. And ... we must seek the wisdom to determine whether blessing or hindrance. And ... we must seek this wisdom through love, acceptance, and understanding.

Remember:

When you communicate spiritually, seek guidance to determine who walks your path.

“Know thy self, know thy enemy. A thousand battles, a thousand victories.”
Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

148

“Even when tied in a thousand knots, the string is still but one.”

RUMI

Spiritual Savant Joseph is very exceptional in his spiritual communication abilities. He can have a thousand knots of messages coursing through his mind, but he remains focused on his goal of bringing kindness to both the physical and the spiritual. Focused on his neurodiverse spirit-given mission to be a string of connection, a conduit for love, acceptance, and understanding. A string of hope.

Remember:

When you communicate spiritually, accept your assigned mission.

“Whatever you are, be a good one.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

149

“A soul which is not clothed with the inner garment of love should be ashamed of its existence.”

RUMI

How can you determine that your soul is clothed in love, and perhaps more importantly, how can you determine this love in others? Through acts of kindness. Anyone can profess love, the words come easily to the tongue in deception. Look only to deeds. How do they treat others, especially those who have no power? Are they in spiritual communication or has their access been blocked? Are their heart, mind, and soul open and loving? When these questions are asked about you, how will others respond?

Remember:

When you communicate spiritually, clothe your soul with love.

“The most momentous thing in human life is the art of winning the soul to good.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

150

“Be quiet now and wait. It may be that the ocean one, the one we desire so to move into and become, desires us out here on land a little longer, going our sundry roads to the shore.”

RUMI

Spiritual Savant Joseph makes it seem easy, but spiritual communication often requires effort and patience. Keep trying. Communication will occur when you are ready to listen, not when you decide that you are ready. Remain hopeful and diligent in your efforts, then “be quiet now and wait”. Maintain an attitude of quiet respect when approaching the spiritual ocean. Only then will you be recognized as a worthy Seeker and welcomed from the physical shore.

Remember:

When you communicate spiritually, keep attempting communication and you will succeed.

“Our greatest glory is not in never falling, but in rising every time we fall.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

151

*“Heart is the sea, language is the shore.
Whatever is in the sea hits the shore.”*

RUMI

Before speaking, pause and listen to your heart. Do you want your words to be exposed on the shore for everyone to listen and know? Do your words reflect who you are? Do they properly reflect your beautiful heart, mind, and soul? The reason that Spiritual Savant Joseph often does not spiritually communicate in words is because mere words are inadequate. The visions and pure emotions of a truly open heart, mind, and soul are more than sufficient. Do not worry about bringing the correct words when spiritually communicating. Bring YOU.

Remember:

When you communicate spiritually, seek to examine your own character before connecting.

“I hope I shall possess firmness and virtue enough to maintain what I consider the most enviable of all titles: the character of an honest man.”

George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

152

“You and I have spoken all these words, but for the way we have to go, words are no preparation. I have one small drop of knowing in my soul. Let it dissolve in your ocean.”

RUMI

Planning and discussion for life’s journey is excellent preparation, but understand that plans change as circumstances change. Spiritual Savant Joseph lives in the present because even through spiritual communication, he cannot know the future. The Future depends upon our responses to the Present, and our lessons learned from the Past. But ... we can prepare the response of our heart, mind, and soul for whatever happens. Respond with love, acceptance and understanding, and choose to travel with those who share your response. Who share your core values of kindness and love.

Remember:

When you communicate spiritually, do not expect to know the future.

“Time is a brisk wind, for each hour it brings something new; but who can understand and measure its sharp breath, its mystery, and its design?” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

153

“The world is a mountain, in which your words are echoed back to you.”

RUMI

When you speak, say something worth repeating, or be silent. Do not be one of those people who fill every quiet moment, every silence, with irrelevant words. Who fill the silence meant for listening and contemplation with their noise. Who love the sound of their own voice so much that they constantly exercise their tongue with nonsense. Think before you speak and others will listen.

Remember:

When you communicate spiritually, think about the listener.

“When I get ready to talk to people, I spend two-thirds of the time thinking about what they want to hear and one-third thinking about what I want to say.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

154

“What in your life is calling you, when all the noise is silenced, the meetings adjourned ... the lists laid aside ... What still pulls at your soul?”

RUMI

Does destiny exist? Yes ... because you create your own destiny with the reactions of your heart, mind, and soul to your present circumstances. Our reactions to adversity, as well as to good fortune, define who we are. Spiritual Savant Joseph was born with neurodiversity. Born different in a physical world that values “normal”. Instead of dwelling upon his inabilities, his soul embraced its destiny of spiritual communication. Your reactions to “what pulls at your soul” define your destiny. Define your destiny and follow your soul.

