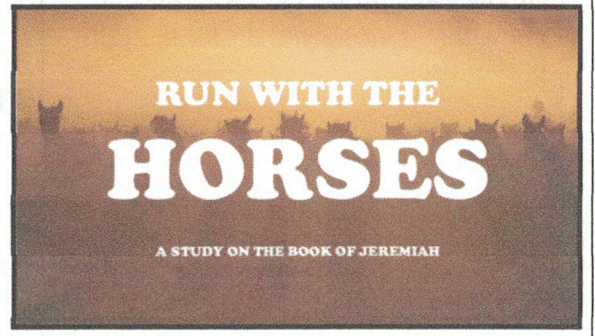


# Help, I'm Exhausted

Select Passages • July 27, 2025 • Pastor Duane Hamilton

July 27, 2025.....Help, I'm Exhausted  
August 3, 2025.....How to Get Past Feeling Inadequate  
August 10, 2025.....A Call to Repent  
August 17, 2025.....Dealing With Disappointment  
August 24, 2025.....Convictions and Community



**Jeremiah 12:5 (MSG)** “So, Jeremiah, if you’re worn out in this footrace with men, what makes you think you can race against horses?”

**John 15:18-19 (NIV)** “If the world hates you, keep in mind that it hated me first. <sup>19</sup> If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world. That is why the world hates you.

**Jeremiah 12:6 (NIV)** Your relatives, members of your own family—even they have betrayed you; they have raised a loud cry against you. Do not trust them, though they speak well of you.

**Matthew 10:16 (NIV)** “I am sending you out like sheep among wolves. Therefore be as shrewd as snakes and as innocent as doves.

Is our current culture moving closer to  
or further away from God?

What’s required of followers of Jesus today  
is to develop a level of grit where your faith isn’t shaken,  
even in a culture of compromise.

## 3 Requirements to Run With the Horses

1. Acknowledge \_\_\_\_\_. It may get worse before it gets better.
2. Instead of chasing \_\_\_\_\_, embrace \_\_\_\_\_.

As your INFLUENCE increases,  
so will your OPPOSITION.

You can choose COMFORT or  
you can choose GROWTH.  
You can’t choose both.

LIFESTYLE  
COMMUNITY  
CHURCH



## Lifestyle Community Church

11008 Fostoria Road, Cleveland, Texas 77328 • Rev. Duane E. Hamilton, Senior Pastor  
(281) 592-0876

Strengthening the family and helping you to live the lifestyle that God promotes in His Word!

**1 Corinthians 15:58 (NLT)** So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.

3. Stop focusing on \_\_\_\_\_. Start focusing on what you can \_\_\_\_\_.

## 2 Types of People in This World

1. Some look at life and \_\_\_\_\_ about what isn't.
2. Others look at life and \_\_\_\_\_ for what is and can be made right.

**You can make EXCUSES, Or  
You can make PROGRESS.  
But you can't do both.**

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