

Assisted Living Activity Program Training

Planning and Providing Quality Programming for Assisted Living Residents

Approved by the **Virginia Department of Social Service - Division of Licensing Programs**
Meets the requirements of 22VAC 40-73-1120 F 5 of *Standards for Licensed Assisted Living Facilities*.

40-hour curriculum- Education for those managing or coordinating the structured activity program of the special care unit of an assisted living facility. Guides Activity Professionals for all Assisted Living settings in enriching programming, improved planning and understanding the needs of an aging population- including dementia-related changes.

Sessions held live via online ZOOM classrooms.
Computer audio AND video required.

Each session must be attended from beginning to end to earn training certificate. Please check dates carefully.

Spring 2026

May 5, 9:00 am – 5:00 pm	May 12, 1:00 pm – 5:00 pm
May 19, 1:00 pm – 5:00 pm	May 20, 1:00 pm – 5:00 pm
May 27, 1:00 pm – 5:00 pm	June 2, 1:00 pm – 5:00 pm
June 10, 9:00 am – 5:00 pm	

To register: Fill out information below, scan this form to
jcleary@clearysconsulting.com

Facilitator: Judi Kelly Cleary, ADC, ALFA, CDP, CADDCT

Cost: \$285 for 40-hour program

Registration: (one person per form, please print)

Print name to be used on certificate.

Name: _____

Title: _____

e-mail: _____

Company Name: _____

Address: _____

Phone (student): _____

Discount of \$50 per student is available for more than one student registration for the same class from the same facility.

This course will explore the standards related to activities, both in typical Assisted Living settings and Special Care Units (Memory Care) in Assisted Living. Areas of focus:

- Benefits and types of adult group activities; recognizing and assessing the activity needs of the residents.
- Understanding and supporting dementia and other types of cognitive impairment.
- Techniques to assist with communication and improve engagement.
- Behavior management approaches and therapeutic interventions.
- Calendar and program planning and preparation.

Classroom materials will be provided prior to classes. Certificate of Completion will be awarded after completion of the course.