Remember:

When you communicate spiritually, seek to know your soul.

“God has given you one face, and you make yourself another.”

William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

155

“This silence, this moment, every moment, if it is genuinely inside you, brings to you what you need.”

RUMI

Listen. Step away from the stress of the everyday, step into the moment, and listen. Spiritual Savant Joseph takes time everyday for silent listening before spiritual communication. What will you hear? At first ... just silence, along with the rhythm of your own breath. Do not be impatient, keep listening. Whatever is happening in the outside world will happen without you ... listen to your inside world. Consciously ignore the ambient noises around you, listen only to you. Listen to your body sounds of living, your heart and other organs, the flow of your blood. Listen with love, unafraid, welcoming the whispered voices. Listen to spiritual communication.

Remember:

When you communicate spiritually, do not fear being embraced.

“He who fears being conquered is sure of defeat.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

156

“Live in the nowhere that you came from even though you have an address here.”

RUMI

Spiritual Savant Joseph lives in the physical world, but he exists in the spiritual. So do you. The heart, mind, and soul transcend all physical circumstances. When listening to the silence, and the whispered voices come, do not back away in surprise, this is what you have been waiting for ... listen harder. Listen with welcoming excitement and joy so that the voices will become louder and the message clearly understood. This is where you came from, and where you are going. This is spiritual communication.

Remember:

When you communicate spiritually, you exist in both the physical and the spiritual.

“The human body is vapor materialized by sunshine mixed with the life of the stars.” Paracelsus

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

157

“Learn to recognize the false dawn from the true; distinguish the color of the wine from the color of the cup. Then it may be that patience and time may produce, out of the spectrum-viewing sight, true vision, and you will behold colors other than these mortal hues, you will see pearls instead of stones. Pearls, did I say? Nay more, you will become a sea, you will become a sun traveling the sky.”

RUMI

Spiritual Savant Joseph distinctly perceives both human and spiritual auras. He can immediately determine a great deal about the heart and soul of those he comes in contact with by looking at their aura colors. His own aura is so brightly illuminated that it is often perceived by those who have never before been able to see soul colors, never before seen an aura. What aura colors illuminate you?

Remember:

When you communicate spiritually, seek to see aura colors, they show the truth about the soul.

“The object of a superior person is truth.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

158

“The water in the stream may have changed many times, but the reflection of the moon and the stars remains the same.”

RUMI

People change throughout their lives, but spiritual communication remains constant. This does not mean that spiritual communication is always the exact same message. Guidance adapts to physical and spiritual circumstances, but the underlying wisdom remains the same. The foundational wisdom and knowledge that you seek.

Remember:

When you communicate spiritually, seek wisdom and wait for human understanding.

“For when they see the people swarm into the streets, and daily wet to the skin with rain, and yet cannot persuade them to get out of the rain. they do keep themselves within their houses, seeing they cannot remedy the folly of the people.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

159

“Let the waters settle and you will be able to see the moon and the stars mirrored in your own being.”

RUMI

Before engaging in spiritual communication, Spiritual Savant Joseph enters into quiet; enters into calmness to open the heart, mind, and soul. Entering into quiet, “letting the waters settle”, does not mean that the physical world becomes silent. Spiritual quiet is within the individual and can be entered into in the middle of a noisy environment. When your heart, mind, and soul are ready to be open, the physical fact that you’re sitting in a rock concert is of no consequence. When you are ready, the spiritual will communicate.

Remember:

When you communicate spiritually, the right time to communicate is NOW. “I do not think much of a man who is not wiser today than he was yesterday.” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

160

*“Put your thoughts to sleep, do not let them cast a shadow
over the moon of your heart. Let go of thinking.”*

RUMI

For Spiritual Savant Joseph, spiritual communication naturally occurs without premeditated thought or effort. He settles into his soul's quiet place, and is filled. This is his gift. For everyone else, it is possible to overthink the communication process; to become so anxious to succeed that the mind stresses and communication fails. Relax ... spiritual communication will arrive when you are ready to receive.

Remember:

When you communicate spiritually, do not restrict your spirit.

“That which lives on reason lives against the spirit.” Paracelsus

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

161

*“There is a way between voice and presence,
where information flows. In disciplined silence
it opens, with wandering talk it closes.”*

RUMI

When spiritual communication opens, restrain your excitement and refrain from asking multiple questions in a rush to extract information as fast as possible before communication closes. Even Spiritual Savant Joseph does not extract information, it flows through him at a pace determined by disciplined silence. Control your impulsive wandering talk and ... listen. Yes ... ask questions ... but listen first and ask as part of the information flow, respectfully, after disciplined silence. Make yourself a respectful welcomed guest, and spiritual communication will continue throughout your life's journey.

