

Assisted Living Activity Program Training

Planning and Providing Quality Group and Individual Programming for Assisted Living Residents

Approved by the **Virginia Department of Social Service - Division of Licensing Programs** and meets the requirements of 22VAC 40-73-1120 F 5 of *Standards for Licensed Assisted Living Facilities*. This **40-hour curriculum** provides guidance for the person or persons managing or coordinating the structured activity program of the special care unit of an assisted living facility. These sessions are held via online ZOOM classrooms. Good internet connection, computer audio AND video required. Camera will be needed during the course. Frequent polling and attendance tracking is conducted each day.

Attendance for the full class each day is required for issuance of certificate.

Autumn 2025: All classes will be on Wednesdays

September 3, 10, 17, 24 and October 1 2025

Times: 9:00 am to 4:00 pm each scheduled day

Additional time is credited for required homework

Facilitator: Judi Kelly Cleary, ADC, ALFA, CDP, CADDCT

Cost: \$265 per person for 40-hour program

Registration: (one person per form, please print)

Name: _____(for certificate)

Title: _____

e-mail: _____

Company Name: _____

Address for certificate: _____

Phone (student): _____

By signing below, you understand that attendance at **all 5 sessions** is required to obtain certificate:

Signature: _____

Registration is not complete until payment is received.

After registration is received, invoice will be sent via e-mail and PayPal to pay by check or credit card.

There is a discount available for more than one registration for the same class from the same facility. E-mail jcleary@clearysconsulting.com for details or with any questions.

Cancellation Policy:

Cancellation fee of \$35. Cancellations must be received at least 10 days prior to program start date. Participants unable to attend may elect to be registered in the next available course in lieu of cancellation.

Scan and e-mail registration to jcleary@clearysconsulting.com

This course will explore the standards related to activities, both in a typical Assisted Living setting and in a Special Care Unit of an Assisted Living Facility. Areas of focus include: the benefits and types of adult group activities; recognizing and assessing the activity needs of the resident; dementia and other types of cognitive impairment; techniques to assist with communication, behavior management approaches and therapeutic interventions; calendar and program planning and preparation.

Classroom materials will be provided after registration; a **certificate of completion** will be awarded at the end of the course.