

Mermaid Fit Club Retreat



March 21-27, 2027

Copal Retreat · Paamul, Mayan Riviera, Mexico

We are excited to return to Copal Retreat in beautiful Paamul — in the heart of the Mayan Riviera, on Mexico's Caribbean Coast. This beachfront villa has everything you need to relax, renew, and reconnect.



Here's what awaits

- 6 nights in a stunning en-suite room (single or double occupancy)
- Shuttle service to/from the Cancun airport at select times
- Traditional Shaman Ceremony
- 3 chef-prepared meals a day (excl. 1 dinner out on our last night)
- Excursion to a Sacred Cenote for a Mermaid class
- Half-day Catamaran cruise — snorkeling, paddle boarding, open bar & snacks
- Bikes, paddleboards & snorkel masks available
- 1-hour massage for every guest
- Daily Mermaid & Yoga classes
- Mermaid Fit Club Gift Bag

Amenities: A/C, beach & bath towels, yoga mats, hair dryers, natural toiletries, honor bar, beach access

Not included: Airfare, Travel Insurance

Rooms & Rates

Rooftop Oceanfront

3 kings, 1 w/ 2 double beds

Single **\$3,400** | Double **\$2,400/pp**

Beachfront / Pool-Facing

1 king, 3 w/ 2 double beds

Single **\$3,200** | Double **\$2,300/pp**

Courtyard

2 rooms w/ 2 double beds each

Single **\$2,900** | Double **\$2,100/pp**

Basic Room

1 room w/ 2 double beds

Single **\$2,500** | Double **\$1,900/pp**

Ready to retreat in paradise?

Space is limited — \$500 non-refundable deposit due ASAP to reserve your spot and choose your room
50% payment due September 10 · Final payment due December 10 · Email ShirleyLA@me.com