Remember:

When you communicate spiritually, think before asking questions.

“To find yourself, think for yourself.” Socrates

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

162

“Never think you are better than others. Listen to their sorrows with compassion. If you want peace, do not harbor bad thoughts, do not gossip and do not teach what you do not know.”

RUMI

Spiritual Savant Joseph is exceptionally empathetic, and he is incapable of gossip or unkindness. In return, others are empathetic and kind to him ... although they sometimes gossip about his abilities in a complimentary manner. Have compassion for others and receive compassion in return. Never indulge in negative gossip or divulge a confidence, not only because such actions are unkind, but because your own reputation will be damaged. If you attempt to “teach what you do not know” you will gain a reputation for dishonesty. Always act with honesty and compassion. Guard your good character and reputation.

Remember:

When you communicate spiritually, seek to cultivate your excellent character and reputation.

“Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing” Abraham Lincoln

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

163

“Listen with ears of tolerance. See through the eyes of compassion. Speak with the language of love.”

RUMI

Compassion and tolerance are not the same thing. Compassion comes from the heart. Tolerance is a conscious effort from the mind. Both require love. Spiritual Savant Joseph tolerates differences in himself and differences in others, but regardless of circumstances and tolerance levels, he always reacts with compassion. Always reacts with love, acceptance, and understanding.

Remember:

When you communicate spiritually, embrace tolerance.

“A true man hates no one.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

164

“Do not break the hearts of the poor and heartbroken people.”

RUMI

There are those who depend upon you both physically and spiritually. Do not disappoint them by betraying their trust. When you have gained knowledge and wisdom through life experiences, and spiritual communication, it is your responsibility to teach others. When you have gained the ability to teach others, it is your responsibility to step forward and lead. Accept this responsibility and fulfill your destiny.

Remember:

When you communicate spiritually, develop confidence in your knowledge and wisdom.

“Without training, they lacked knowledge. Without knowledge, they lacked confidence. Without confidence, they lacked victory.” Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

165

“The quieter we become, the more we can hear.”

RUMI

Spiritual Savant Joseph is a good listener. He never intrudes with his own opinions. Instead, he listens in quiet support until the seeker works out their own solutions with the assistance of spiritual guidance. Cultivate the ability to be quiet and listen. Cultivate the wisdom to understand when your personal opinions should remain personal and unspoken. Listen with quiet support so that you can hear.

Remember:

When you communicate spiritually, your goal is to love, accept, and understand.

“Without the vision of a worthy goal, a man cannot manage his own life, much less the lives of others.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

166

“Take someone who does not keep score, who is not looking to be richer, or afraid of losing, who has not the slightest interest even in his own personality; he is free.”

RUMI

Spiritual Savant Joseph is the ultimate companion. He never keeps score and he has no ulterior motives. He loves his guardians, both physical and spiritual, without reservations. Nobody else is Spiritual Savant Joseph, so you must carefully consider who you accept as companions on your life’s journey. Consider their character, their reputation, and most of all their reactions to life experiences along the way. Do they act with kindness? With love, acceptance and understanding? Or do they react with self-interest and intolerance? Do not continue to journey with those who fail the test of heart, mind, and soul.

Remember:

When you communicate spiritually, seek guidance to determine who is a friend.

“A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still gently allows you to grow.”
William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

167

“When someone is counting out gold for you, do not look at your hands, or the gold. Look at the giver.”

RUMI

Those of poor character often have a deceptively beautiful facade of false goodness. Look to reputation, to actions rather than words, and question motivation. Follow your feelings, your intuition, your soul’s ability to see the true aura of the deceitful. Spiritual Savant Joseph can see soul auras, but even if you doubt your aura ability, you do have the ability to seek spiritual communication and guidance. If you must interact with this person, be vigilant and do not allow yourself to be fooled.

Remember:

When you communicate spiritually, seek assistance to recognize and deal with deceit.

“Do not engage an enemy more powerful than you, and if it is unavoidable and you do have to engage, then make sure you engage on your terms, not on your enemy’s terms.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

168

“If you put on shoes that are too tight and walk out across an empty plain, you will not feel the freedom of the place unless you take off your shoes. Your shoe constriction has you confined. At night before sleeping you take off the tight shoes, and your soul releases into a place it knows. Dreams glide deeper.”

RUMI

Acknowledge and release your preconceptions, your prejudices, your judgmental mind-set. Spiritual Savant Joseph doesn't like everyone, but his decisions regarding others are unbiased by preconceptions. His opinions are based upon moral character not physical appearance or group membership. He judges moral character through acts of kindness, not pretty words. Take off your judgmental attitude and remove the constrictions from your heart, mind, and soul. Release your soul to glide.

Remember:

When you communicate spiritually, liberate yourself from prejudice.

“Liberty, when it begins to take root, is a plant of rapid growth.”

George Washington

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

169

“Bring anger and pride under your feet, turn them into a ladder and climb high.”

RUMI

Spiritual Savant Joseph has no anger or pride, but he sees both in others. Anger and pride lead to stress and poor decision-making. Anger and pride lead to poor listening skills. Anger and pride close the heart, mind, and soul. Anger and pride will block the ability to spiritually communicate. Acknowledge and release your anger and pride. Use your experiences of redemption, your experiences overcoming anger and pride, to build a ladder for others to climb with you. Your experiences banishing anger and pride open your heart, mind, and soul to spiritual communication.

Remember:

When you communicate spiritually, seek to release negativity.

“It does not matter how slowly you go as long as you do not stop.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

170

*“Once you conquer your selfish self, all your
darkness will change to light.”*

RUMI

Spiritual Savant Joseph is exceptional in that he is always willing to share and is completely unselfish. He is always willing to give whatever others desire. The selfish, who are often professionals hiding behind a pretext of assistance, try to take advantage of his generosity by attempting to profit unfairly at his expense. Their actions are pure darkness, but some will have an epiphany of the soul and turn towards the light. Then, they will be welcomed into spiritual communication.

Remember:

When you communicate spiritually, know that the selfish soul will be unable to connect.

“He who is not contented with what he has would not be contented with what he would like to have.” Socrates

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

171

*“Find the sweetness in your own heart, then you
may find the sweetness in every heart.”*

RUMI

Spiritual Savant Joseph tries to find sweetness in every heart even though some people are a bigger challenge than others. Hearts of good moral character that inspire acts of kindness. Make certain that finding your sweetness isn't a difficult task and you will be rewarded with consistent spiritual communication. Be the proud owner of a sweet heart, mind, and soul filled with love, acceptance, and understanding.

Remember:

When you communicate spiritually, seek to prove your sweetness through kind deeds.

“Talking is not doing. It is a kind of good deed to say well, and yet mere words are not deeding.” William Shakespeare

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

172

*“The Angel is free because of his knowledge,
the beast because of his ignorance. Between the
two remains the son of man to struggle.”*

RUMI

The struggle is for the knowledge and wisdom to become closer to the spiritual Angel. Spiritual Savant Joseph was born closer to the Angel, but we must struggle to overcome our beast. Spiritual communication guides the seeker to knowledge. Life experiences guide the seeker to wisdom. What is done with the knowledge and wisdom guides the seeker's heart, mind, and soul to a place of love, acceptance and understanding. Accept the guidance of spiritual communication with gratitude and respect. With knowledge and wisdom become free of your negativity. Become closer to the Angel than the beast.

Remember:

When you communicate spiritually, seek to manifest the supernatural Angel.

“The experience of life in a finite limited body is specifically for the purpose of discovering and manifesting supernatural existence.” Pythagoras

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

173

“To love is human. To feel pain is human. Yet to still love despite the pain is pure Angel.”

RUMI

Life is not always a smooth joyous journey. Spiritual Savant Joseph’s journey would be easier without neurodiversity, but if he were neurotypical, he wouldn’t be a spiritual savant. Pain, both physical and emotional, is part of the experience. Why? Because every experience strengthens our resolve to seek spiritual communication for guidance. Strengthens our resolve to open our hearts, minds, and souls to be compassionate so that we may experience compassion in return. Strengthens our resolve to act with love, acceptance and understanding. Strengthens our resolve to draw closer to the pure Angel.

Remember:

When you communicate spiritually, seek to act with compassion and emulate the Angels.

“What you do not want to be done to yourself, do not do to others.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

174

“Do not look back, no one knows how the world ever began. Do not fear the future, nothing lasts forever. If you dwell on the past or future, you will miss the moment.”

RUMI

Even Spiritual Savant Joseph’s spiritual communication does not foretell the future or explain the past. Yes ... guidance can be communicated to assist in life’s journey, but the future outcome depends on the individual receiving the guidance. We impact the future through our reactions to present circumstances. We impact the future through experiences learned from our reactions to past circumstances. We impact the present by using our spiritual communication knowledge to apply the wisdom of past experience to the present moment. To have a positive impact, always react with love, acceptance, and understanding.

Remember:

When you communicate spiritually, individual reactions impact the past, present, and future.

“All the world’s a stage, and all the men and women merely players. They have their exits and their entrances, and one man in his time plays many parts.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

175

“The art of knowing is knowing what to ignore.”

RUMI

You don't need to react to everything. Ignore the non-essential and concentrate on the truly important. Spiritual Savant Joseph is a master at ignoring inconsiderate words and actions. He understands that his neurodiversity makes some people curious about him, so they react or speak without thinking. He understands that their soul reaction is unkind, but he backs away and refuses to engage. Everyone has life encounters resulting in potential emotional, and sometimes physical, trauma. Whenever possible, back away and seek spiritual guidance on how to proceed during future encounters.

Remember:

When you communicate spiritually, seek guidance when confronted with the unkind.

“One who is injured ought not to return the injury, for on no account can it be right to do an injustice; and it is not right to return an injury, or to do evil to any man, however much we have suffered from him.” Socrates

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

176

“There is a voice that doesn’t use words. Listen.”

RUMI

When first attempting spiritual communication, the novice often expects to hear a loud clear voice giving specific instructions, like in the movies. Nothing could be further from reality. Spiritual communication occurs in the meditative quiet of the open heart, mind, and soul. Spiritual Savant Joseph does not require spoken words for spiritual communication, but he is gifted with exceptional ability. It is perfectly acceptable for the seeker to use words when spiritually communicating, but listen with your open heart, mind and soul for the answer.

Remember:

When you communicate spiritually, understand how to listen.

“There is no word or action but has its echo in eternity.” Pythagoras

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

177

“Not the ones speaking the same language, but the ones sharing the same feeling understand each other.”

RUMI

Open yourself to spiritual communication. It is possible to spend many hours in focused, conscious effort to reach out, and fail to make connection. Why? Because you are reaching out with your mind calculating the process of communication instead of reaching out with a joyous hope for connection and guidance. Spiritual communication isn't a quantifiable process, it's a shared feeling of understanding and love. A shared feeling between hearts, minds, and souls.

Remember:

When you communicate spiritually, focus and prepare for joy.

“I will prepare, and someday my chance will come.” Abraham Lincoln

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

178

“If you look too closely at the form, you miss the Essence.”

RUMI

Although Spiritual Savant Joseph makes spiritual communication seem effortless, it does require focused concentration to listen with understanding. This focus is to open your heart, mind, and soul to the joy of connection, not to create stress and worry. Do not stress and worry about your appearance or your words, your form is of no consequence. Only the essence of your heart, mind, and soul can communicate with the Spiritual Essence.

Remember:

When you communicate spiritually, seek the essence of spiritual knowledge.

“The essence of knowledge is having it to use it.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

179

*“My head is bursting with joy of the unknown.
My heart is expanding a thousand fold.”*

RUMI

Allow yourself to be happy. Spiritual Savant Joseph approaches every day with happiness and joyous expectation. Every day is an opportunity to spiritually communicate. Every day is an opportunity to experience something new, to expand knowledge and wisdom, to learn and to teach. Momentous breakthroughs are not required on a daily basis, take joy wherever it can be found. Every day, live your life with a receptive heart.

Remember:

When you communicate spiritually, seek to create joyous expectation.

“Creating is the essence of life.” Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

180

“Every object and being in the universe is a jar overflowing with wisdom and beauty, a drop of the Tigris that cannot be contained by any skin. Every jarful spills and makes the earth more shining, as though covered in satin....Make peace with the Universe. Take joy in it. It will turn to gold. ...Every moment, a new beauty.”

RUMI

Life is a great gift, take joy in your existence. When Spiritual Savant Joseph spiritually communicates, the disabilities of neurodiversity vanish, and he becomes at peace with the Universe and at peace with himself. Calm your heart, mind, and soul to perceive the beauty and the light. Become at peace with the Universe to find your inner peace. Welcome spiritual communication, every connection is an opportunity for wisdom, beauty, and joy.

Remember:

When you communicate spiritually, seek with calm persistence for wisdom and joy.

“Energy and persistence conquer all things.” Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

181

“Although you appear in earthly form your essence is pure consciousness. You are the fearless guardian of Divine Light.”

RUMI

Physical form is a temporary vessel for the soul. As a vessel for the Divine Light, Spiritual Savant Joseph is unconcerned with physical appearance. His essence is apparent even in his earthly form. Are you merely your physical body, your physical appearance which is so fragile and easily damaged, or are you more? With spiritual communication guidance, you will start to understand your role as guardian of the Divine Light. Your consciousness, your heart, mind, and soul reside in the physical at this moment, but they will exist in spiritual form when the physical has perished.

Remember:

When you communicate spiritually, learn how to become one with the Divine Light.

“I am indebted to my father for living, but to my teacher for living well.”
Alexander the Great

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

182

“The mind says there is nothing beyond the physical world, the HEART says there is, and I have been there many times.”

RUMI

The physical world is filled with stress and noise. Stress and noise from outside sources, and from within the mind in response to traumatic experiences and circumstances. All this disruption obscures the spiritual. When stress and noise threaten to distract Spiritual Savant Joseph, he engages in calming rituals to re-balance his heart, mind and soul. Create your own centering ritual, something that can be done anywhere and is always available, to regain your balance. Traditionally, the repetition of a word or phrase, even done silently, can be a calming ritual to regain the ability to listen and understand. To regain your ability to see beyond the physical and experience the spiritual.

Remember:

When you communicate spiritually, seek to inspire spiritual faith and conquer disbelief.

“Be of one mind and one faith, that you may conquer your enemies and lead long and happy lives.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

183

“There are many languages in the world; in meaning all are the same. If you break the cups, water will be unified and will flow together.”

RUMI

When dealing with people of different spiritual beliefs, different languages and traditions, do not emphasize adversity. Instead, seek common ground and build on strength. Spiritual communication is an opportunity open to all seekers. Physical world differences are irrelevant and not a problem in making the connection. The only requirements are an open heart, mind, and soul seeking to engage in love, acceptance and understanding.

Remember:

When you communicate spiritually, seek unity not problems.

“Victory comes from finding opportunities in problems.” Sun Tzu

“Spiritual Savant Joseph’s Blessing”

184

“Humankind is being led along an evolving course, through this migration of intelligences, and though we seem to be sleeping, there is an inner wakefulness ... that will eventually startle us back to the truth.”

RUMI

When presented with unexpected people and situations, Spiritual Savant Joseph “seems to be sleeping” and not paying attention to his physical surroundings. Nothing could be further from the truth. He is very wakeful, very aware of the hearts, minds, and souls around him. He is socially distant because he is thinking and engaging in spiritual communication, seeking guidance concerning the situation. Spiritual Savant Joseph is always aware of the truth.

Remember:

When you communicate spiritually, seek truth.

“The stupid speak of the past, the wise of the present, and fools of the future.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

185

“If it is bread that you seek, you will have bread. If it is the soul that you seek, you will find the soul. If you understand this secret, you know you are that which you seek.”

RUMI

Spiritual Savant Joseph does not need to find his soul, being a spiritual savant centers him. But we need to consciously seek. Consciously seek truth and you will find your soul. Consciously open your heart and mind to knowledge, and you will find your soul. Consciously live through acts of love, acceptance, and understanding, and you will find your soul. Consciously seek wisdom through experiences, and you will find your soul. The “secret” is to consciously live as what you seek.

Remember:

When you communicate spiritually, seek to find your heart, mind and soul. “If you look into your own heart, and find nothing wrong there, what is there to worry about? What is there to fear?” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

186

“What comes, will go. What is found, will be lost again. But what you are is beyond coming and going and beyond description.”

RUMI

As a unique individual, Spiritual Savant Joseph’s gifts are beyond description. As a unique individual, your gifts, your talents, are also beyond description. Only Joseph can be Joseph, and only you can be you. Joyously embrace your uniqueness and use your gifts for acts of kindness. Joyously embrace your uniqueness to teach, and practice, love, acceptance, and understanding.

Remember:

When you communicate spiritually, seek to educate others in their uniqueness.

“One of the greatest problems of our time is that many are schooled, but few are educated.” Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

187

“Words are a pretext. It is the inner bond that draws one person to another, not words.”

RUMI

Spiritual Savant Joseph does not use words to spiritually communicate because words can be misunderstood or ill-chosen. Instead of speaking with his tongue, he speaks with his heart, mind, and soul. Instead of choosing words, choose to open your heart, mind, and soul for spiritual communication. Are you afraid to abandon the pretext of words? Have no fear, release your inhibitions and free your soul to directly communicate soul-to-soul with the spiritual. Free yourself to find what you seek. Free yourself to experience the inner bond between physical and spiritual.

Remember:

When you communicate spiritually, seek to free your life of pretext.

“Begin at once to live, and count each separate day as a separate life.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

188

I have been a seeker and I still am, but I stopped asking the books and the stars. I started listening to the teachings of my soul.”

RUMI

Seek spiritual communication, but also seek communication with your own soul. What is your conscience, the moral compass of your mind and heart, telling you to do? What is the honest choice? What must you do to be compassionate and kind? What actions will alleviate the situation, promoting love, acceptance and understanding? What is the right thing to do? You know in your heart, mind and soul what should be done, now do it.

Remember:

When you communicate spiritually, seek your truth.

“Men, in general, are quick to believe that which they wish to be true.”

Julius Caesar

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

189

“Be like the sun for grace and mercy. Be like the night to cover others’ faults. Be like the running water for generosity. ... Appear as you are. Be as you appear.”

RUMI

Spiritual Savant Joseph never hides his true nature, because he has nothing to be ashamed of. Do you have something to hide? Release yourself, your fear is a prison that prevents you from fulfilling your true potential. Release yourself from the past by being your best you in the present and future. Release yourself so that your appearance reflects who you truly are. Give yourself grace and mercy to cover and repair your own faults, so that you can extend the same generosity to others.

Remember:

When you communicate spiritually, do not make excuses or attempt to deceive.

“Ninety-nine percent of failures come from people who make excuses.”

George Washington

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

190

“Peaceful is the one who is not concerned with having more or less. Unbound by name and fame, he is free from sorrow from the world and mostly from himself.”

RUMI

Spiritual Savant Joseph has all that he desires because he only desires what he already has. What do you desire? Fame? Fortune? These are transitory and of no spiritual consequence. If what you desire will cause anguish in its attainment, and sorrow over its loss, then desire something better. Desire that which will lift your soul, not crush it. Desire the knowledge to experience wisdom. Desire spiritual communication. Desire an open heart, mind, and soul.

Remember:

When you communicate spiritually, seek that which is important.

“Life is but a walking shadow, a poor player that struts and frets his hour upon the stage, and then is heard no more; it is a tale told by an idiot, full of sound and fury, signifying nothing.” William Shakespeare

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

191

“The eye goes blind when it only wants to see why.”

RUMI

Small children respond “why?” to every adult statement. It is a meaningless question calculated to elicit an exasperated response. The adult “gives in” and the child has won the game. Do you act like a small child? Do you constantly question others? Do you constantly demand to know “why?” but then refuse to hear the answer? Are you so engaged with yourself that you have become blind? Step back, and ask yourself “why?”.

Remember:

When you communicate spiritually, do not perpetuate bad habits and refuse to understand.

“He who acts with a constant view to his own advantage will be much murmured against.” Confucius

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

192

“Be grateful for your life, every detail of it, and your face will come to shine like a sun, and everyone who sees it will be made glad and peaceful.”

RUMI

Even though he is neuro-diverse, Spiritual Savant Joseph enjoys his life and is grateful for his spiritual gifts. This gratitude illuminates his heart, mind, and soul, making his aura radiate joy so that others can “be made glad and peaceful.” What does your aura radiate? Be an example of gratitude and peace. Make others glad to be in your presence.

Remember:

When you communicate spiritually, show gratitude for what you have.

“It is not the man who has too little, but the man who craves more, who is poor.” Seneca

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

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“Whatever lifts the corners of your mouth, trust that.”

RUMI

Smile. Laugh out loud. Seek happiness. Spiritual Savant Joseph often smiles, not to ostentatiously prove his happiness, but to bring happiness to those influenced by his smile and contagious laugh. Try to find something funny in every situation, and focus on it. Focus on optimism and humor to dispel despair.

Remember:

When you communicate spiritually, seek to heal yourself through happiness.

“It is a wise man’s part, rather avoid sickness, than to wish for medicines.”

Thomas More

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

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*“When setting out on a journey, do not seek advice
from someone who has never left home.”*

RUMI

Knowledge is not the same as wisdom. Seeking knowledge through spiritual communication is commendable, but acting upon that knowledge is the goal. Acting upon knowledge creates wisdom. Knowledge is by its nature passive. Experience focuses knowledge into wisdom. Yes ... teach others your knowledge, but more importantly, teach others the value of your wisdom. Encourage them to act and gain wisdom of their own

Remember:

When you communicate spiritually, seek knowledge as a treasure to be used wisely.

“Riches do not consist in possession of treasures, but in use made of them.” Napoleon

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

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“The one who has a good friend does not need any mirror.”

RUMI

In order to have a friend, you must first be a friend. Spiritual Savant Joseph doesn't like everyone ... he may tolerate them ... but he knows the heart, mind, and soul, and some people are unworthy of friendship. But once he befriends someone, they are friends for life. Be particular. Choose your friends carefully, they influence your other relationships. Friends influence your decisions. Friends influence your life. Friends are your mirror. Make certain that your friends are worthy of your friendship, and are truly your friends.

Remember:

When you communicate spiritually, seek guidance to find true friendship.
“Words are easy, like the wind; faithful friends are hard to find.”
William Shakespeare

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

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“Practice patience; it is the essence of praise. Have patience, for that is true worship. No other worship is worth as much. Have patience; patience is the key to all belief.”

RUMI

When Spiritual Savant Joseph reaches out to connect, he patiently waits for a response. Spiritual communication is not instantaneous, it requires focus and willing participation from both sides. It's not like connecting with the internet, there are no shortcuts and no “power” button. Be patient. Waiting for communication is the perfect time to calmly focus your heart, mind, and soul. Focus your heart, mind, and soul on the specifics of what you seek. Focus so that when engaged in spiritual communication the time spent together is productive and filled with understanding.

Remember:

When you communicate spiritually, be patient and diligent.

“The expectations of life depend upon diligence; the workman that would perfect his work must first sharpen his tools.” Confucius

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

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*“The seeker of truth looks beyond the apparent
and contemplates the hidden.”*

RUMI

Ultimately, what you seek from spiritual communication is Truth. The key is opening your heart, mind, and soul to understanding the messages. When you understand, act upon the messages with love, acceptance, and compassion for yourself and others. The question is: Do you understand? There is no chart, no book of instructions. Messages are often complex, sometimes symbolic, and always subject to interpretation. Even Spiritual Savant Joseph doesn't always understand the original message. When you think that you understand what to do, assume that you don't, and respectfully ask for help to be certain. Never act or assume in haste. Practice patience and ask questions. Seek the Truth by contemplating the hidden.

Remember:

When you communicate spiritually, the enemy of Truth hides within your misunderstanding.

“The greatest enemy will hide in the last place you would ever look.”
Julius Caesar

“Spiritual Savant Joseph's Blessing”

Messages for Spiritual Communication

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“Everything you see has its roots in the unseen world. The forms may change, yet the essence remains the same.”

RUMI

Spiritual Savant Joseph lives in both the physical and the spiritual, navigating the spiritual with greater ease than the physical. This is his gift, and his disability. It is far easier to live, as most people do, completely in the physical. But all roots, all understanding, emanate from the spiritual. This is why spiritual communication with the physical is essential, especially in turbulent times. Communication with the physically unseen is essential. Seek guidance from the Essence beyond form.

Remember:

When you communicate spiritually, seek beyond physical response to spiritual essence.

“Violence never settles anything.” Genghis Khan

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

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“If you become a helper of hearts. springs of wisdom will flow from your heart.”

RUMI

Think of yourself as a helper of hearts. Share the knowledge that you gain through spiritual communication, but just as importantly, share your wisdom gained through personal experiences. Be a shining example of love, acceptance and understanding. Share the openness of your heart, mind, and soul. Share acts of kindness, and always respond to others with compassion. Teach by example, and encourage others to be “helpers of hearts”.

Remember:

When you communicate spiritually, seek to act with kindness and compassion.

“Remember not only to say the right thing in the right place but, far more difficult still, to leave unsaid the wrong thing at the tempting moment.”
Benjamin Franklin

“Spiritual Savant Joseph’s Blessing”

Messages for Spiritual Communication

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“Your acts of kindness are iridescent wings of Divine love, which linger and continue to uplift others long after your sharing.”

RUMI

Just as Spiritual Savant Joseph seeks to uplift others, you too have influence over the lives that you touch, lives that you encounter on your life's journey. Make your influence positive through acts of kindness. Experience the love and joy when acts of kindness from others uplift your journey. Your heart, mind, and soul are iridescent. Let yourself shine.

Remember:

When you communicate spiritually, seek to act with kindness everyday.

“Allow not sleep to close your eyes before three times reflecting on your actions of the day. What deeds done well, what not, what left undone?” Pythagoras

“Spiritual Savant Joseph's Blessing”

A FINAL MESSAGE OF WISDOM FROM RUMI:

Always remember that you are braver than you believe, stronger than you seem, smarter than you think and twice as beautiful as you had ever imagined.

Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.

When you go through a hard period, when everything seems to oppose you, ... when you feel that you cannot even bear one more minute, NEVER GIVE UP! When it is the time and place, the course will divert.

